

Providence Schools Pre-K Breakfast Menu October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Apple Muffin Or Cheerios Cereal Fresh Orange 1% or Fat Free Milk	2 Vanilla Yogurt Or Rice Krispies Cereal 100% Fruit Juice 1% or Fat Free Milk
5 Maple Mini Waffles or Cinnamon Toast Crunch Cereal 100% Fruit Juice 1% or Fat Free Milk	6 Cheese Omelet or Cinnamon Chex Cereal Applesauce Cup 1% or Fat Free Milk	7 Cinnamon Chip Muffin or Cheerios Cereal Fresh Apple 1% or Fat Free Milk	8 Bagel w/ Cream Cheese or Rice Krispies Cereal Fresh Orange 1% or Fat Free Milk	9 Vanilla Yogurt Or Frosted Flakes Cereal 100% Fruit Juice 1% or Fat Free Milk
12 No School Columbus Day	13 Blueberry Muffin Or Cinnamon Toast Crunch Cereal Peach Cup 1% or Fat Free Milk	14 Strawberry Mini Bagel or Frosted Mini Wheats Cereal Fresh Apple 1% or Fat Free Milk	15 Apple Muffin Or Cheerios Cereal Fresh Orange 1% or Fat Free Milk	16 Vanilla Yogurt Or Rice Krispies Cereal 100% Fruit Juice 1% or Fat Free Milk
19 Maple Mini Waffles or Cinnamon Toast Crunch Cereal 100% Fruit Juice 1% or Fat Free Milk	20 Cheese Omelet or Cinnamon Chex Cereal Applesauce Cup 1% or Fat Free Milk	21 Cinnamon Chip Muffin or Cheerios Cereal Fresh Apple 1% or Fat Free Milk	22 Bagel w/ Cream Cheese or Rice Krispies Cereal Fresh Orange 1% or Fat Free Milk	23 Vanilla Yogurt Or Frosted Flakes Cereal 100% Fruit Juice 1% or Fat Free Milk
26 Banana Bread Or Cinnamon Chex Cereal 100% Fruit Juice 1% or Fat Free Milk	27 Blueberry Muffin or Cinnamon Toast Crunch Cereal Peach Cup 1% or Fat Free Milk	28 Strawberry Mini Bagel Or Frosted Mini Wheats Cereal Fresh Apple 1% or Fat Free Milk	29 Apple Muffin Or Cheerios Cereal Fresh Orange 1% or Fat Free Milk	30 Vanilla Yogurt Or Rice Krispies Cereal 100% Fruit Juice 1% or Fat Free Milk