

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>BASD Elem Lunch 2018-2019 Week 1 Day 1 DECEMBER - ServingDate: 12/03/2018</b>								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Macaroni & Cheese - NJR1488 (1 #6 scoop)	0	305.64	15.38	8.72	0.00	768.19	26.67	16.41
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
<b>BASD Elem Lunch 2018-2019 Week 1 Day 2 DECEMBER - ServingDate: 12/04/2018</b>								
Corn Dog - SR1023 (1 corn dog)	0	240.00	8.00	2.50	0.00	390.00	30.00	9.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Popcorn Chicken - NJR1176 (12 ea.)	0	250.00	15.00	2.50	0.00	380.00	16.00	15.00

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<b>BASD Elem Lunch 2018-2019 Week 1 Day 2 DECEMBER - ServingDate: 12/04/2018</b>								
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Bush's Baked Beans - NJR1044 (1/2 c.)	0	132.68	0.00	0.00	0.00	561.33	29.60	7.14
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
<b>BASD Elem Lunch 2018-2019 Week 1 Day 3 DECEMBER - ServingDate: 12/05/2018</b>								
Chicken Nuggets - NJR1189 (5 ea.)	0	260.00	15.00	2.50	0.00	400.00	16.00	16.00
Confetti Mini Pancakes - NJR1955 (1 pkg.)	0	220.00	7.00	1.00	0.00	300.00	36.00	4.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Turkey Sausage Patty - NJR1735 (2 patty)	0	120.00	9.00	3.00	0.00	160.00	0.00	12.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>BASD Elem Lunch 2018-2019 Week 1 Day 3 DECEMBER - ServingDate: 12/05/2018</b>								
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
<b>BASD Elem Lunch 2018-2019 Week 1 Day 4 DECEMBER - ServingDate: 12/06/2018</b>								
Schwan's Cheese Quesadilla - NJR1657 (2 pieces)	0	320.00	12.00	6.00	0.00	560.00	32.00	20.00
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00

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<b>BASD Elem Lunch 2018-2019 Week 1 Day 4 DECEMBER - ServingDate: 12/06/2018</b>								
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
<b>BASD Elem Lunch 2018-2019 Week 1 Day 5 DECEMBER - ServingDate: 12/07/2018</b>								
French Bread Cheese Pizza - NJR1103 (1 slice)	0	290.00	11.00	4.00	0.00	440.00	33.00	17.00
Grilled Ham & Cheese Pretzel Melt - NJR1252 (1 sandwich)	0	325.00	14.00	6.75	0.00	680.00	31.50	17.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Roasted Green Beans - SR1021 (1/2 c.)	0	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00

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<b>BASD Elem Lunch 2018-2019 Week 2 Day 1 DECEMBER - ServingDate: 12/10/2018</b>								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Cheesy Stuffed Breadsticks - NJR1888 (2 breadstick)	0	300.00	11.00	6.00	0.00	490.00	30.00	19.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Bagel Boat with Bagel, Yogurt, & Cheese Stick - NJR2115 (1 ea.)	0	350.00	8.00	4.50	0.00	550.00	55.00	17.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Marinara Sauce - NJR1327 (1/4 c.)	0	25.00	0.50	0.00	0.00	240.00	5.00	1.00
<b>BASD Elem Lunch 2018-2019 Week 2 Day 2 DECEMBER - ServingDate: 12/11/2018</b>								
Chicken Nuggets - NJR1189 (5 ea.)	0	260.00	15.00	2.50	0.00	400.00	16.00	16.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00

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<b>BASD Elem Lunch 2018-2019 Week 2 Day 2 DECEMBER - ServingDate: 12/11/2018</b>								
Turkey Hot Dog - NJR1164 (1 ea.)	0	250.00	10.00	2.50	0.00	500.00	27.00	12.00
Bagel Boat with Bagel, Yogurt, & Cheese Stick - NJR2115 (1 ea.)	0	350.00	8.00	4.50	0.00	550.00	55.00	17.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Carrot Coins - NJR1891 (1/2 c.)	0	35.71	0.66	0.12	0.00	57.13	7.46	0.56
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
<b>BASD Elem Lunch 2018-2019 Week 2 Day 3 DECEMBER - ServingDate: 12/12/2018</b>								
Cheese Lasagna Rollup - SR1497 (1 roll.)	0	291.00	7.49	4.09	0.01	869.77	39.21	16.04
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Popcorn Chicken - NJR1176 (12 ea.)	0	250.00	15.00	2.50	0.00	380.00	16.00	15.00
Bagel Boat with Bagel, Yogurt, & Cheese Stick - NJR2115 (1 ea.)	0	350.00	8.00	4.50	0.00	550.00	55.00	17.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55

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<b>BASD Elem Lunch 2018-2019 Week 2 Day 3 DECEMBER - ServingDate: 12/12/2018</b>								
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
<b>BASD Elem Lunch 2018-2019 Week 2 Day 4 DECEMBER - ServingDate: 12/13/2018</b>								
Chicken & Cheese Taqitos - NJR1876 (2 ea.)	0	280.00	12.00	3.00	0.00	800.00	30.00	16.00
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Bagel Boat with Bagel, Yogurt, & Cheese Stick - NJR2115 (1 ea.)	0	350.00	8.00	4.50	0.00	550.00	55.00	17.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Marinated Chick Peas - NJR1683 (1/2 c.)	0	124.37	2.02	0.00	0.00	307.87	20.50	8.07
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

