

## Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL

Date: 12/01/2018 - 12/31/2018

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Elem Bfast In Classroom Week 1 Day 1 - ServingDate: 12/03/2018</b>								
Apple Cinnamon Cheerios Cereal Bar - SR1596 (1 Bar)	0	150.00	3.50	0.00	0.00	95.00	30.00	2.00
Fruity Cheerios Cereal Bar - SR1181 (1 Bar)	0	150.00	3.50	0.50	0.00	95.00	29.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	0.00	115.00	30.00	2.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.00	0.00	100.00	30.00	3.00
Golden Grahams Cereal Bar - SR1597 (1 Bar)	0	150.00	3.00	0.00	0.00	110.00	30.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.50	0.50	0.00	100.00	30.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 1 Day 2 - ServingDate: 12/04/2018</b>								
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Elem Bfast In Classroom Week 1 Day 2 - ServingDate: 12/04/2018</b>								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 1 Day 3 - ServingDate: 12/05/2018</b>								
Froot Loops Cereal - NJR1537 (1 pouch)	0	110.00	1.00	0.50	0.00	170.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 1 Day 4 . - ServingDate: 12/06/2018</b>								
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Rice Krispies Apple Cinnamon Granola Bar - NJR1451 (1 Bar)	0	140.00	3.00	0.50	0.00	105.00	27.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Elem Bfast In Classroom Week 1 Day 4 . - ServingDate: 12/06/2018</b>								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 1 - Day 5 . - ServingDate: 12/07/2018</b>								
Vanilla Danimals Yogurt - NJR1471 (1 4 oz conta)	0	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Cinnamon Elf Graham Crackers - NJR1822 (1 Bag)	0	120.00	4.00	1.00	0.00	105.00	21.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 2 Day 1 . - ServingDate: 12/10/2018</b>								
Apple Cinnamon Nutrigrain Breakfast Bar - SR1352 (1 Bar)	0	160.00	4.00	0.50	0.00	130.00	30.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Elem Bfast In Classroom Week 2 Day 1 - ServingDate: 12/10/2018</b>								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 2 Day 2 - ServingDate: 12/11/2018</b>								
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 2 Day 3 - ServingDate: 12/12/2018</b>								
French Toast - NJR1577 (1 pkg.)	0	210.00	6.00	2.00	0.00	220.00	37.00	4.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00

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<b>Elem Bfast In Classroom Week 2 Day 3 - ServingDate: 12/12/2018</b>								
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 2 Day 4 . - ServingDate: 12/13/2018</b>								
Strawberry Danimals Crush Cup Yogurt - NJR1463 (1 4 oz conta)	0	110.00	1.50	1.00	0.00	80.00	19.00	5.00
Scooby Doo Graham Sticks - NJR1787 (1 Bag)	0	120.00	3.50	1.00	0.00	115.00	21.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom 2018- 2019 Week 2 Day 5 - ServingDate: 12/14/2018</b>								
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Lucky Charms Cereal Pouch - NJR1916 (1 pouch)	0	110.00	1.00	0.00	0.00	180.00	23.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Elem Bfast In Classroom 2018-2019 Week 2 Day 5 - ServingDate: 12/14/2018</b>								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom 2018-2019 Week 3 Day 1 - ServingDate: 12/17/2018</b>								
Cinnamon Toast Crunch Cereal Pouch - NJR1934 (1 pouch)	0	110.00	3.00	0.50	0.00	160.00	22.00	1.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 3 Day 2 - ServingDate: 12/18/2018</b>								
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Muffins - NJR1154 (1 muffin)	0	192.50	6.00	2.00	0.00	130.00	30.50	3.25
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00

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<b>Elem Bfast In Classroom Week 3 Day 2 - ServingDate: 12/18/2018</b>								
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 3 Day 3 . - ServingDate: 12/19/2018</b>								
Vanilla Danimals Yogurt - NJR1471 (1 4 oz conta)	0	80.00	0.00	0.00	0.00	60.00	16.00	4.00
Cinnamon Elf Graham Crackers - NJR1822 (1 Bag)	0	120.00	4.00	1.00	0.00	105.00	21.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 3 Day 4 . - ServingDate: 12/20/2018</b>								
Strawberry Nutrigrain Breakfast Bar - SR1353 (1 Bar)	0	160.00	4.00	0.50	0.00	150.00	29.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>Elem Bfast In Classroom Week 3 Day 4 . - ServingDate: 12/20/2018</b>								
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>Elem Bfast In Classroom Week 3 Day 5 . - ServingDate: 12/21/2018</b>								
Apple Cinnamon Cheerios Cereal Bar - SR1596 (1 Bar)	0	150.00	3.50	0.00	0.00	95.00	30.00	2.00
Fruity Cheerios Cereal Bar - SR1181 (1 Bar)	0	150.00	3.50	0.50	0.00	95.00	29.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	0	150.00	3.50	0.00	0.00	115.00	30.00	2.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	0	150.00	3.00	0.00	0.00	100.00	30.00	3.00
Golden Grahams Cereal Bar - SR1597 (1 Bar)	0	150.00	3.00	0.00	0.00	110.00	30.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	0	150.00	3.50	0.50	0.00	100.00	30.00	2.00
Graham Crackers - SR1163 (1 pkg.)	0	90.00	2.50	0.00	0.00	100.00	16.00	2.00
Assorted Fruit Cups - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Assorted Fresh Fruit - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Assorted Fruit Juice - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	3.33	15.67	0.00
Chocolate Fat Free Milk - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
Fat Free White Milk - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
1% White Milk - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

**Legend**

(M) - Missing Nutrient Values



# Menu Calendar Nutrient Analysis Report - December, 2018

Site: ALL  
Date: 12/01/2018 - 12/31/2018

## **Report Selections**

Meal Type: Breakfast  
Site Group: The Clubhouse  
Menu Line: BRKFST-Classroom Café  
Serving Group: K-5  
Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.