

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School  
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Monday (tier 1) - archived on Nov 20 2018 9:55AM - ServingDate: 12/03/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Taco Joe Sandwich - SR1206 (1 sandwich)	0	246.45	6.48	1.78	0.00	549.43	30.83	18.64
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Monday (tier 1) - archived on Nov 20 2018 9:55AM - ServingDate: 12/03/2018</b>								
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Tuesday (tier 1) - archived on Nov 20 2018 10:05AM - ServingDate: 12/04/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Tuesday (tier 1) - archived on Nov 20 2018 10:05AM - ServingDate: 12/04/2018</b>								
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Cordon Bleu Burger - SR1866 (1 burger)	0	408.60	18.37	5.28	0.00	966.62	36.16	26.82
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Tuesday (tier 1) - archived on Nov 20 2018 10:05AM - ServingDate: 12/04/2018</b>								
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Wednesday (tier 1) - archived on Nov 20 2018 10:06AM - ServingDate: 12/05/2018</b>								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00

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<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Wednesday (tier 1) - archived on Nov 20 2018 10:06AM - ServingDate: 12/05/2018</b>								
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Pulled Pork Sandwich - NJR1337 (1 sandwich)	0	315.67	12.98	4.19	0.00	523.51	28.40	19.97
Pulled Pork Sandwich - NJR1608 (1 sandwich)	0	344.40	9.00	3.20	0.00	1051.59	34.20	22.40
Pulled Pork Sandwich - NJR1412 (1 sandwich)	0	300.00	7.00	2.10	0.00	815.99	40.00	21.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58

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<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Wednesday (tier 1) - archived on Nov 20 2018 10:06AM - ServingDate: 12/05/2018</b>								
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Thursday (tier 1) - archived on Nov 20 2018 9:57AM - ServingDate: 12/06/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Thursday (tier 1) - archived on Nov 20 2018 9:57AM - ServingDate: 12/06/2018</b>								
Ninja Burger - SR1126 (1 burger)	0	311.19	10.13	3.15	0.00	543.61	35.69	18.52
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00

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<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Thursday (tier 1) - archived on Nov 20 2018 9:57AM - ServingDate: 12/06/2018</b>								
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
Spicy Pineapple Slaw - SR1236 (1/2 c.)	0	37.39	0.25	0.05	0.00	69.72	8.88	0.80
Teriyaki Mayonnaise Sauce - SR1235 (1 tbsp.)	0	45.00	2.00	0.25	0.00	137.50	6.50	0.25
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Friday (tier 1) - archived on Nov 20 2018 9:53AM - ServingDate: 12/07/2018</b>								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Parmesan Sandwich - NJR1279 (1 sandwich)	0	460.53	19.04	4.53	0.00	850.94	46.50	24.04
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00



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<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Friday (tier 1) - archived on Nov 20 2018 9:53AM - ServingDate: 12/07/2018</b>								
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Friday (tier 1) - archived on Nov 20 2018 9:53AM - ServingDate: 12/07/2018</b>								
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Monday (tier 1) - archived on Nov 20 2018 9:38AM - ServingDate: 12/10/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Fishwich - SR1105 (1 sandwich)	0	300.00	8.00	0.00	0.00	650.00	39.00	21.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Breaded Fish Patty - SR1985 (1 patty)	0	170.00	6.00	0.00	0.00	390.00	14.00	15.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Monday (tier 1) - archived on Nov 20 2018 9:38AM - ServingDate: 12/10/2018</b>								
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Tuesday (tier 1) - archived on Nov 20 2018 9:49AM - ServingDate: 12/11/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Rib B Que Sandwich - NJR1249 (1 sandwich)	0	294.00	9.00	3.20	0.00	986.00	34.50	18.50
Pork Rib B Que Sandwich - NJR1407 (1 sandwich)	0	302.00	10.00	3.10	0.00	929.00	35.50	16.50
Barbecue Beef Riblet - SR2064 (1 patty)	0	177.18	11.15	4.56	0.00	620.17	9.58	11.15
Barbecue Pork Riblet - SR2037 (1 patty)	0	175.00	10.00	3.50	0.10	625.00	11.50	12.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Tuesday (tier 1) - archived on Nov 20 2018 9:49AM - ServingDate: 12/11/2018</b>								
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Wednesday (tier 1) - archived on Nov 20 2018 9:51AM - ServingDate: 12/12/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Grilled Cheese Sandwich - NJR1165 (1 sandwich)	0	360.00	20.00	10.00	0.00	1100.00	32.00	14.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Wednesday (tier 1) - archived on Nov 20 2018 9:51AM - ServingDate: 12/12/2018</b>								
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Thursdsay (tier 1) - archived on Nov 20 2018 9:47AM - ServingDate: 12/13/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Thursday (tier 1) - archived on Nov 20 2018 9:47AM - ServingDate: 12/13/2018</b>								
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Chicken Tenders - NJR1212 (3 ea.)	0	240.00	12.00	2.25	0.00	405.00	12.00	19.50
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00



## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School  
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Thursday (tier 1) - archived on Nov 20 2018 9:47AM - ServingDate: 12/13/2018</b>								
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Friday (tier 1) - archived on Nov 20 2018 9:35AM - ServingDate: 12/14/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Bacon Cheeseburger - NJR1419 (1 burger)	0	350.69	16.56	6.78	0.00	827.50	28.01	19.53
Bacon Cheeseburger - NJR1426 (1 burger)	0	423.69	23.56	9.48	0.00	916.50	30.01	22.53
Bacon Cheeseburger - NJR1186 (1 burger)	0	360.69	15.56	6.78	0.00	747.50	31.01	19.53
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School  
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Friday (tier 1) - archived on Nov 20 2018 9:35AM - ServingDate: 12/14/2018</b>								
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Bacon Slices - SR1982 (1 slice)	0	30.30	2.69	1.01	0.00	127.94	0.00	1.68

