

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|----------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 5 Thursday - ServingDate: 01/03/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 5 Friday - ServingDate: 01/04/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Pop Tarts - NJR1575 (1 ea.) | 0 | 186.67 | 2.83 | 1.00 | 0.00 | 196.67 | 38.00 | 2.33 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 1 Monday - ServingDate: 01/07/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Chocolate Chip Oatmeal Bar - NJR1754 (1 Bar) | 0 | 150.00 | 4.50 | 1.00 | 0.00 | 105.00 | 24.00 | 2.00 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 1 Tuesday - ServingDate: 01/08/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|----------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 1 Wednesday - ServingDate: 01/09/2019 | | | | | | | | |
| Soft Wheat Bagel - SR1168 (1 bagel) | 0 | 180.00 | 1.00 | 0.00 | 0.00 | 200.00 | 35.00 | 7.00 |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Cream Cheese Cup - SR1169 (3/4 oz.) | 0 | 44.54 | 3.55 | 2.25 | 0.13 | 80.37 | 1.71 | 1.57 |
| Elem Bfast in Cafeteria - Week 1 Thursday - ServingDate: 01/10/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 1 Friday - ServingDate: 01/11/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Muffins - NJR1154 (1 muffin) | 0 | 192.50 | 6.00 | 2.00 | 0.00 | 130.00 | 30.50 | 3.25 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 2 Monday . - ServingDate: 01/14/2019 | | | | | | | | |
| Strawberry Danimals Crush Cup Yogurt - NJR1463 (1 4 oz conta) | 0 | 70.00 | 0.00 | 0.00 | 0.00 | 60.00 | 14.00 | 4.00 |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Scooby Doo Graham Sticks - NJR1787 (1 Bag) | 0 | 120.00 | 3.50 | 1.00 | 0.00 | 115.00 | 21.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 2 Monday . - ServingDate: 01/14/2019 | | | | | | | | |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 2 Tuesday - ServingDate: 01/15/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 2 Wednesday .. - ServingDate: 01/16/2019 | | | | | | | | |
| Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar) | 0 | 150.00 | 3.50 | 0.00 | 0.00 | 115.00 | 30.00 | 2.00 |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 2 Wednesday .. - ServingDate: 01/16/2019 | | | | | | | | |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 2 Thursday - ServingDate: 01/17/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 2 Friday - ServingDate: 01/18/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Muffins - NJR1154 (1 muffin) | 0 | 192.50 | 6.00 | 2.00 | 0.00 | 130.00 | 30.50 | 3.25 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 2 Friday - ServingDate: 01/18/2019 | | | | | | | | |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 3 Tuesday - ServingDate: 01/22/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 3 Wednesday . - ServingDate: 01/23/2019 | | | | | | | | |
| Vanilla Danimals Yogurt - NJR1471 (1 4 oz conta) | 0 | 80.00 | 0.00 | 0.00 | 0.00 | 60.00 | 16.00 | 4.00 |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 3 Wednesday - ServingDate: 01/23/2019 | | | | | | | | |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Cinnamon Elf Graham Crackers - NJR1822 (1 Bag) | 0 | 120.00 | 4.00 | 1.00 | 0.00 | 105.00 | 21.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 3 Thursday - ServingDate: 01/24/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|--|----------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 3 Friday - ServingDate: 01/25/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Muffins - NJR1154 (1 muffin) | 0 | 192.50 | 6.00 | 2.00 | 0.00 | 130.00 | 30.50 | 3.25 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 4 Monday . - ServingDate: 01/28/2019 | | | | | | | | |
| Strawberry Danimals Crush Cup Yogurt - NJR1463 (1 4 oz conta) | 0 | 70.00 | 0.00 | 0.00 | 0.00 | 60.00 | 14.00 | 4.00 |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Scooby Doo Graham Sticks - NJR1787 (1 Bag) | 0 | 120.00 | 3.50 | 1.00 | 0.00 | 115.00 | 21.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 4 Monday - ServingDate: 01/28/2019 | | | | | | | | |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 4 Tuesday - ServingDate: 01/29/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Elem Bfast in Cafeteria - Week 4 Wednesday - ServingDate: 01/30/2019 | | | | | | | | |
| Soft Wheat Bagel - SR1168 (1 bagel) | 0 | 180.00 | 1.00 | 0.00 | 0.00 | 200.00 | 35.00 | 7.00 |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL

Date: 01/01/2019 - 01/31/2019

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Fat (g) | Sfat (g) | TFat (g) | Na (mg) | Carb (g) | Pro (g) |
|---|-------------|--------------------|---------|----------|-------------|------------|-------------|---------|
| Elem Bfast in Cafeteria - Week 4 Wednesday - ServingDate: 01/30/2019 | | | | | | | | |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |
| Cream Cheese Cup - SR1169 (3/4 oz.) | 0 | 44.54 | 3.55 | 2.25 | 0.13 | 80.37 | 1.71 | 1.57 |
| Elem Bfast in Cafeteria - Week 4 Thursday - ServingDate: 01/31/2019 | | | | | | | | |
| Assorted Cereal - NJR1110 (1 bowl) | 0 | 105.71 | 1.36 | 0.21 | 0.00 | 158.57 | 23.29 | 1.71 |
| Original Graham Crackers - SR1163 (1 pkg.) | 0 | 90.00 | 2.50 | 0.00 | 0.00 | 100.00 | 17.00 | 2.00 |
| Assorted Fruit Cups - NJR1160 (1/2 c.) | 0 | 53.94 | 0.04 | 0.00 | 0.00 | 4.62 | 14.01 | 0.55 |
| Assorted Fresh Fruit - NJR1069 (1 ea.) | 0 | 73.04 | 0.24 | 0.06 | 0.00 | 0.73 | 18.76 | 0.93 |
| Assorted Fruit Juice - NJR1071 (4 fl oz cup) | 0 | 66.67 | 0.00 | 0.00 | 0.00 | 3.33 | 15.67 | 0.00 |
| Chocolate Fat Free Milk - NJR1312 (1 Half Pint) | 0 | 130.00 | 0.00 | 0.00 | 0.00 | 220.00 | 23.00 | 8.00 |
| Fat Free White Milk - NJR1314 (1 Half Pint) | 0 | 90.00 | 0.00 | 0.00 | 0.00 | 150.00 | 13.00 | 8.00 |
| 1% White Milk - NJR1313 (1 Half Pint) | 0 | 110.00 | 2.50 | 1.50 | 0.00 | 130.00 | 13.00 | 8.00 |

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast

Site Group: The Clubhouse

Menu Line: BRKFST-Café Classics

Serving Group: K-5

Nutrients Option: Expanded

Menu Calendar Nutrient Analysis Report - January, 2019

Site: ALL
Date: 01/01/2019 - 01/31/2019

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.