

	Serving Size	Weight (g.)	Calories	Calories From Fat	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Additional Info	
Maple Reduced Fat	1.2 oz	35	110	80	8	5	0	25	85	8	0	6	1		X								
Strawberry Reduced Fat	1.2 oz	35	120	80	9	6	0	30	90	9	0	7	1		X								
Crafted Shmear																							
Country Pepper	0.5 oz	14	40	30	3.5	2.5	0	10	50	2	0	1	1		X								
Other Spreads																							
Butter	0.5 oz	14	100	100	11	7	0	30	90	0	0	0	0		X								
Honey	1.0 oz	28	90	0	0	0	0	0	0	23	0	22	0										
Honey Butter*	1.5 oz	43	250	200	23	15	1	60	180	11	0	11	0		X								
Natural Strawberry Jelly	1.0 oz	28	70	0	0	0	0	0	0	18	0	16	0										
Natural Peanut Butter	1.5 oz	43	240	180	20	3.5	0	0	105	11	3	4	9			X			X				
Peanut Butter and Jelly	2.5 oz	71	320	180	20	3.5	0	0	105	29	3	21	9						X				
Nutella®	1.5 oz	43	230	120	13	4.5	0	0	15	24	1	24	3		X	X		X					Hazelnut
Cinnamon Butter	1.5 oz	43	240	170	19	12	1	50	150	19	1	17	0		X								
Hummus	1.5 oz	43	70	60	6	0	0	0	200	9	3	1	3										
Egg																							
1 Fresh Cracked Egg	1 Egg	46	80	50	6	2	0	190	140	1	0	0	6	X	X								
2 Fresh Cracked Eggs	2 Egg	92	160	100	11	4	0	375	280	1	0	1	13	X	X								
Fried Egg Patty *	1 Egg	43	90	70	7	1.5	0	110	110	1	0	0	5	X		X							
1 Egg White	1 Egg	57	30	0	0	0	0	0	160	1	0	0	6	X									
2 Egg White	2 Egg	114	60	0	0	0	0	0	320	1	0	0	12	X									
Cheese																							
Cheddar 1 Slice	0.7 oz	19	80	60	6	4	0	20	120	0	0	0	5		X								
Mozzarella 1 Slice	0.5 oz	14	40	25	3	2	0	10	100	0	2	0	3		X								
Pepper Jack 1 Slice	0.5 oz	14	50	40	4.5	3	0	10	125	0	0	0	3		X								
Swiss 1 Slice	0.5 oz	14	50	40	4.5	3	0	15	65	0	0	0	4		X								
Meat																							
Bacon 1 Serving	0.6 oz	16	80	45	5	2	0	20	380	0	0	1	7										
Chicken Breast	3.0 oz	85	120	25	2.5	1	0	60	200	2	0	1	22										
Chorizo Patty	1.9 oz	54	210	170	19	7	0	40	320	1	0	0	8										
Ham, Breakfast	1.5 oz	43	45	10	1	0	0	25	540	1	0	1	8										
Ham, Lunch	3.0 oz	85	90	20	2.5	1	0	50	1090	2	0	1	17										
Turkey, Lunch	3.0 oz	85	80	5	1	0	0	40	590	2	0	0	0										
Turkey Patty	1.4 oz	40	70	35	4	1	0	30	180	1	0	1	8										
Sauces																							
Basil Pesto	1.0 oz	28	110	100	12	1.5	0	5	140	1	0	0	2		X								
Roasted Tomato Spread	1.0 oz	28	150	140	16	2.5	0	10	230	2	0	1	0	X	X	X							
Tomatillo Salsa	1.0 oz	28	15	10	1	0	0	0	210	2	1	1	0										
Veg																							
Avocado	1.0 oz	28	60	50	5	1	0	0	0	2	2	0	1										
Granola	0.5 oz	14	60	15	1.5	0	0	0	25	10	1	4	1		X		X	X					Almonds
Roasted Artichoke	1.2 oz	35	15	0	0	0	0	0	90	2	0	0	1										
Roasted Red Peppers	1.0 oz	28	5	0	0	0	0	0	65	1	0	1	0										
Sauteed Mushroom	1.0 oz	28	30	25	3	2	0	5	70	1	0	1	1		X								
Pickle Spear	1.0 oz	28	5	0	0	0	0	0	300	1	0	0	0										
Bagel Toppers - Values for 1/2 plain bagel, mix or match any two * Items available only at License Locations																							