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 1 &amp; 3 - Friday (tier 1) - archived on Nov 20 2018 9:35AM - ServingDate: 12/14/2018</b>								
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Monday (tier 1) - archived on Nov 20 2018 9:55AM - ServingDate: 12/17/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Monday (tier 1) - archived on Nov 20 2018 9:55AM - ServingDate: 12/17/2018</b>								
Taco Joe Sandwich - SR1206 (1 sandwich)	0	246.45	6.48	1.78	0.00	549.43	30.83	18.64
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Monday (tier 1) - archived on Nov 20 2018 9:55AM - ServingDate: 12/17/2018</b>								
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Tuesday (tier 1) - archived on Nov 20 2018 10:05AM - ServingDate: 12/18/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Cordon Bleu Burger - SR1866 (1 burger)	0	408.60	18.37	5.28	0.00	966.62	36.16	26.82
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Tuesday (tier 1) - archived on Nov 20 2018 10:05AM - ServingDate: 12/18/2018</b>								
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School  
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Tuesday (tier 1) - archived on Nov 20 2018 10:05AM - ServingDate: 12/18/2018</b>								
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Wednesday (tier 1) - archived on Nov 20 2018 10:06AM - ServingDate: 12/19/2018</b>								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Pulled Pork Sandwich - NJR1337 (1 sandwich)	0	315.67	12.98	4.19	0.00	523.51	28.40	19.97
Pulled Pork Sandwich - NJR1608 (1 sandwich)	0	344.40	9.00	3.20	0.00	1051.59	34.20	22.40
Pulled Pork Sandwich - NJR1412 (1 sandwich)	0	300.00	7.00	2.10	0.00	815.99	40.00	21.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Wednesday (tier 1) - archived on Nov 20 2018 10:06AM - ServingDate: 12/19/2018</b>								
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73



## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Thursday (tier 1) - archived on Nov 20 2018 9:57AM - ServingDate: 12/20/2018</b>								
Built-to-Order Grill - SR2070 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Ninja Burger - SR1126 (1 burger)	0	311.19	10.13	3.15	0.00	543.61	35.69	18.52
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Thursday (tier 1) - archived on Nov 20 2018 9:57AM - ServingDate: 12/20/2018</b>								
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73
Spicy Pineapple Slaw - SR1236 (1/2 c.)	0	37.39	0.25	0.05	0.00	69.72	8.88	0.80
Teriyaki Mayonnaise Sauce - SR1235 (1 tbsp.)	0	45.00	2.00	0.25	0.00	137.50	6.50	0.25
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Friday (tier 1) - archived on Nov 20 2018 9:53AM - ServingDate: 12/21/2018</b>								
Cheeseburger - NJR1416 (1 burger)	0	315.00	13.50	5.50	0.00	710.00	28.00	18.50

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Friday (tier 1) - archived on Nov 20 2018 9:53AM - ServingDate: 12/21/2018</b>								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheeseburger - NJR1120 (1 burger)	0	325.00	12.50	5.50	0.00	630.00	31.00	18.50
Chicken Parmesan Sandwich - NJR1279 (1 sandwich)	0	460.53	19.04	4.53	0.00	850.94	46.50	24.04
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Hamburger - NJR1417 (1 burger)	0	260.00	9.00	3.00	0.00	510.00	27.00	16.00
Hamburger - NJR1424 (1 burger)	0	333.00	16.00	5.70	0.00	599.00	29.00	19.00
Hamburger - NJR1121 (1 burger)	0	270.00	8.00	3.00	0.00	430.00	30.00	16.00
Hamburger Patty - SR1652 (1 patty)	0	140.00	7.00	3.00	0.00	180.00	3.00	12.00
Chicken Patty - NJR1836 (1 patty)	0	270.00	15.00	2.50	0.00	400.00	16.00	16.00
Hamburger Patty - NJR1837 (1 patty)	0	130.00	8.00	3.00	0.00	260.00	0.00	12.00
Hamburger Patty - NJR1838 (1 patty)	0	203.00	15.00	5.70	0.00	349.00	2.00	15.00
Hamburger Bun - NJR1835 (1 bun)	0	130.00	1.00	0.00	0.00	250.00	27.00	4.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Grill - Built-4-U Bar - Week 2 &amp; 4 - Friday (tier 1) - archived on Nov 20 2018 9:53AM - ServingDate: 12/21/2018</b>								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
American Yellow Cheese Slice - NJR1078 (1 slice)	0	55.00	4.50	2.50	0.00	200.00	1.00	2.50
Cheddar Cheese Sauce - SR1293 (2 tbsp.)	0	55.20	4.09	2.35	0.00	210.58	1.02	3.58
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Diced Red Onion - SR1447 (2 tbsp.)	0	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	0	0.00	0.00	0.00	0.00	174.42	0.00	0.00
Dill Pickle Chips - SR1399 (2 tbsp.)	0	0.00	0.00	0.00	0.00	255.73	0.00	0.00
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.05	0.01	0.00	1.12	0.87	0.20
Garlic Parmesan Mayonnaise - SR1610 (1 tbsp.)	0	30.60	2.35	0.32	0.00	63.23	1.90	0.84
Sriracha Mayonnaise - SR1788 (1 tbsp.)	0	31.39	2.26	0.25	0.00	109.99	2.37	0.73

**Legend**

(M) - Missing Nutrient Values

**Report Selections**

Meal Type: Lunch

Site Group: Taste4

Menu Line: TASTE4-Grill

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.