

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/03/2018								
Baked Penne Pasta - SR2038 (1 serving)	0	380.87	14.51	7.44	0.02	1189.37	47.22	21.93
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Sweet Thai Chili Chicken Pizza - SR1830 (1 slice)	0	413.18	16.29	5.78	0.00	814.54	47.02	24.02
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/04/2018								
Baked Penne Pasta - SR2038 (1 serving)	0	380.87	14.51	7.44	0.02	1189.37	47.22	21.93
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/04/2018								
Sweet Thai Chili Chicken Pizza - SR1830 (1 slice)	0	413.18	16.29	5.78	0.00	814.54	47.02	24.02
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/05/2018								
Baked Penne Pasta - SR2038 (1 serving)	0	380.87	14.51	7.44	0.02	1189.37	47.22	21.93
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Sweet Thai Chili Chicken Pizza - SR1830 (1 slice)	0	413.18	16.29	5.78	0.00	814.54	47.02	24.02
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/05/2018								
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/06/2018								
Baked Penne Pasta - SR2038 (1 serving)	0	380.87	14.51	7.44	0.02	1189.37	47.22	21.93
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Sweet Thai Chili Chicken Pizza - SR1830 (1 slice)	0	413.18	16.29	5.78	0.00	814.54	47.02	24.02
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/06/2018								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/07/2018								
Baked Penne Pasta - SR2038 (1 serving)	0	380.87	14.51	7.44	0.02	1189.37	47.22	21.93
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Sweet Thai Chili Chicken Pizza - SR1830 (1 slice)	0	413.18	16.29	5.78	0.00	814.54	47.02	24.02
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

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Taste4 Core - Pizza - Asia - Week 2 (tier 1) - ServingDate: 12/07/2018								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/10/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Home-style Macaroni & Cheese - SR2039 (1 serving)	0	389.25	19.17	10.04	0.01	1187.76	37.35	20.40
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Teriyaki Chicken Pizza - SR1884 (1 slice)	0	338.38	11.26	4.85	0.00	757.13	38.92	23.83
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05

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Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/10/2018								
Hot Mustard Sauce - SR1758 (1 tbsp.)	0	14.66	1.18	0.18	0.00	73.40	0.83	0.22
Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/11/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Home-style Macaroni & Cheese - SR2039 (1 serving)	0	389.25	19.17	10.04	0.01	1187.76	37.35	20.40
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Teriyaki Chicken Pizza - SR1884 (1 slice)	0	338.38	11.26	4.85	0.00	757.13	38.92	23.83
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Hot Mustard Sauce - SR1758 (1 tbsp.)	0	14.66	1.18	0.18	0.00	73.40	0.83	0.22

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Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/12/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Home-style Macaroni & Cheese - SR2039 (1 serving)	0	389.25	19.17	10.04	0.01	1187.76	37.35	20.40
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Teriyaki Chicken Pizza - SR1884 (1 slice)	0	338.38	11.26	4.85	0.00	757.13	38.92	23.83
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Hot Mustard Sauce - SR1758 (1 tbsp.)	0	14.66	1.18	0.18	0.00	73.40	0.83	0.22
Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/13/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Home-style Macaroni & Cheese - SR2039 (1 serving)	0	389.25	19.17	10.04	0.01	1187.76	37.35	20.40

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Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/13/2018								
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Teriyaki Chicken Pizza - SR1884 (1 slice)	0	338.38	11.26	4.85	0.00	757.13	38.92	23.83
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Hot Mustard Sauce - SR1758 (1 tbsp.)	0	14.66	1.18	0.18	0.00	73.40	0.83	0.22
Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/14/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Home-style Macaroni & Cheese - SR2039 (1 serving)	0	389.25	19.17	10.04	0.01	1187.76	37.35	20.40
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Teriyaki Chicken Pizza - SR1884 (1 slice)	0	338.38	11.26	4.85	0.00	757.13	38.92	23.83

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Taste4 Core - Pizza - Asia - Week 3 (tier 1) - ServingDate: 12/14/2018								
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Hot Mustard Sauce - SR1758 (1 tbsp.)	0	14.66	1.18	0.18	0.00	73.40	0.83	0.22
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/17/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Curry Chicken Pizza - SR1893 (1 slice)	0	334.01	12.64	4.97	0.01	790.14	34.89	23.70
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Spaghetti with Meat Sauce - SR1370 (1 serving)	0	327.85	10.09	3.63	0.02	916.25	42.59	18.58
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/17/2018								
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/18/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Curry Chicken Pizza - SR1893 (1 slice)	0	334.01	12.64	4.97	0.01	790.14	34.89	23.70
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Spaghetti with Meat Sauce - SR1370 (1 serving)	0	327.85	10.09	3.63	0.02	916.25	42.59	18.58
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/18/2018								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/19/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Curry Chicken Pizza - SR1893 (1 slice)	0	334.01	12.64	4.97	0.01	790.14	34.89	23.70
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Spaghetti with Meat Sauce - SR1370 (1 serving)	0	327.85	10.09	3.63	0.02	916.25	42.59	18.58
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/19/2018								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/20/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Curry Chicken Pizza - SR1893 (1 slice)	0	334.01	12.64	4.97	0.01	790.14	34.89	23.70
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Spaghetti with Meat Sauce - SR1370 (1 serving)	0	327.85	10.09	3.63	0.02	916.25	42.59	18.58
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Pizza - Asia - Week 4 (tier 1) - ServingDate: 12/21/2018								
Cheese Pizza - SR1441 (1 slice)	0	336.18	13.98	7.04	0.00	591.37	34.40	23.41
Curry Chicken Pizza - SR1893 (1 slice)	0	334.01	12.64	4.97	0.01	790.14	34.89	23.70
Pepperoni Pizza - SR1443 (1 slice)	0	368.99	16.89	8.14	0.00	701.93	34.52	24.75
Spaghetti with Meat Sauce - SR1370 (1 serving)	0	327.85	10.09	3.63	0.02	916.25	42.59	18.58
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Caesar Side Salad - SR1428 (1 c.)	0	169.83	15.80	3.27	0.00	350.10	4.86	3.70
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Grated Parmesan Cheese - SR1553 (1/2 tsp.)	0	3.33	0.25	0.17	0.00	20.00	0.00	0.33
Red Pepper Flakes - SR1554 (1/4 tsp.)	0	1.43	0.08	0.02	0.00	0.14	0.25	0.05

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: Taste4

Menu Line: TASTE4-Pizza

Serving Group: 9-12

Nutrients Option: Expanded

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.