



# O. W. Best Middle School

## October Breakfast



<p><b>1</b></p> <p>Breakfast Pizza French Toast Sticks Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars Fruit Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>2</b></p> <p>Breakfast Nuggets Colby Cheese Omelet Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>3</b></p> <p>Breakfast Burritos Super Donut Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Stuffed Bagel or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>4</b></p> <p>Breakfast Bosco Stick Mini Pancakes &amp; Sausage Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>5</b></p> <p>Pancake on a Stick Egg &amp; Cheese Muffin Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Apple Bosco or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>
<p><b>8</b></p> <p>Breakfast Pizza French Toast Sticks Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars Fruit Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>9</b></p> <p>Breakfast Nuggets Colby Cheese Omelet Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>10</b></p> <p>Egg Sliders Super Donut Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Stuffed Bagel or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>11</b></p> <p>Breakfast Bosco Stick Mini Pancakes &amp; Sausage Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>12</b></p> <p>Pancake on a Stick Egg &amp; Cheese Wrap Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Apple Bosco or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>
<p><b>15</b></p> <p>Breakfast Pizza French Toast Sticks Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars Fruit Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>16</b></p> <p>Breakfast Nuggets Colby Cheese Omelet Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>17</b></p> <p>Breakfast Burritos Super Donut Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Stuffed Bagel or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>18</b></p> <p>Breakfast Bosco Stick Mini Pancakes &amp; Sausage Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>19</b></p> <p>Pancake on a Stick Egg &amp; Cheese Muffin Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Apple Bosco or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>
<p><b>22</b></p> <p>Breakfast Pizza French Toast Sticks Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars Fruit Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>23</b></p> <p>Breakfast Nuggets Colby Cheese Omelet Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>24</b></p> <p>Egg Sliders Super Donut Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Stuffed Bagel or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>25</b></p> <p>Breakfast Bosco Stick Mini Pancakes &amp; Sausage Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>26</b></p> <p>Pancake on a Stick Egg &amp; Cheese Wrap Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Apple Bosco or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>
<p><b>29</b></p> <p>Breakfast Pizza French Toast Sticks Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars Fruit Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>30</b></p> <p>Breakfast Nuggets Colby Cheese Omelet Hash Brown Triangle Choice of Cereal Cereal Bars Banana Bread String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>31</b></p> <p>Breakfast Burritos Super Donut Hash Brown Triangle Choice of Cereal Pop Tarts, Cereal Bars, Stuffed Bagel or Muffin String Cheese Fresh Fruit &amp; Fresh Vegetables Juice, Choice of Milk</p>	<p><b>Pick one entrée and choice of sides</b></p> <p><b>Students must choose a 1/2 cup Fruit or Vegetable</b></p> <p><b>Breakfast is Free for all Students</b></p>	

This institution is an equal opportunity provider.

