

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 1 Monday .. - ServingDate: 12/03/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Small Double Berry Parfait - NJR1566 (1 parfait)	0	264.77	4.33	0.84	0.00	118.34	53.26	5.17
Maple Madness Mini Waffles - NJR1291 (1 pkg.)	0	210.00	6.00	1.00	0.00	170.00	38.00	4.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
HS Bfast Café Classics Week 1 Tuesday .. - ServingDate: 12/04/2018								
Bacon, Egg & Cheese on English Muffin - NJR1636 (1 sandwich)	0	265.00	11.00	4.75	0.00	550.00	30.00	11.50
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00

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HS Bfast Café Classics Week 1 Tuesday .. - ServingDate: 12/04/2018								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 1 Wednesday .. - ServingDate: 12/05/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Bacon Scramble Breakfast Pizza - NJR1158 (1 slice)	0	210.00	8.00	3.50	0.00	320.00	25.00	10.00
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 1 Wednesday .. - ServingDate: 12/05/2018								
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 1 Thursday .. - ServingDate: 12/06/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Egg & Cheese Bagel Sandwich - NJR2121 (1 sandwich)	0	305.00	12.00	6.00	0.00	705.00	39.00	14.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 1 Thursday .. - ServingDate: 12/06/2018								
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 1 Friday .. - ServingDate: 12/07/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
French Toast Sticks - NJR1734 (4 stick.)	0	256.38	9.86	1.97	0.00	295.82	37.47	5.92
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25

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HS Bfast Café Classics Week 1 Friday .. - ServingDate: 12/07/2018								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
HS Bfast Café Classics Week 2 Monday .. - ServingDate: 12/10/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Ham Egg & Cheese on Bun - NJR1561 (1 sandwich)	0	238.33	8.83	3.75	0.00	565.00	29.17	11.83
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Fat Free Milk - NJR1493 (1 Half Pint)	0	90.00	0.00	0.00	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

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HS Bfast Café Classics Week 2 Monday .. - ServingDate: 12/10/2018								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 2 Tuesday .. - ServingDate: 12/11/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Blueberry Mini Pancake Bites - SR1190 (1 pkg.)	0	210.00	6.00	1.00	0.00	310.00	35.00	4.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

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HS Bfast Café Classics Week 2 Tuesday .. - ServingDate: 12/11/2018								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
HS Bfast Café Classics Week 2 Wednesday .. - ServingDate: 12/12/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Sausage, Egg & Cheese Biscuit Sandwich - NJR1637 (1 sandwich)	0	350.00	20.50	12.00	0.00	755.00	29.00	15.50
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57

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HS Bfast Café Classics Week 2 Thursday .. - ServingDate: 12/13/2018								
Apple Frudel Stick - SR1747 (1 pkg.)	0	210.00	6.00	1.00	0.00	260.00	36.00	5.00
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Cherry Frudel Stick - SR1491 (1 pkg.)	0	210.00	6.00	1.00	0.00	260.00	37.00	5.00
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57

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HS Bfast Café Classics Week 2 Friday .. - ServingDate: 12/14/2018								
Bacon, Egg & Cheese Wrap - NJR1255 (1 wrap)	0	364.02	20.06	8.46	0.00	544.40	29.51	17.54
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 3 Monday .. - ServingDate: 12/17/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Mini Blueberry Waffles - NJR1292 (1 pkg.)	0	210.00	6.00	1.00	0.00	170.00	37.00	4.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 3 Monday .. - ServingDate: 12/17/2018								
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
HS Bfast Café Classics Week 3 Tuesday .. - ServingDate: 12/18/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Egg & Cheese on English Muffin - NJR1159 (1 sandwich)	0	230.00	8.00	3.50	0.00	435.00	30.00	10.50
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 3 Tuesday .. - ServingDate: 12/18/2018								
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 3 Wednesday .. - ServingDate: 12/19/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Bacon Scramble Breakfast Pizza - NJR1158 (1 slice)	0	210.00	8.00	3.50	0.00	320.00	25.00	10.00
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 3 Wednesday .. - ServingDate: 12/19/2018								
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 3 Thursday .. - ServingDate: 12/20/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Ham, Egg & Cheese Bagel Sandwich - NJR1178 (1 sandwich)	0	343.33	13.33	6.25	0.00	715.00	38.17	17.33
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 3 Thursday .. - ServingDate: 12/20/2018								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
HS Bfast Café Classics Week 3 Friday .. - ServingDate: 12/21/2018								
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Cinnamon Rush French Toast Mini's - NJR1348 (1 pkg.)	0	220.00	7.00	1.00	0.00	200.00	37.00	4.00
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Cereal - NJR1110 (1 bowl)	0	105.71	1.36	0.21	0.00	158.57	23.29	1.71
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93

Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
HS Bfast Café Classics Week 3 Friday .. - ServingDate: 12/21/2018								
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Cream Cheese Cup - SR1169 (3/4 oz.)	0	44.54	3.55	2.25	0.13	80.37	1.71	1.57
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast

Site Group: CrossRoads Café

Menu Line: BRKFST-Café Classics

Serving Group: 9-12

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.