1/2 The Herbivore Bagel Topper	4.1 oz	115	190	45	5	3	0	15	330	31	1	4	6		X	X	X						
Full The Herbivore Bagel Topper	8.3 oz	236	390	90	10	6	0	25	660	63	3	9	13		X	X	X						
1/2 Nutty Monkey Bagel Topper	3.7 oz	105	290	80	9	2.5	0	0	240	47	3	18	7		X	X	X	X					Almonds
Full Nutty Monkey Bagel Topper	7.4 oz	210	590	170	19	5	0	0	480	93	5	37	14		X	X	X	X					
Full Spicy Devil Bagel Topper	6.4 oz	181	450	130	15	8	0	45	1510	61	3	8	17		X	X	X						
1/2 Spicy Devil Bagel Topper	3.2 oz	91	230	70	7	4	0	20	750	31	1	4	9		X	X	X						
EBB Egg Sandwiches - 1 Egg Classic ^nutrition and allergen information shown is made on plain bagel. Please refer to bagel section for details on your selected bagel																							
Applewood Bacon & Cheddar ^	6.6 oz	187	490	160	18	8	0	225	1110	55	2	6	27	X	X	X	X						
Turkey Sausage & Cheddar ^	7.4 oz	211	490	150	17	7	0	235	910	56	2	7	28	X	X	X	X						
Ham & Swiss ^	7.5 oz	212	450	110	12	6	0	225	1230	57	2	6	28	X	X	X	X						
Cheddar Cheese ^	6.1 oz	174	420	110	13	6	0	205	740	57	2	6	20	X	X	X	X						
EBB Egg Sandwiches - 2 Egg Classic ^nutrition and allergen information shown is made on plain bagel. Please refer to bagel section for details on your selected bagel																							
Applewood Bacon & Cheddar ^	8.4 oz	238	570	210	23	10	0.5	415	1250	56	2	7	33	X	X	X	X						
Turkey Sausage & Cheddar ^	9.3 oz	265	570	200	22	9	0.5	425	1060	58	2	7	35	X	X	X	X						
Ham & Swiss ^	9.3 oz	263	530	160	18	8	0.5	415	1370	58	2	7	34	X	X	X	X						
Cheddar Cheese ^	7.9 oz	225	500	160	18	8	0.5	395	880	57	2	6	27	X	X	X	X						
EBB Egg Sandwiches - Egg White Classic ^nutrition and allergen information shown is made on plain bagel. Please refer to bagel section for details on your selected bagel																							
Applewood Bacon & Cheddar ^	6.9 oz	196	450	110	12	6	0	35	1140	57	2	6	27	X	X	X	X						
Turkey Sausage & Cheddar ^	7.8 oz	220	440	100	11	5	0	50	940	58	2	6	28	X	X	X	X						
Ham & Swiss ^	7.7 oz	218	400	60	7	3.5	0	40	1250	57	2	6	28	X	X	X	X						
Cheddar Cheese ^	6.3 oz	180	370	60	7	4	0	20	760	57	2	5	20	X	X	X	X						
EBL Egg Sandwiches - Classic ^nutrition and allergen information shown is made on plain bagel. Please refer to bagel section for details on your selected bagel * Items available only at License Locations																							
Applewood Bacon & Cheddar ^*	6.3 oz	180	510	180	20	8	0	150	1090	56	2	6	25	X	X	X	X						
Turkey Sausage & Cheddar ^*	7.2 oz	204	500	170	19	7	0	160	890	57	2	6	27	X	X	X	X						
Ham & Swiss ^*	7.1 oz	202	460	130	14	5	0	150	1200	57	2	6	27	X	X	X	X						

	Serving Size	Weight (g.)	Calories	Calories From Fat	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Additional Info	
Cheddar Cheese ^ *	5.8 oz	164	430	130	15	6	0	130	710	56	2	5	19	X	X	X	X						
EBB Egg Sandwiches - 1 Egg Signature																							
Bacon & Spinach on Spinach Florentine	8.8 oz	250	720	380	42	14	1	255	1480	56	2	8	31	X	X	X	X						
French Toast Egg Sandwich	8.4 oz	238	720	290	32	15	1	250	1230	78	2	27	28	X	X	X	X						
