

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 5 Day 4 . - ServingDate: 01/03/2019								
Chicken Nuggets & Mini Waffles - NJR1290 (1 serving)	0	460.00	20.00	4.00	0.00	620.00	51.00	20.00
Grilled Cheese Sandwich - NJR1165 (1 sandwich)	0	360.00	20.00	10.00	0.00	1100.00	32.00	14.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	290.00	6.50	3.50	0.00	410.00	44.00	15.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Peas - NJR1190 (1/2 c.)	0	51.59	0.27	0.04	0.00	72.36	9.13	3.50
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
BASD Elem Lunch 2018-2019 Week 5 Day 5 .. - ServingDate: 01/04/2019								
Crispy Chicken BLT Sandwich - NJR1883 (1 sandwich)	0	440.70	19.06	3.76	0.00	767.50	44.22	21.31
French Bread Pepperoni Pizza - NJR1173 (1 slice)	0	314.60	13.19	4.82	0.00	522.92	33.09	18.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	290.00	6.50	3.50	0.00	410.00	44.00	15.00

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BASD Elem Lunch 2018-2019 Week 5 Day 5 .. - ServingDate: 01/04/2019								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BASD Elem Lunch 2018-2019 Week 1 Day 1 .. - ServingDate: 01/07/2019								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Small Garden Salad - NJR1137 (1 salad)	0	389.04	26.49	12.19	0.00	647.79	23.56	19.88
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 1 Day 1 .. - ServingDate: 01/07/2019								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BASD Elem Lunch 2018-2019 Week 1 Day 2 . - ServingDate: 01/08/2019								
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Small Garden Salad - NJR1137 (1 salad)	0	389.04	26.49	12.19	0.00	647.79	23.56	19.88
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Popcorn Chicken - NJR1176 (12 ea.)	0	250.00	15.00	2.50	0.00	380.00	16.00	15.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Bush's Baked Beans - NJR1044 (1/2 c.)	0	132.68	0.00	0.00	0.00	561.33	29.60	7.14
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BASD Elem Lunch 2018-2019 Week 1 Day 3 . - ServingDate: 01/09/2019								
Crispy Chicken Nuggets - SR1367 (5 nugget)	0	259.49	14.97	2.50	0.00	399.21	15.97	15.97

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BASD Elem Lunch 2018-2019 Week 1 Day 3 . - ServingDate: 01/09/2019								
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Turkey Walking Nachos - NJR1814 (1 nacho)	0	337.69	17.06	5.04	0.00	475.06	23.51	21.54
Soft Pretzel Stick - NJR1871 (1 ea.)	0	70.00	0.50	0.00	0.00	40.00	14.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Tater Tots - SR1450 (1/2 c.)	0	129.77	5.99	1.00	0.00	309.45	15.97	2.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33
Diced Tomatoes - NJR1321 (1/8 c.)	0	4.05	0.05	0.01	0.00	1.13	0.88	0.20
BASD Elem Lunch 2018-2019 Week 1 Day 4 . - ServingDate: 01/10/2019								
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Ham, Egg & Cheese on English Muffin - NJR1183 (1 sandwich)	0	238.33	8.83	3.75	0.00	935.00	26.17	12.83

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BASD Elem Lunch 2018-2019 Week 1 Day 4 . - ServingDate: 01/10/2019								
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Red Bell Pepper Strips - SR1011 (1/4 c.)	0	7.63	0.07	0.01	0.00	0.99	1.49	0.24
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33
BASD Elem Lunch 2018-2019 Week 1 Day 5 . - ServingDate: 01/11/2019								
French Bread Cheese Pizza - NJR1103 (1 slice)	0	290.00	11.00	4.00	0.00	440.00	33.00	17.00
Grilled Ham & Cheese Pretzel Melt - NJR1252 (1 sandwich)	0	325.00	14.00	6.75	0.00	680.00	31.50	17.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Turkey & Cheese Sub - NJR1198 (1 sandwich)	0	325.00	13.25	5.50	0.00	875.00	34.00	19.50
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93

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BASD Elem Lunch 2018-2019 Week 1 Day 5 . - ServingDate: 01/11/2019								
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Roasted Green Beans - SR1021 (1/2 c.)	0	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33
BASD Elem Lunch 2018-2019 Week 2 Day 1 ... - ServingDate: 01/14/2019								
Bacon Cheeseburger - NJR1426 (1 burger)	0	423.69	23.56	9.48	0.00	916.50	30.01	22.53
Cheesy Stuffed Breadsticks - NJR1888 (2 breadstick)	0	300.00	11.00	6.00	0.00	490.00	30.00	19.00
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86

