

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/03/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Sweet Thai Chili Chicken Salad - SR1888 (1 salad)	0	358.30	16.63	3.36	0.00	840.55	37.50	18.59
Sweet Thai Chili Chicken Wrap - SR1886 (1 wrap)	0	516.01	20.89	3.82	0.00	1024.29	62.33	21.48
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/03/2018								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/04/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Sweet Thai Chili Chicken Salad - SR1888 (1 salad)	0	358.30	16.63	3.36	0.00	840.55	37.50	18.59
Sweet Thai Chili Chicken Wrap - SR1886 (1 wrap)	0	516.01	20.89	3.82	0.00	1024.29	62.33	21.48
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/04/2018								
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/05/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Sweet Thai Chili Chicken Salad - SR1888 (1 salad)	0	358.30	16.63	3.36	0.00	840.55	37.50	18.59
Sweet Thai Chili Chicken Wrap - SR1886 (1 wrap)	0	516.01	20.89	3.82	0.00	1024.29	62.33	21.48

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/05/2018								
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/06/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00

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Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/06/2018								
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Sweet Thai Chili Chicken Salad - SR1888 (1 salad)	0	358.30	16.63	3.36	0.00	840.55	37.50	18.59
Sweet Thai Chili Chicken Wrap - SR1886 (1 wrap)	0	516.01	20.89	3.82	0.00	1024.29	62.33	21.48
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

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Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/06/2018								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/07/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Sweet Thai Chili Chicken Salad - SR1888 (1 salad)	0	358.30	16.63	3.36	0.00	840.55	37.50	18.59
Sweet Thai Chili Chicken Wrap - SR1886 (1 wrap)	0	516.01	20.89	3.82	0.00	1024.29	62.33	21.48
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00

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Taste4 Core - Fast - Asia - Week 2 (tier 1) - ServingDate: 12/07/2018								
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/10/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Teriyaki Chicken Salad - SR1883 (1 salad)	0	182.99	3.87	1.05	0.00	800.78	19.69	19.08
Teriyaki Chicken Submarine Sandwich - SR1882 (1 sandwich)	0	331.37	6.63	1.02	0.00	1044.85	44.68	23.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50

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Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/10/2018								
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/11/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15

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Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/11/2018								
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Teriyaki Chicken Salad - SR1883 (1 salad)	0	182.99	3.87	1.05	0.00	800.78	19.69	19.08
Teriyaki Chicken Submarine Sandwich - SR1882 (1 sandwich)	0	331.37	6.63	1.02	0.00	1044.85	44.68	23.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/12/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Teriyaki Chicken Salad - SR1883 (1 salad)	0	182.99	3.87	1.05	0.00	800.78	19.69	19.08
Teriyaki Chicken Submarine Sandwich - SR1882 (1 sandwich)	0	331.37	6.63	1.02	0.00	1044.85	44.68	23.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/12/2018								
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/13/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Teriyaki Chicken Salad - SR1883 (1 salad)	0	182.99	3.87	1.05	0.00	800.78	19.69	19.08
Teriyaki Chicken Submarine Sandwich - SR1882 (1 sandwich)	0	331.37	6.63	1.02	0.00	1044.85	44.68	23.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/13/2018								
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/14/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Teriyaki Chicken Salad - SR1883 (1 salad)	0	182.99	3.87	1.05	0.00	800.78	19.69	19.08
Teriyaki Chicken Submarine Sandwich - SR1882 (1 sandwich)	0	331.37	6.63	1.02	0.00	1044.85	44.68	23.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 3 (tier 1) - ServingDate: 12/14/2018								
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/17/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Curry Chicken Salad - SR1892 (1 salad)	0	184.70	7.56	1.38	0.03	1117.33	12.53	18.67
Curry Chicken Sub - SR1891 (1 sandwich)	0	332.40	10.31	1.34	0.03	1186.66	37.36	22.55

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/17/2018								
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/18/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Curry Chicken Salad - SR1892 (1 salad)	0	184.70	7.56	1.38	0.03	1117.33	12.53	18.67
Curry Chicken Sub - SR1891 (1 sandwich)	0	332.40	10.31	1.34	0.03	1186.66	37.36	22.55
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/18/2018								
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/19/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Curry Chicken Salad - SR1892 (1 salad)	0	184.70	7.56	1.38	0.03	1117.33	12.53	18.67
Curry Chicken Sub - SR1891 (1 sandwich)	0	332.40	10.31	1.34	0.03	1186.66	37.36	22.55
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/19/2018								
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/20/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Curry Chicken Salad - SR1892 (1 salad)	0	184.70	7.56	1.38	0.03	1117.33	12.53	18.67
Curry Chicken Sub - SR1891 (1 sandwich)	0	332.40	10.31	1.34	0.03	1186.66	37.36	22.55
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/20/2018								
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/21/2018								
Large Chef Salad - NJR1132 (1 salad)	0	297.32	16.72	3.68	0.00	690.79	23.77	16.83
Chicken Caesar Wrap - NJR1207 (1 wrap)	0	345.86	13.73	3.23	0.00	945.61	33.34	20.12
Curry Chicken Salad - SR1892 (1 salad)	0	184.70	7.56	1.38	0.03	1117.33	12.53	18.67
Curry Chicken Sub - SR1891 (1 sandwich)	0	332.40	10.31	1.34	0.03	1186.66	37.36	22.55
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: Freedom High School

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
Taste4 Core - Fast - Asia - Week 4 (tier 1) - ServingDate: 12/21/2018								
Ham & Cheese Submarine Sandwich - SR1097 (1 sandwich)	0	341.89	15.27	5.98	0.00	1003.73	29.65	20.15
PB&J Sandwich with Cheese Stick - NJR1376 (1 sandwich)	0	470.00	24.00	6.50	0.00	660.00	49.00	17.00
Triple Decker PB&J Sandwich - NJR1377 (1 sandwich)	0	660.00	35.00	6.00	0.00	770.00	71.00	20.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey & Cheese Submarine Sandwich - SR1060 (1 sandwich)	0	343.33	15.00	5.67	0.00	936.67	29.00	22.33
Uncrustables PB&J Bag (uncrustable, goldfish, cheese stick) - NJR1259 (1 Bag)	0	480.00	27.00	7.00	0.00	650.00	46.00	17.00
Ripstick Breadstick - SR1044 (1 breadstick)	0	80.00	1.00	0.00	0.00	100.00	14.00	3.00
Dinner Roll - SR1009 (1 roll.)	0	170.00	3.00	0.00	0.00	140.00	29.00	7.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Fruit Garden Bar - NJR1877 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Vegetable Garden Bar - NJR1878 (1 serving)	0	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Strawberry Fat Free Milk - NJR1731 (1 Half Pint)	0	120.00	0.00	0.00	0.00	105.00	22.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - December, 2018

Generated on: 11/29/2018 9:03:35 AM by Michelle Martucci

Site: Freedom High School
Date: 12/01/2018 - 12/31/2018

Report Selections

Meal Type: Lunch
Site Group: Taste4
Menu Line: TASTE4-Fast
Serving Group: 9-12
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.