Santa Fe Sandwich	8.8 oz	249	560	200	22	11	0.5	250	1250	60	2	8	30	X	X	X	X						
Spinach, Mushroom & Swiss, on Plain	8.0 oz	226	460	150	16	8	0.5	215	840	59	3	6	22	X	X	X	X						
Farmhouse	9.6 oz	273	730	310	34	16	1	285	1990	64	3	8	41	X	X	X	X						
Chorizo Sunrise	6.8 oz	192	790	430	47	18	0.5	265	1330	60	4	7	32	X	X	X	X						
EBB Egg Sandwiches - 2 Egg Signature																							
Bacon & Spinach on Spinach Florentine	10.6	301	800	430	48	16	1	440	1620	57	2	8	38	X	X	X	X						
French Toast Egg Sandwich	10.2	289	800	340	38	17	1	440	1380	78	2	27	35	X	X	X	X						
Santa Fe Sandwich	11	301	640	250	28	13	1	440	1390	61	2	8	37	X	X	X	X						
Spinach, Mushroom & Swiss, on Plain	9.8	277	540	200	22	10	1	405	980	60	3	7	28	X	X	X	X						
Farmhouse	11.4	324	810	360	40	18	1	475	2130	65	3	8	47	X	X	X	X						
Chorizo Sunrise	12.1	343	870	480	53	20	1	450	1470	61	4	8	38	X	X	X	X						
EBB Egg Sandwiches - Egg White Signature																							
Southwest Thin	7.6 oz	217	400	130	14	7	0	55	1000	44	2	6	25	X	X	X	X						
Bacon & Spinach on Spinach Florentine	9.0 oz	256	670	330	36	12	0.5	65	1500	56	2	8	31	X	X	X	X						
French Toast Egg Sandwich	8.6 oz	243	670	240	27	12	0.5	65	1250	77	2	27	28	X	X	X	X						
Santa Fe Sandwich	9.0 oz	255	580	220	25	10	0	70	1250	60	2	8	30	X	X	X	X						
Spinach, Mushroom & Swiss, on Plain	8.2 oz	232	410	100	11	6	0	30	850	59	3	6	22	X	X	X	X						
Farmhouse	9.8 oz	278	680	260	29	14	0.5	95	2010	64	3	8	41	X	X	X	X						
Chorizo Sunrise	10.5 oz	298	740	380	42	16	0	75	1350	60	4	7	32	X	X	X	X						
EBL Egg Sandwiches - Signature																							
Asparagus Mushroom Thin *	7.6 oz	216	390	150	17	6	0	30	830	43	2	6	19	X	X	X	X						
French Toast *	4.4 oz	126	660	290	32	13	0.5	175	1190	65	2	17	27	X	X	X	X						
Southwest Egg White *	7.6 oz	217	400	130	14	7	0	55	940	44	2	6	25	X	X	X	X						
Spinach Mushroom Swiss *	7.6 oz	216	470	160	18	8	0	140	800	58	3	6	20	X	X	X	X						
Santa Fe Wrap *	10.3 oz	293	710	350	39	16	0.5	290	1590	60	7	3	32	X	X	X	X						
Farmhouse *	8.4 oz	237	600	220	25	10	0	185	1690	59	2	7	35	X	X	X	X						
EBB Signature Lunch Sandwiches																							
Nova Lox & Bagel	8.7 oz	248	480	150	17	9	0	50	1300	60	2	9	22		X	X	X			X			Salmon
Tasty Turkey on Asiago Bagel	11.7 oz	332	510	130	15	9	0	80	1290	64	3	9	15		X	X ¹	X						
Turkey, Bacon & Avocado	11.0 oz	313	660	280	31	5	0	65	1730	60	4	9	17	X	X	X	X						
Turkey & Cheddar Potato Roll	10.5 oz	297	570	210	23	6	0	65	1470	60	3	7	15	X	X	X	X						
Hummus Veg Out® on Multigrain	10.4 oz	294	440	140	15	4	0	15	860	66	12	12	19		X	X ¹	X						
Harvest Chicken Salad on Multigrain	10.5 oz	297	590	220	25	3.5	0	55	820	64	11	15	33	X		X	X	X					Almonds
Albacore Tuna Salad on Multigrain	10.2 oz	290	590	250	28	4	0	40	850	57	10	10	31	X		X	X			X			Tuna
Ham & Swiss on Potato Roll	10.3 oz	292	560	210	23	6	0	70	1910	60	3	8	31	X	X	X	X						