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BASD Elem Lunch 2018-2019 Week 2 Day 1 ... - ServingDate: 01/14/2019								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33
BASD Elem Lunch 2018-2019 Week 2 Day 2 .. - ServingDate: 01/15/2019								
Chicken Nuggets - NJR1189 (5 ea.)	0	260.00	15.00	2.50	0.00	400.00	16.00	16.00
Ham & Cheese Sub Sandwich - NJR1118 (1 sandwich)	0	325.00	13.50	5.75	0.00	930.00	34.50	18.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Turkey Hot Dog - NJR1164 (1 ea.)	0	250.00	10.00	2.50	0.00	500.00	27.00	12.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Carrot Coins - NJR1891 (1/2 c.)	0	35.71	0.66	0.12	0.00	57.13	7.46	0.56
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16

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BASD Elem Lunch 2018-2019 Week 2 Day 2 .. - ServingDate: 01/15/2019								
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33
BASD Elem Lunch 2018-2019 Week 2 Day 3 - ServingDate: 01/16/2019								
Cheese Lasagna Rollup - SR1497 (1 roll.)	0	291.00	7.49	4.09	0.01	869.77	39.21	16.04
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Popcorn Chicken - NJR1176 (12 ea.)	0	250.00	15.00	2.50	0.00	380.00	16.00	15.00
Strawberry Danimals Crush Cup Yogurt - NJR1463 (1 4 oz conta)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
String Cheese Stick - NJR1073 (1 stick.)	0	80.00	6.00	3.50	0.00	200.00	0.00	6.00
Vanilla Danimals Yogurt - NJR1471 (1 4 oz conta)	0	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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BASD Elem Lunch 2018-2019 Week 2 Day 4 .. - ServingDate: 01/17/2019								
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Soft Shell Turkey Tacos - NJR1810 (2 tacos)	0	409.60	19.67	6.06	0.00	602.99	32.55	25.72
Strawberry Danimals Crush Cup Yogurt - NJR1463 (1 4 oz conta)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
String Cheese Stick - NJR1073 (1 stick.)	0	80.00	6.00	3.50	0.00	200.00	0.00	6.00
Vanilla Danimals Yogurt - NJR1471 (1 4 oz conta)	0	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Marinated Chick Peas - NJR1683 (1/2 c.)	0	124.37	2.02	0.00	0.00	307.87	20.50	8.07
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
Diced Tomatoes - NJR1321 (1/8 c.)	0	4.05	0.05	0.01	0.00	1.13	0.88	0.20

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 2 Day 5 ... - ServingDate: 01/18/2019								
Schwan's Chicken & Cheese Quesadilla - NJR1656 (2 pieces)	0	300.00	11.00	4.50	0.00	560.00	31.00	19.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Round Galaxy Cheese Pizza - NJR1104 (1 ea.)	0	280.00	12.00	6.00	0.00	410.00	26.00	15.00
Strawberry Danimals Crush Cup Yogurt - NJR1463 (1 4 oz conta)	0	70.00	0.00	0.00	0.00	60.00	14.00	4.00
String Cheese Stick - NJR1073 (1 stick.)	0	80.00	6.00	3.50	0.00	200.00	0.00	6.00
Vanilla Danimals Yogurt - NJR1471 (1 4 oz conta)	0	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Medium Whole Grain Wheat Bagel - NJR1375 (1 bagel)	0	160.00	0.50	0.00	0.00	270.00	36.00	6.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 3 Day 2 .. - ServingDate: 01/22/2019								
Blueberry Patch Parfait - SR1733 (1 parfait)	0	405.60	7.99	1.71	0.00	232.43	73.62	9.99
Corn Dog Nuggets - NJR1756 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
Double Berry Parfait - NJR1260 (1 parfait)	0	406.17	8.00	1.67	0.00	233.17	73.83	9.67
Mandarin Orange Parfait - NJR1489 (1 ea.)	0	446.67	7.50	1.67	0.00	231.67	85.33	9.67
Peach Parfait - NJR1490 (1 ea.)	0	417.52	7.54	1.67	0.00	236.29	77.71	10.39
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pepperoni Pizza Pocket - NJR1499 (1 ea.)	0	300.00	11.00	5.00	0.00	680.00	32.00	18.00
Large Pineapple Parfait - NJR1491 (1 ea.)	0	426.67	7.50	1.67	0.00	231.67	80.33	9.67
Large Strawberry Parfait - NJR1492 (1 ea.)	0	405.67	7.50	1.67	0.00	233.67	74.33	9.67
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Sweet Potato Wedge Fries - NJR1758 (1/2 c.)	0	200.00	7.00	1.00	0.00	250.00	31.00	2.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BASD Elem Lunch 2018-2019 Week 3 Day 3 . - ServingDate: 01/23/2019								
Small Chicken Caesar Salad - NJR1363 (1 salad)	0	254.88	12.38	1.45	0.00	512.94	18.00	19.89

