

## Welcome...

Dining is more than great food. It is a community experience centered on culinary expertise, fresh ingredients, healthy options, and a shared sense of environmental and social responsibility. Our team is committed to creating the best possible dining experience. Join us to enjoy the comfort, convenience, outstanding food, and inviting atmosphere designed especially for you.

## FIND US!

Connect with us to view hours, what's for lunch, nutritional facts, and meal plan options. Plus, learn about our sustainability initiatives including, our local food purchases as well as, our health and wellness programs. Oh, and send us your feedback, we'd love to know how we are doing! We look forward to serving you!

-  (802) 656-2945
-  mpo@uvm.edu
-  UVMdining.com
-  facebook/UVMdining
-  @UVMdining
-  @UVMdining
-  guidebook.com/app/UVMguide

## Our Mission

UVM Dining promotes engagement in a healthy, sustainable food system while serving as a global leader in campus dining services. We connect the UVM community to the international food system through best practices in research.



406 South Prospect Street; Robinson Hall  
Burlington, Vermont 05405

# Off-Campus & Commuter Student Meal Plan



UVM DINING

# Convenient, flexible, fresh and so much more!

## COMMUTER/OFF-CAMPUS MEAL PLAN OPTIONS

<b>RETAIL POINTS</b>	Our most popular plan! Open your account with the amount of your choice, and get 10% off the total of your purchases at all UVM Dining retail locations.
<b>BLOCK PLAN</b>	Get 75, 50 or 30 Meals to be used in Unlimited Dining.
<b>DESIGN YOUR OWN</b>	Combine Retail Points and Blocks to create your own plan!



### RETAIL POINT PLAN

The Retail Point Plan is a declining balance account. Retail Points are accepted at all on-campus dining outlets including our unlimited dining locations. A Point has the purchasing power of a dollar.

### ENJOY A DINING DISCOUNT

Use your Points at the following locations and receive a 10% DISCOUNT at the register:

*Brennan's, Campus Perk, Cyber Café, Given Bistro, Green Roof Deli, Redstone Market, The Marketplace, University Marché, UVM Dairy Bar, Waterman Café & Waterman Manor.*

Unused Points carry over semester to semester as long as you are enrolled at UVM.

Additions? Points can be added on-line at UVMdining.com "Shop" or by calling the Meal Plan Office at (802) 656-2945.

### DESIGN YOUR OWN

Customize your plan by combining Meals and Points together. Need some suggestions? Visit our "My Meal Plan" on UVMdining.com or talk to one of our team members at (802) 656-2945.

### BLOCK PLAN

Offers a set number of Meals at our unlimited or all you care to eat, dining locations: Central Campus, Harris Millis, Northside & Redstone Unlimited:

- 75 Meals.....\$619  
avg 5 Meals/week...that's \$8.25 a meal!
- 50 Meals .....\$426  
avg 3 Meals/week...\$8.52 a meal!
- 30 Meals .....\$278  
avg 2 Meals/week...\$9.27 a meal!

Unused Meals carry over from fall to spring semester. Any unused Meals not used by May 8, 2020 expire and are non-transferable and non-refundable.

### HOW DO I SIGN-UP?

Visit "Shop" on UVMdining.com or by calling our Meal Plan Office at (802) 656-2945. Your meal plan is accessed through your UVM CatCard. All plan holders must present their card to a cashier to use their plan.

Meal Plans are subject to change and interpretation, as recommended by the University Administration. This brochure is offered as information only.

### DIETARY NEEDS/PREFERENCE

Have specific food related concerns? Receive assistance on an individual basis, directly with our Registered Dietitian. Check out just a few of our programs/offerings:

**SIMPLE SERVINGS**, located at Central Campus Dining and Harris Millis Dining, offers a hot plated meal prepared without seven of the most common allergens: peanuts, tree nuts, shellfish, wheat, soy, milk products and eggs. Plus, meals are made without gluten containing ingredients.

**MY ZONE** inside our unlimited dining locations, is a self-service pantry free of gluten, peanuts and tree nuts with dedicated equipment for self food prep.

### FOUR

This station debuts in fall of 2019 at Redstone Unlimited and The Marketplace. Four is free of gluten, peanuts, tree nuts and shellfish.

**MINDFUL** is our healthy dining choice: Mindful meals encourage consumption of vegetables, whole grains and lean proteins. Look for the Mindful logo.



Plus, Kosher, vegan and vegetarian food offerings are available.