EBL Signature Lunch Sandwiches * Items available only at License Locations																							
Turkey and Cheddar*	10.5 oz	297	580	220	24	6	0	65	1470	60	6	8	18	X	X	X	X						
Tasty Turkey on Asiago Bagel*	11.3 oz	320	500	140	16	9	0	80	1270	61	3	9	14		X	X	X						
Turkey, Bacon & Avocado *	11.1 oz	315	630	270	30	5	0	65	1640	57	9	11	20	X	X	X	X						
Ham and Swiss *	10.3 oz	293	570	210	24	6	0	70	1910	60	6	9	35	X	X	X	X						
Nova Lox on Plain Bagel *	8.7 oz	248	490	150	17	9	0	50	1280	61	2	9	23	X	X	X	X			X			Salmon
Hummus Veg Out® on Multigrain*	9.2 oz	261	400	120	13	3.5	0	15	790	64	8	11	17		X		X						
Turkey Club Mex Wrap*	12.5 oz	356	740	380	42	12	0	85	2100	57	8	4	20	X	X	X	X						
Tuna Salad Multigrain *	9.5 oz	269	570	240	27	3.5	0	40	800	55	6	8	31	X		X	X			X			Tuna
Harvest Chicken Salad on Multigrain *	9.5 oz	269	560	200	23	3.5	0	55	750	62	7	13	31	X		X	X	X					Almonds
Turkey and Cheddar, Deli - Without Bread Choice *	7.0 oz	198	290	170	19	6	0	65	990	7	1	2	23	X	X	X	X						
Ham and Swiss Deli, Without Bread Choice *	6.8 oz	194	280	170	19	5	0	70	1390	8	1	3	22	X	X	X							
Chicken Salad, Deli - Without Bread Choice *	6.3 oz	179	270	160	18	3	0	55	230	11	2	7	18	X		X		X					Almonds

	Serving Size	Weight (g.)	Calories	Calories From Fat	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Additional Info	
Tuna Salad, Deli - Without Bread Choice *	7.1 oz	201	270	190	21	3	0	40	260	5	1	3	17	X		X	X				X		Tuna
EBB Hot Sandwiches ^ Test Markets Only																							
Spinach Artichoke Chicken on Spinach Florentine Bagel	11.1 oz	314	610	200	23	11	0.5	110	1220	61	5	7	44		X	X	X						
Green Chile Club on Green Chile Bagel	11.3 oz	322	660	280	31	9	0	90	1800	58	3	8	24	X	X	X	X						
Italian Chicken on Potato Roll	10.5 oz	297	670	280	31	9	0	95	1410	58	6	8	44		X	X	X						
Thintastic Chicken Pesto	8.8 oz	251	480	160	17	6	0	80	940	45	5	6	37		X	X ¹	X						
Pizza Bagel Pepperoni	7.1 oz	202	530	200	23	12	0	55	1340	59	2	7	27		X	X ¹	X						
Pizza Bagel Cheese	6.4 oz	183	440	120	14	8	0	40	1000	58	2	7	23		X	X ¹	X						
Original Bagel Dog	6.8 oz	193	530	230	26	10	1	45	1310	57	2	5	19			X	X						
Asiago Bagel Dog	7.3 oz	207	580	270	29	12	1	60	1440	57	2	5	24		X	X	X						
EBL Hot Sandwiches * Items available only at License Locations																							
Italian Chicken Tostini *	10.5 oz	297	690	280	32	10	0	95	1540	60	6	6	44		X	X	X						
Thintastic Buffalo Chicken *	9.7 oz	275	430	110	12	7	0	85	1150	49	2	8	32		X	X	X						
Turkey Club Tostini *	11.0 oz	313	690	290	33	9	0	85	2070	60	7	7	23	X	X	X	X						
Buffalo Chicken & Bacon Tostini *	9.4 oz	266	630	210	23	8	0	100	1980	58	6	6	45	X	X	X	X						
BBQ Chicken Tostini *	8.6 oz	243	540	120	13	5	0	80	1200	66	6	13	38		X	X	X						
Roasted Veggie Tostini *	9.0 oz	254	510	190	21	11	0	45	1260	62	8	7	20		X	X	X						
Pizza Bagel Cheese *	6.5 oz	185	440	120	14	8	0	40	1010	59	2	7	23		X	X	X						
Pizza Bagel Pepperoni *	7.2 oz	204	540	200	23	12	0	55	1360	59	2	7	27		X	X	X						
Sides																							
