

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 5 Thursday - ServingDate: 01/03/2019								
Bacon, Egg & Cheese Bagel Sandwich - NJR1638 (1 sandwich)	0	360.00	15.50	7.25	0.00	750.00	38.00	16.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Soft Wheat Bagel - SR1168 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics 2018-2019 Week 5 Friday - ServingDate: 01/04/2019								
Chocolate Filled Crescent - NJR1855 (1 pkg.)	0	230.00	8.00	1.50	0.00	270.00	37.00	6.00
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics 2018-2019 Week 5 Friday - ServingDate: 01/04/2019								
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
MS Bfast Café Classics Week 1 Monday .. - ServingDate: 01/07/2019								
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Maple Madness Mini Waffles - NJR1291 (1 pkg.)	0	210.00	6.00	1.00	0.00	170.00	38.00	4.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 1 Monday .. - ServingDate: 01/07/2019								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
MS Bfast Café Classics Week 1 Tuesday .. - ServingDate: 01/08/2019								
Bacon, Egg & Cheese on English Muffin - NJR1636 (1 sandwich)	0	255.00	11.00	4.75	0.00	970.00	26.00	11.50
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 1 Tuesday .. - ServingDate: 01/08/2019								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 1 Wednesday . - ServingDate: 01/09/2019								
Bacon Scramble Breakfast Pizza - NJR1158 (1 slice)	0	210.00	8.00	3.50	0.00	320.00	25.00	10.00
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 1 Wednesday . - ServingDate: 01/09/2019								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
MS Bfast Café Classics Week 1 Thursday .. - ServingDate: 01/10/2019								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Egg & Cheese Bagel Sandwich - NJR2121 (1 sandwich)	0	305.00	12.00	6.00	0.00	705.00	39.00	14.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 1 Friday ... - ServingDate: 01/11/2019								
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 1 Friday ... - ServingDate: 01/11/2019								
French Toast Sticks - NJR1734 (4 stick.)	0	256.38	9.86	1.97	0.00	295.82	37.47	5.92
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
MS Bfast Café Classics Week 2 Monday .. - ServingDate: 01/14/2019								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 2 Monday .. - ServingDate: 01/14/2019								
Ham Egg & Cheese on Bun - NJR1561 (1 sandwich)	0	238.33	8.83	3.75	0.00	565.00	29.17	11.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 2 Tuesday . - ServingDate: 01/15/2019								
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Blueberry Mini Pancake Bites - SR1190 (1 pkg.)	0	210.00	6.00	1.00	0.00	310.00	35.00	4.00
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 2 Tuesday . - ServingDate: 01/15/2019								
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
MS Bfast Café Classics Week 2 Wednesday .. - ServingDate: 01/16/2019								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Sausage, Egg & Cheese Biscuit Sandwich - NJR1637 (1 sandwich)	0	350.00	20.50	12.00	0.00	755.00	29.00	15.50
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 2 Wednesday .. - ServingDate: 01/16/2019								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 2 Thursday .. - ServingDate: 01/17/2019								
Apple Frudel Stick - SR1747 (1 pkg.)	0	210.00	6.00	1.00	0.00	260.00	36.00	5.00
Cherry Frudel Stick - SR1491 (1 pkg.)	0	210.00	6.00	1.00	0.00	260.00	37.00	5.00
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 2 Thursday .. - ServingDate: 01/17/2019								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
MS Bfast Café Classics Week 2 Friday .. - ServingDate: 01/18/2019								
Bacon, Egg & Cheese Wrap - NJR1255 (1 wrap)	0	364.02	20.06	8.46	0.00	544.40	29.51	17.54
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 2 Friday .. - ServingDate: 01/18/2019								
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 3 Tuesday .. - ServingDate: 01/22/2019								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Egg & Cheese on English Muffin - NJR1159 (1 sandwich)	0	220.00	8.00	3.50	0.00	855.00	26.00	10.50
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 3 Wednesday .. - ServingDate: 01/23/2019								
Bacon Scramble Breakfast Pizza - NJR1158 (1 slice)	0	210.00	8.00	3.50	0.00	320.00	25.00	10.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 3 Wednesday .. - ServingDate: 01/23/2019								
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
MS Bfast Café Classics Week 3 Thursday .. - ServingDate: 01/24/2019								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Ham, Egg & Cheese Bagel Sandwich - NJR1178 (1 sandwich)	0	343.33	13.33	6.25	0.00	715.00	38.17	17.33

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 3 Thursday .. - ServingDate: 01/24/2019								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
MS Bfast Café Classics Week 3 Friday .. - ServingDate: 01/25/2019								
Cinnamon Rush French Toast Mini's - NJR1348 (1 pkg.)	0	220.00	7.00	1.00	0.00	200.00	37.00	4.00
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Small Mandarin Orange Parfait - NJR1567 (1 ea.)	0	263.33	3.75	0.83	0.00	115.83	53.17	4.83
Small Peach Parfait - NJR1568 (1 ea.)	0	234.19	3.79	0.83	0.00	120.46	45.54	5.56
Small Pineapple Parfait - NJR1569 (1 ea.)	0	243.33	3.75	0.83	0.00	115.83	48.17	4.83
Small Strawberry Parfait - NJR1570 (1 ea.)	0	222.33	3.75	0.83	0.00	117.83	42.17	4.83

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 3 Friday .. - ServingDate: 01/25/2019								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
MS Bfast Café Classics Week 4 Monday . - ServingDate: 01/28/2019								
Bacon Egg & Cheese Sandwich on Bun - NJR1563 (1 sandwich)	0	255.00	11.00	4.75	0.00	600.00	29.00	10.50
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 4 Monday . - ServingDate: 01/28/2019								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
MS Bfast Café Classics Week 4 Tuesday . - ServingDate: 01/29/2019								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Mini Eggo Pancake Bites - SR1590 (1 pkg.)	0	210.00	6.00	1.00	0.00	320.00	35.00	4.00
Soft Wheat Bagel - SR1168 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 4 Tuesday . - ServingDate: 01/29/2019								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
MS Bfast Café Classics Week 4 Wednesday.. - ServingDate: 01/30/2019								
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Egg & Cheese Toasted Flatbread - NJR1000 (1 ea.)	0	326.38	16.61	8.07	0.00	537.13	31.01	16.09
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
MS Bfast Café Classics Week 4 Wednesday.. - ServingDate: 01/30/2019								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
MS Bfast Café Classics Week 4 Thursday . - ServingDate: 01/31/2019								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Original Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	17.00	2.00
Mini Cinnis - SR1595 (1 pkg.)	0	240.00	7.00	1.50	0.00	270.00	39.00	5.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Soft Wheat Bagel - SR1168 (1 bagel)	0	180.00	1.00	0.00	0.00	200.00	35.00	7.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL
Date: 01/01/2019 - 01/31/2019

Report Selections

Meal Type: Breakfast
Site Group: Did You Know Café
Menu Line: BRKFST-Café Classics
Serving Group: 6-8
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.