

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
December HS Favorites Week 1/Day 1 - ServingDate: 12/03/2018								
Mozzarella Sticks - NJR1040 (6 stick.)	0	330.00	12.00	4.00	0.00	660.00	36.00	20.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Steamed Broccoli - SR1028 (1/2 c.)	0	26.46	0.11	0.02	0.00	11.13	5.06	2.93
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Marinara Sauce - NJR1327 (1/4 c.)	0	25.00	0.50	0.00	0.00	240.00	5.00	1.00
December HS Favorites Week 1/Day 2 - ServingDate: 12/04/2018								
Boneless Chicken Bites - NJR1038 (5 ea.)	0	201.09	8.80	1.89	0.00	339.34	12.57	17.59
Pretzel Nuggets - NJR1779 (4 piece)	0	120.00	0.00	0.00	0.00	84.00	28.00	4.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

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December HS Favorites Week 1/Day 2 - ServingDate: 12/04/2018								
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
December HS Favorites Week 1/Day 3 - ServingDate: 12/05/2018								
Chicken Tenders & Mini Waffles - NJR1289 (1 serving)	0	450.00	18.00	3.25	0.00	725.00	47.00	23.50
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
December HS Favorites Week 1/Day 3 - ServingDate: 12/05/2018								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
December HS Favorites Week 1/Day 4 - ServingDate: 12/06/2018								
Beef & Bean Burrito - NJR1927 (1 burrito)	0	278.76	8.00	2.23	0.00	402.91	38.80	15.71
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00

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December HS Favorites Week 1/Day 4 - ServingDate: 12/06/2018								
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
December HS Favorites Week 1/Day 5 - ServingDate: 12/07/2018								
Chicken Quesadilla - NJR1504 (1 ea.)	0	352.37	15.61	8.57	0.00	725.12	31.01	21.09
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
December HS Favorites Week 2 / Day 1 - ServingDate: 12/10/2018								
Cheesy Stuffed Breadsticks - NJR1888 (2 breadstick)	0	300.00	11.00	6.00	0.00	490.00	30.00	19.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55

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December HS Favorites Week 2 / Day 1 - ServingDate: 12/10/2018								
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Marinara Sauce - NJR1327 (1/4 c.)	0	25.00	0.50	0.00	0.00	240.00	5.00	1.00
December HS Favorites Week 2/Day 2 - ServingDate: 12/11/2018								
Corn Dog Nuggets - NJR1756 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45

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December HS Favorites Week 2/Day 2 - ServingDate: 12/11/2018								
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
December HS Favorites Week 2/Day 3 - ServingDate: 12/12/2018								
Popcorn Chicken - NJR1176 (12 ea.)	0	250.00	15.00	2.50	0.00	380.00	16.00	15.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Roasted Green Beans - SR1021 (1/2 c.)	0	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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December HS Favorites Week 2/Day 3 - ServingDate: 12/12/2018								
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
December HS Favorites Week 2/Day 4 - ServingDate: 12/13/2018								
Grilled Ham & Cheese Pretzel Melt - NJR1252 (1 sandwich)	0	325.00	14.00	6.75	0.00	680.00	31.50	17.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
December HS Favorites Week 2/Day 5 - ServingDate: 12/14/2018								
Chicken & Cheese Taquitos - NJR1876 (2 ea.)	0	280.00	12.00	3.00	0.00	800.00	30.00	16.00

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December HS Favorites Week 2/Day 5 - ServingDate: 12/14/2018								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
December HS Favorites Week 3/Day 1 - ServingDate: 12/17/2018								
French Toast Sticks - NJR1734 (4 stick.)	0	256.38	9.86	1.97	0.00	295.82	37.47	5.92
Turkey Sausage Patty - NJR1735 (2 patty)	0	120.00	9.00	3.00	0.00	160.00	0.00	12.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47

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December HS Favorites Week 3/Day 1 - ServingDate: 12/17/2018								
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
December HS Favorites Week 3/Day 2 - ServingDate: 12/18/2018								
Chicken Tenders - NJR1212 (3 ea.)	0	240.00	12.00	2.25	0.00	405.00	12.00	19.50
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
December HS Favorites Week 3/Day 2 - ServingDate: 12/18/2018								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
December HS Favorites Week 3/Day 3 .. - ServingDate: 12/19/2018								
Bacon Cheeseburger - NJR1426 (1 burger)	0	423.69	23.56	9.48	0.00	916.50	30.01	22.53
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Steamed Carrot Coins - NJR1891 (1/2 c.)	0	35.71	0.66	0.12	0.00	57.13	7.46	0.56
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
December HS Favorites Week 3/Day 4 - ServingDate: 12/20/2018								
Meatball Sub - NJR1281 (1 sandwich)	0	418.57	14.27	5.62	0.62	1020.81	49.26	23.59
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Baked French Fries - SR1444 (1/2 c.)	0	102.93	3.56	0.40	0.00	126.68	17.42	1.58
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
December HS Favorites Week 3/Day 5 - ServingDate: 12/21/2018								
Twin Beef Hot Dogs - NJR1542 (2 ea.)	0	620.00	34.00	12.00	0.00	1560.00	58.00	20.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
December HS Favorites Week 3/Day 5 - ServingDate: 12/21/2018								
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: CrossRoads Café

Menu Line: CRC-Favorites

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.