EBB Barbeque Kettle Chips	1.2 oz	35	180	80	9	1	0	0	250	22	2	0	2										
EBB Original Kettle Chips	1.2 oz	35	180	90	10	1	0	0	170	21	2	0	2										
EBB Jalapeño Kettle Chips	1.2 oz	35	180	80	9	1	0	0	250	22	2	0	2										
Redskin Potato Salad	4.0 oz	113	220	140	15	2.5	0	10	490	17	2	1	2	X		X ¹							
Fruit and yogurt parfait	10.5 oz	298	200	20	2	0	0	5	115	38	4	24	8		X		X	X					Almonds, Aspartame
Greek yogurt parfait with Honey	7.2 oz	205	270	20	2.5	0	0	5	95	49	2	37	16		X		X	X					Almonds
Fruit Cup	4.0 oz	113	50	0	0	0	0	0	10	13	1	11	1										
Salads																							
Strawberry Chicken, No Dressing	9.7 oz	276	220	60	6	1	0	40	170	24	5	15	19			X ¹		X					Almonds
Chicken Caesar, No Dressing	8.0 oz	227	210	60	6	3	0	55	380	18	3	3	22	X	X	X ¹	X			X			Anchovies
Sweets																							
Coffee Cake, Chocolate Chip	4.4 oz	125	550	230	25	10	0	5	190	81	1	34	4	X	X	X	X						
Cookie, Chocolate Chunk	2.7 oz	78	390	180	20	9	0	0	310	51	1	30	4	X	X	X	X						
Cookie, Iced Sugar	3.9 oz	111	470	140	16	7	0	25	280	79	1	47	5	X	X	X	X						
Muffin, Cinnamon Chip	4.7 oz	134	500	200	23	6	0	80	420	70	1	47	6	X	X	X	X						
Muffin, Blueberry 4 oz	4.5 oz	127	420	180	20	4	0	80	440	57	1	32	6	X	X	X	X						
Brownie	2.7 oz	76	330	160	17	5	0	25	190	45	2	29	4	X	X	X	X						
Pastry, Cherry	5.1 oz	145	380	120	14	8	0	45	290	60	3	28	6	X	X		X						
Muffin, Chocolate Chip	4.5 oz	127	460	200	22	6	0	80	430	62	2	36	6	X	X	X	X						
Cinnamon Twist	3.1 oz	88	360	140	16	6	0	0	250	50	2	24	4			X	X						
Strudel, Cinnamon Walnut	6.0 oz	170	640	320	35	11	0	30	500	71	4	32	10	X	X	X	X	X					Walnuts
Cinnamon Sugar Bagel Cluster	4.1 oz	116	390	60	7	1.5	0	0	460	74	2	29	8	X	X	X	X						
Cinnamon Sugar Popper	4.7 oz	133	430	90	10	4	0	15	570	77	3	29	10		X	X	X						
Cookie, Heavenly Chocolate Chip 3.5	3.5 oz	99	460	220	24	13	0	65	290	58	2	33	5	X	X	X	X						
Cookie, Mini Heavenly Chocolate Chip EBB	8.7 oz	248	1150	550	61	32	1	160	720	146	5	84	14	X	X	X	X						
Chocolate Chip Cookie Poppers (EBL)	5.3 oz	149	690	330	37	19	0.5	95	430	87	3	50	8	X	X	X	X						
Cookie, Trail Mix	3.5 oz	99	410	160	17	7	0	50	260	58	5	29	7	X	X		X	X					Almonds
Cookie, Chocolate Lava	2.5 oz	72	310	130	15	8	0	60	60	46	1	39	4	X	X	X	X						
Cookie, Honey Roasted Peanut	3.5 oz	99	360	160	17	8	0	40	310	46	2	26	6	X	X	X	X		X				Peanuts
Pastry, Mini Hazelnut	1.2 oz	33	140	120	60	2.5	0	0	65	17	1	10	1		X	X	X	X					Hazelnuts
Cookie, Black and White Mini	1.0 oz	28	110	30	3.5	0.5	0	10	50	19	0	16	1	X	X	X	X						
Cupcake, Celebration	2.3 oz	66	280	150	17	10	0	55	170	33	0	24	2	X	X	X	X						
Chewy Marshmallow Bar*	2.1 oz	60	250	45	5	3	0	15	240	49	0	26	2		X								
Cinnamon Twist Poppers*	3.1 oz	88	360	140	16	6	0	0	250	50	2	24	4			X	X						
Lemon Poppy Seed	4.1 oz	116	370	150	16	5	0	90	350	52	1	29	5	X	X	X	X						
Cookie, Snickerdoodle	3.0 oz	85	420	180	20	9	0	0	310	59	1	37	4	X	X	X	X	X					Almonds
BEVERAGES																							
