

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL

Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Fall 2020 Breakfast Cycle High School Week 3 Day 4 Maple Mini Waffles alt. Raisin Bran Cereal :32731 - ServingDate: 10/01/2020								
Maple Madness Mini Waffles - SR2422 (1 pkg.)	0	200.00	5.00	1.00	0.00	170.00	37.00	4.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Raisin Bran Cereal - SR1457 (1 bowl)	0	110.00	0.50	0.00	0.00	125.00	27.00	3.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Breakfast Syrup Cup - SR2498 (1 Container)	0	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Providence Fall 2020 Breakfast Cycle High School Week 3 Day 5 Vanilla Yogurt alt. Frosted Flakes cereal :32731 - ServingDate: 10/02/2020								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Fall 2020 Breakfast Cycle High School Week 3 Day 5 Vanilla Yogurt alt. Frosted Flakes cereal :32731 - ServingDate: 10/02/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 4 Day 1 Strawberry Nutri-Grain Bar alt. Cheerios :32731 - ServingDate: 10/05/2020								
Cheerios - SR1160 (1 bowl)	0	100.00	2.00	0.50	0.00	140.00	20.00	3.00
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	30.00	2.00
Unsweetened Applesauce - SR2848 (1 Container)	0	60.00	0.00	0.00	0.00	15.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Fall 2020 Breakfast Cycle High School Week 4 Day 2 Confetti Muffin alt. Rice Krispies :32731 - ServingDate: 10/06/2020								
Rice Krispies, WG - SR2337 (1 bowl)	0	100.00	0.50	0.00	0.00	170.00	23.00	2.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 4 Day 3 Cheddar Cheese Omelet alt. Frosted flakes :32731 - ServingDate: 10/07/2020								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Cheddar Cheese Omelet - SR2476 (1 Omelet)	0	130.00	11.00	3.50	0.00	290.00	1.00	7.00
Fresh Apple - PVR1164 (1 ea.)	0	77.00	0.25	0.00	0.00	1.00	20.50	0.30
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Fall 2020 Breakfast Cycle High School Week 4 Day 3 Cheddar Cheese Omelet alt. Frosted flakes :32731 - ServingDate: 10/07/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 4 Day 4 Chocolate Chip French Toast alt. Raisin Bran :32731 - ServingDate: 10/08/2020								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Raisin Bran Cereal - SR1457 (1 bowl)	0	110.00	0.50	0.00	0.00	125.00	27.00	3.00
Chocolate Chip French Toast Bites - SR1593 (1 pkg.)	0	210.00	6.00	1.50	0.00	260.00	35.00	5.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Providence Fall 2020 Breakfast Cycle High School Week 4 Day 5 Vanilla Yogurt alt. Frosted Mini Wheats :32731 - ServingDate: 10/09/2020								
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Frosted Mini Wheats Cereal Bowl - PVR1195 (1 bowl)	0	100.00	1.00	0.00	0.00	110.00	23.00	3.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 5 Day 2 Bagel w/ Cream Cheese alt. Raisin Bran :32731 - ServingDate: 10/13/2020								
Soft Wheat Bagel - SR2925 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Raisin Bran Cereal - SR1457 (1 bowl)	0	110.00	0.50	0.00	0.00	125.00	27.00	3.00
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00

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Providence Fall 2020 Breakfast Cycle High School Week 5 Day 2 Bagel w/ Cream Cheese alt. Raisin Bran :32731 - ServingDate: 10/13/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Providence Fall 2020 Breakfast Cycle High School Week 5 Day 3 Blueberry Mini Pancakes alt. Frosted Flakes :32731 - ServingDate: 10/14/2020								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Blueberry Pancake Bites - SR1190 (1 pkg.)	0	210.00	6.00	1.00	0.00	310.00	35.00	4.00
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Providence Fall 2020 Breakfast Cycle High School Week 5 Day 4 Breakfast burrito alt. Frosted Mini Wheat :32731 - ServingDate: 10/15/2020								
Sausage Breakfast Burrito - SR1358 (1 burrito)	0	236.24	10.15	3.73	0.00	318.50	26.99	11.10
Cereal, ready-to-eat, Frosted Mini-Wheats, bite size, bowlpak 1 oz (CACFP) - SR2330 (1 bowl)	0	100.00	0.00	0.00	0.00	0.00	24.00	3.00
USDA Cranberries, Dried, Individual Portion - PVR1227 (1/2 pkg.)	0	55.00	0.00	0.00	0.00	0.00	14.00	0.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 5 Day 5 Vanilla Yogurt alt. Cheerios Cereal :32731 - ServingDate: 10/16/2020								
Cheerios - SR1160 (1 bowl)	0	100.00	2.00	0.50	0.00	140.00	20.00	3.00
Danimals vanilla yogurt - PVR1156 (1 Container)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Providence Fall 2020 Breakfast Cycle High School Week 5 Day 5 Vanilla Yogurt alt. Cheerios Cereal :32731 - ServingDate: 10/16/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 1 Day 2 Blueberry Muffin alt. Raisin Bran Cereal :32731 - ServingDate: 10/20/2020								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Raisin Bran Cereal - SR1457 (1 bowl)	0	110.00	0.50	0.00	0.00	125.00	27.00	3.00
Ice Cream Machine 3.1 oz 2WG Blueberry Muffin - PVR1172 (1 muffin)	0	270.00	9.00	2.00	0.00	210.00	38.00	5.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Providence Fall 2020 Breakfast Cycle High School Week 1 Day 3 Strawberry mini Bagel alt. Frosted Flake :32731 - ServingDate: 10/21/2020								
Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.)	0	240.00	6.00	2.50	0.00	180.00	41.00	6.00
Frosted Mini Wheats Cereal Bowl - PVR1195 (1 bowl)	0	100.00	1.00	0.00	0.00	110.00	23.00	3.00
Fresh Apple - PVR1164 (1 ea.)	0	77.00	0.25	0.00	0.00	1.00	20.50	0.30
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 1 Day 4 Pineapple Mango Breakfast alt. Cheerios Cereal :32731 - ServingDate: 10/22/2020								
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Honey Nut Cheerios Cereal - SR1361 (1 bowl)	0	110.00	1.50	0.00	0.00	160.00	22.00	2.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Providence Fall 2020 Breakfast Cycle High School Week 1 Day 4 Pineapple Mango Breakfast alt. Cheerios Cereal :32731 - ServingDate: 10/22/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 1 Day 5 Vanilla Yogurt alt. Rice Krispies :32731 - ServingDate: 10/23/2020								
Rice Krispies, WG - SR2337 (1 bowl)	0	100.00	0.50	0.00	0.00	170.00	23.00	2.00
Vanilla Yogurt Cup - SR2484 (1 Container)	0	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