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 3 Day 3 . - ServingDate: 01/23/2019								
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
French Toast Sticks - NJR1734 (4 stick.)	0	256.38	9.86	1.97	0.00	295.82	37.47	5.92
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Turkey Sausage Patty - NJR1735 (2 patty)	0	120.00	9.00	3.00	0.00	160.00	0.00	12.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Cucumber Coins - SR1013 (1/2 c.)	0	9.22	0.07	0.02	0.00	1.23	2.23	0.40
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
BASD Elem Lunch 2018-2019 Week 3 Day 4 .. - ServingDate: 01/24/2019								
Beef & Bean Burrito - NJR1927 (1 burrito)	0	278.76	8.00	2.23	0.00	402.91	38.80	15.71
Boneless Chicken Bites - NJR1038 (5 ea.)	0	201.09	8.80	1.89	0.00	339.34	12.57	17.59
Small Chicken Caesar Salad - NJR1363 (1 salad)	0	254.88	12.38	1.45	0.00	512.94	18.00	19.89
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 3 Day 4 .. - ServingDate: 01/24/2019								
Soft Pretzel Stick - NJR1871 (1 ea.)	0	70.00	0.50	0.00	0.00	40.00	14.00	2.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
BASD Elem Lunch 2018-2019 Week 3 Day 5 .. - ServingDate: 01/25/2019								
Small Chicken Caesar Salad - NJR1363 (1 salad)	0	254.88	12.38	1.45	0.00	512.94	18.00	19.89
Chicken Nuggets - NJR1189 (5 ea.)	0	260.00	15.00	2.50	0.00	400.00	16.00	16.00
French Bread Cheese Pizza - NJR1103 (1 slice)	0	290.00	11.00	4.00	0.00	440.00	33.00	17.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 3 Day 5 .. - ServingDate: 01/25/2019								
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
BASD Elem Lunch 2018-2019 Week 4 Day 1 . - ServingDate: 01/28/2019								
Schwan's Cheese Quesadilla - NJR1657 (2 pieces)	0	320.00	12.00	6.00	0.00	560.00	32.00	20.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Cheeseburger - NJR1415 (1 burger)	0	345.00	15.00	6.50	0.00	500.00	30.00	19.50
Turkey Club Sandwich - NJR1875 (1 sandwich)	0	350.00	15.75	6.75	0.00	960.00	33.00	20.50
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Roasted Green Beans - SR1021 (1/2 c.)	0	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 4 Day 1 . - ServingDate: 01/28/2019								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33
BASD Elem Lunch 2018-2019 Week 4 Day 2 . - ServingDate: 01/29/2019								
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Popcorn Chicken - SR1413 (12 piece)	0	253.34	15.20	2.53	0.00	385.07	16.21	15.20
Turkey Club Sandwich - NJR1875 (1 sandwich)	0	350.00	15.75	6.75	0.00	960.00	33.00	20.50
Turkey Hot Dog - NJR1164 (1 ea.)	0	250.00	10.00	2.50	0.00	500.00	27.00	12.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Shredded Lettuce - NJR1319 (1/4 c.)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Tomatoes - NJR1320 (2 1/2 slice)	0	6.75	0.08	0.01	0.00	1.88	1.46	0.33

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 4 Day 3 .. - ServingDate: 01/30/2019								
BBQ Chicken Sandwich - NJR1722 (1 sandwich)	0	242.00	3.00	0.00	0.00	826.00	36.00	17.00
Small Chef Salad - NJR1131 (1 salad)	0	287.38	16.67	4.21	0.00	557.00	21.25	16.91
Confetti Mini Pancakes - NJR1955 (1 pkg.)	0	220.00	7.00	1.00	0.00	300.00	36.00	4.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Turkey Sausage Patty - NJR1735 (2 patty)	0	120.00	9.00	3.00	0.00	160.00	0.00	12.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
BASD Elem Lunch 2018-2019 Week 4 Day 4 . - ServingDate: 01/31/2019								
Small Chef Salad - NJR1131 (1 salad)	0	287.38	16.67	4.21	0.00	557.00	21.25	16.91
Chicken & Cheese Taquitos - NJR1876 (2 ea.)	0	280.00	12.00	3.00	0.00	800.00	30.00	16.00
Meatball Sub - NJR1281 (1 sandwich)	0	418.57	14.27	5.62	0.62	1020.81	49.26	23.59

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
BASD Elem Lunch 2018-2019 Week 4 Day 4 . - ServingDate: 01/31/2019								
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Fresh Cherry Tomatoes - NJR1613 (1/2 c.)	0	13.50	0.15	0.00	0.00	3.50	2.90	0.66
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: The Clubhouse

Menu Line: CH-Main Event

Serving Group: K-5

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.