Signature (made with 2% milk) *Available on menu at license locations only																							

	Serving Size	Weight (g.)	Calories	Calories From Fat	Total Fat (g.)	Saturated Fat (g.)	Trans Fats (g.)	Cholesterol (mg.)	Sodium (mg.)	Total Carbs. (g.)	Dietary Fiber (g.)	Sugars (g.)	Protein (g.)	Egg	Milk	Soy	Wheat	Tree Nuts	Peanuts	Fish	Shellfish	Additional Info	
Strawberry Lemonade	24 fl oz		310	0	0	0	0	0	20	82	2	71	0										
Blended Strawberry Lemonade *	16 fl oz		470	0	0	0	0	0	10	123	0	114	0										
	24 fl oz		600	5	0	0	0	0	15	160	0	148	1										
Blended Snickerdoodle	16 fl oz		850	210	24	13	0	15	650	149	1	112	14	X	X	X	X						
	24 fl oz		990	260	29	12	0.5	15	750	170	1	128	15										
Blended Brownie	16 fl oz		810	190	21	8	0	35	510	144	4	109	16	X	X	X	X						
	24 fl oz		1000	230	26	10	0	45	640	180	5	136	20										
Blackberry Lemonade	16 fl oz		200	0	0	0	0	0	15	53	0	49	0										
	24 fl oz		270	0	0	0	0	0	20	74	1	68	0										
Cold Brew																							
Cold Brew	16 fl oz		0	0	0	0	0	0	10	0	0	0	0						X				
	24 fl oz		5	0	0	0	0	0	15	1	0	0	0						X				
Caramel	16 fl oz		70	5	0	0	0	0	40	17	1	14	1		X				X				
	24 fl oz		100	5	0.5	0	0	0	60	25	2	20	1		X				X				
Vanilla Hazlenut	16 fl oz		100	0	0	0	0	0	10	24	0	23	0						X				
	24 fl oz		130	0	0	0	0	0	15	32	0	30	0						X				
Vanilla	16 fl oz		60	0	0	0	0	0	10	15	0	14	0						X				
	24 fl oz		90	0	0	0	0	0	15	23	0	22	0						X				
Coffee, Hot Tea & Cocoa																							
Coffee (R, M, L)	12-20oz	355ml-591ml	5	0	0	0	0	0	0	0	0	0	0										
Coffee Decaf. (R, M, L)	12-20oz	355ml-591ml	5	0	0	0	0	0	0	0	0	0	0										
Iced Coffee (Medium and Large)	16 fl oz-24 fl oz	473 ml-709 ml	5	0	0	0	0	0	0	0	0	0	0										
Hot Tea	16 fl oz-24 fl oz	473 ml-709 ml	5	0	0	0	0	0	0	0	0	0	0										
Black Tea, Unsweetened	20 fl oz	591ml	0	0	0	0	0	0	10	0	0	0	0										
	30 fl oz	887ml	0	0	0	0	0	0	15	0	0	0	0										
Black Tea, Sweet	20 fl oz	591ml	160	0	0	0	0	0	10	42	0	42	0										
	30 fl oz	887ml	250	0	0	0	0	0	15	63	0	63	0										
Passion Fruit Mango	20 fl oz	591ml	30	0	0	0	0	0	10	7	0	7	0										
	30 fl oz	887ml	45	0	0	0	0	0	15	11	0	11	0										
Hot White Chocolate	12 fl oz	355 ml	300	90	10	6	0	40	100	43	0	39	9										
	16 fl oz	473 ml	390	110	12	7	0	45	140	59	0	54	12		x								
	20 fl oz	591ml	470	120	13	8	0	50	180	74	0	68	14										
Hot Cocoa	12 fl oz	355 ml	270	70	7	4.5	0	25	25	43	2	36	9										
	16 fl oz	473 ml	350	80	9	5	0	30	35	59	2	50	12		x								
	20 fl oz	591ml	430	90	10	6	0	35	40	74	3	63	14										

¹ Soy is only present as soybean oil. Highly refined soybean oil does not usually cause an allergic reaction.

² Cold Smoked Salmon is raw, consuming raw or undercooked seafood may result in foodborne illness.

³ Phenylketonurics: contains phenylalanine

Nutrition information is based upon standard recipes, and rounded per federal requirements. Variations may occur due to differences in suppliers, customized