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Providence Fall 2020 Breakfast Cycle High School Week 2 Day 1 Strawberry Nutri- grain Bar alt. Raisin Bran Cereal :32731 - ServingDate: 10/26/2020								
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	30.00	2.00
Raisin Bran Cereal - SR1457 (1 bowl)	0	110.00	0.50	0.00	0.00	125.00	27.00	3.00
Raisins - SR2976 (1 Box)	0	112.74	0.17	0.02	0.00	4.15	29.86	1.16
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 2 Day 2 Cheddar Cheese Omelet alt. Frosted Flakes :32731 - ServingDate: 10/27/2020								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
Cheddar Cheese Omelet - SR2476 (1 Omelet)	0	130.00	11.00	3.50	0.00	290.00	1.00	7.00
Fresh Apple - PVR1164 (1 ea.)	0	77.00	0.25	0.00	0.00	1.00	20.50	0.30
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Providence Fall 2020 Breakfast Cycle High School Week 2 Day 2 Cheddar Cheese Omelet alt. Frosted Flakes :32731 - ServingDate: 10/27/2020								
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Providence Fall 2020 Breakfast Cycle High School Week 2 Day 3 Cinnamon Chip Muffin alt. Cheerios Cereal :32731 - ServingDate: 10/28/2020								
Cheerios - SR1160 (1 bowl)	0	100.00	2.00	0.50	0.00	140.00	20.00	3.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL
 Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Fall 2020 Breakfast Cycle High School Week 2 Day 4 Bagel w/ Cream Cheese alt. Rice Krispies Cereal :32731 - ServingDate: 10/29/2020								
Rice Krispies, WG - SR2337 (1 bowl)	0	100.00	0.50	0.00	0.00	170.00	23.00	2.00
String Cheese - SR1146 (1 stick.)	0	80.00	6.00	3.50	0.00	190.00	0.00	7.00
Soft Wheat Bagel - SR2925 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Providence Fall 2020 Breakfast Cycle High School Week 2 Day 5 Cinnamon Roll alt. Frosted Flakes :32731 - ServingDate: 10/30/2020								
Multigrain Frosted Flakes Cereal - SR1185 (1 bowl)	0	100.00	0.00	0.00	0.00	160.00	24.00	2.00
(SY20-21 only) Roll Cinnamon Whole Wheat IW - PVR1267 (1 roll.)	0	8640.00	252.00	54.00	0.00	8640.00	1368.00	180.00
Strawberry Flavor Craisins - SR2882 (1 pouch)	0	109.95	0.00	0.00	(M)	0.00	26.99	0.00

Menu Calendar Nutrient Analysis Report - October, 2020

Site: ALL
 Date: 10/01/2020 - 10/31/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence Fall 2020 Breakfast Cycle High School Week 2 Day 5 Cinnamon Roll alt. Frosted Flakes :32731 - ServingDate: 10/30/2020								
Apple & Eve Apple Juice 4.23oz 100% Juice - PVR1216 (1 Carton)	0	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Apple & Eve Orange Juice 4.23 oz (100% Fruit Juice Item # 5945385) - PVR1217 (1 Carton)	0	60.00	0.00	0.00	0.00	15.00	15.00	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Breakfast
 Site Group: CrossRoads Café
 Menu Line: B-Classroom Café
 Serving Group: All Ages
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.