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<b>BASD Elem Lunch 2018-2019 Week 2 Day 4 DECEMBER - ServingDate: 12/13/2018</b>								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
<b>BASD Elem Lunch 2018-2019 Week 2 Day 5 DECEMBER - ServingDate: 12/14/2018</b>								
Schwan's Chicken & Cheese Quesadilla - NJR1656 (2 pieces)	0	300.00	11.00	4.50	0.00	560.00	31.00	19.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Round Galaxy Cheese Pizza - NJR1104 (1 ea.)	0	280.00	12.00	6.00	0.00	410.00	26.00	15.00
Bagel Boat with Bagel, Yogurt, & Cheese Stick - NJR2115 (1 ea.)	0	350.00	8.00	4.50	0.00	550.00	55.00	17.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00



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<b>BASD Elem Lunch 2018-2019 Week 2 Day 5 DECEMBER - ServingDate: 12/14/2018</b>								
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
<b>BASD Elem Lunch 2018-2019 Week 3 Day 1 DECEMBER - ServingDate: 12/17/2018</b>								
Cheeseburger - NJR1423 (1 burger)	0	388.00	20.50	8.20	0.00	799.00	30.00	21.50
Mozzarella Sticks - NJR1040 (6 stick.)	0	330.00	12.00	4.00	0.00	660.00	36.00	20.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Baby Carrots - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Marinara Sauce - NJR1327 (1/4 c.)	0	25.00	0.50	0.00	0.00	240.00	5.00	1.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>BASD Elem Lunch 2018-2019 Week 3 Day 2 DECEMBER - ServingDate: 12/18/2018</b>								
Corn Dog Nuggets - NJR1756 (6 ea.)	0	270.00	12.00	3.50	0.00	410.00	30.00	10.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pepperoni Pizza Pocket - NJR1499 (1 ea.)	0	300.00	11.00	5.00	0.00	680.00	32.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Carrot Coins - NJR1891 (1/2 c.)	0	35.71	0.66	0.12	0.00	57.13	7.46	0.56
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
<b>BASD Elem Lunch 2018-2019 Week 3 Day 3 DECEMBER - ServingDate: 12/19/2018</b>								
Chicken Patty Sandwich - NJR1276 (1 sandwich)	0	400.00	16.00	2.50	0.00	650.00	43.00	20.00
French Toast Sticks - NJR1734 (4 stick.)	0	256.38	9.86	1.97	0.00	295.82	37.47	5.92
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Turkey Sausage Patty - NJR1735 (2 patty)	0	120.00	9.00	3.00	0.00	160.00	0.00	12.00

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>BASD Elem Lunch 2018-2019 Week 3 Day 3 DECEMBER - ServingDate: 12/19/2018</b>								
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Syrup - NJR1494 (1 ea.)	0	80.00	0.00	0.00	0.00	45.00	20.00	0.00
<b>BASD Elem Lunch 2018-2019 Week 3 Day 4 DECEMBER - ServingDate: 12/20/2018</b>								
Beef & Bean Burrito - NJR1498 (1 burrito)	0	396.76	17.00	7.43	0.00	817.91	40.80	22.71
Boneless Chicken Bites - NJR1038 (5 ea.)	0	201.09	8.80	1.89	0.00	339.34	12.57	17.59
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Soft Pretzel Stick - NJR1871 (1 ea.)	0	70.00	0.50	0.00	0.00	40.00	14.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>BASD Elem Lunch 2018-2019 Week 3 Day 4 DECEMBER - ServingDate: 12/20/2018</b>								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00
Salsa - NJR1315 (1/8 c.)	0	10.00	0.00	0.00	0.00	230.00	3.00	0.00
<b>BASD Elem Lunch 2018-2019 Week 3 Day 5 DECEMBER - ServingDate: 12/21/2018</b>								
Chicken Nuggets - NJR1189 (5 ea.)	0	260.00	15.00	2.50	0.00	400.00	16.00	16.00
French Bread Cheese Pizza - NJR1103 (1 slice)	0	290.00	11.00	4.00	0.00	440.00	33.00	17.00
Peanut Butter and Jelly Sandwich - NJR1653 (1 sandwich)	0	590.00	34.00	6.00	0.00	620.00	57.00	18.00
Pretzel Bag - NJR1041 (1 ea.)	0	330.00	8.00	4.50	0.00	430.00	49.00	16.00
Whole Grain Dinner Roll - NJR1091 (1 roll.)	0	80.00	1.00	0.00	0.00	130.00	16.00	3.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Spinach Side Salad - NJR1020 (1 c.)	0	19.69	0.31	0.05	0.00	56.73	3.33	2.19
Vegetarian Baked Beans - NJR1823 (1/2 c.)	0	110.00	1.00	0.00	0.00	140.00	20.00	7.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

# Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL  
 Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>BASD Elem Lunch 2018-2019 Week 3 Day 5 DECEMBER - ServingDate: 12/21/2018</b>								
Chocolate Fat Free Milk - NJR1695 (1 Half Pint)	0	120.00	0.00	0.00	0.00	180.00	20.00	8.00
Tru Moo Milk, Strawberry, Fat Free - NJR2112 (1 Half Pint)	0	110.00	0.00	0.00	0.00	125.00	19.00	8.00

**Legend**  
 (M) - Missing Nutrient Values

**Report Selections**  
 Meal Type: Lunch  
 Site Group: The Clubhouse  
 Menu Line: CH-Main Event  
 Serving Group: K-5  
 Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.