

Menu Calendar Nutrient Analysis Report - November, 2020

Generated on: 10/27/2020 1:49:50 PM by Stephanie Gamboa

Site: ALAN SHAWN FEINSTEIN BROAD

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 1 Ham & Cheese Sandwich w/ Lettuce alt Chef Salad w/ Dinner Roll - ServingDate: 11/02/2020								
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 3 BLT Turkey Sandwich - ServingDate: 11/04/2020								
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60

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Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 3 BLT Turkey Sandwich - ServingDate: 11/04/2020								
Turkey Bacon Club Sub Sandwich - SR1092 (1 sandwich)	0	363.33	17.00	6.67	0.00	773.33	32.00	23.67
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Honeydew Melon Cubes - SR1365 (1/2 c.)	0	57.60	0.22	0.06	0.00	28.80	14.54	0.86
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.04	0.01	0.00	1.12	0.87	0.20
Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 4 Buffalo Chicken Sub - ServingDate: 11/05/2020								
Buffalo Chicken Sub - PVR1309 (1 roll.)	0	431.17	18.50	4.85	0.00	997.37	43.04	23.14
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 4 Buffalo Chicken Sub - ServingDate: 11/05/2020								
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 5 Cheese Or Pepperoni Pizza - ServingDate: 11/06/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Diced Peaches - SR1196 (1/2 c.)	0	57.95	0.04	0.00	0.00	5.27	15.24	0.83
Roasted Broccoli - SR1852 (1/2 c.)	0	65.49	4.49	0.33	0.00	72.06	5.40	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence November K-12 Cold Lunch 4 week cycle Week 1 Day 5 Cheese Or Pepperoni Pizza - ServingDate: 11/06/2020								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Providence November K-12 Cold Lunch 4 week cycle Week 2 Day 1 Turkey & Cheese Sandwich w/ lettuce - ServingDate: 11/09/2020								
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Green Bell Pepper Strips - SR1658 (1/4 c.)	0	4.93	0.04	0.01	0.00	0.74	1.14	0.21
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16

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Providence November K-12 Cold Lunch 4 week cycle Week 2 Day 2 Italian sub - ServingDate: 11/10/2020								
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Italian Sub - PVR1068 (1 sandwich)	0	365.28	17.64	6.88	0.00	1129.53	30.51	20.27
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Pineapple Tidbits - SR1495 (1/2 c.)	0	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Providence November K-12 Cold Lunch 4 week cycle Week 2 Day 4 Crispy Chicken Sandwich w/ lettuce - ServingDate: 11/12/2020								
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Crispy Chicken Sub - PVR1312 (1 roll.)	0	378.69	13.54	4.03	0.00	708.15	38.13	24.25
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94

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Providence November K-12 Cold Lunch 4 week cycle Week 2 Day 4 Crispy Chicken Sandwich w/ lettuce - ServingDate: 11/12/2020								
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence November K-12 Cold Lunch 4 week cycle Week 2 Day 5 Cheese or Pepperoni Pizza - ServingDate: 11/13/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Chef Salad, Small - PVR1076 (1 salad)	0	143.11	8.54	3.74	0.00	268.67	4.42	11.99
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Mandarin Oranges - SR1557 (1/2 c.)	0	54.99	0.00	0.00	0.00	0.00	13.75	0.00
Roasted Broccoli - SR1852 (1/2 c.)	0	65.49	4.49	0.33	0.00	72.06	5.40	3.00

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Providence November K-12 Cold Lunch 4 week cycle Week 2 Day 5 Cheese or Pepperoni Pizza - ServingDate: 11/13/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 1 Ham & Cheese Sandwich w/ Lettuce - ServingDate: 11/16/2020								
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 1 Ham & Cheese Sandwich w/ Lettuce - ServingDate: 11/16/2020								
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 2 Asian Chicken Sub - ServingDate: 11/17/2020								
Asian Chicken Sub, Sandwich - PVR1311 (1 roll.)	0	357.51	6.86	2.42	0.00	1019.84	49.56	21.71
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Green Bell Pepper Strips - SR1658 (1/4 c.)	0	4.93	0.04	0.01	0.00	0.74	1.14	0.21
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00

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Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 3 BLT Turkey Sandwich - ServingDate: 11/18/2020								
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey Bacon Club Sub Sandwich - SR1092 (1 sandwich)	0	363.33	17.00	6.67	0.00	773.33	32.00	23.67
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Honeydew Melon Cubes - SR1365 (1/2 c.)	0	57.60	0.22	0.06	0.00	28.80	14.54	0.86
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.04	0.01	0.00	1.12	0.87	0.20
Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 4 Buffalo Chicken Sub - ServingDate: 11/19/2020								
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Buffalo Chicken Sub - PVR1309 (1 roll.)	0	431.17	18.50	4.85	0.00	997.37	43.04	23.14

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Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 4 Buffalo Chicken Sub - ServingDate: 11/19/2020								
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Banana - SR1166 (1 medium (7"))	0	105.02	0.39	0.13	0.00	1.18	26.95	1.29
Zucchini Coins - SR2017 (1/2 c.)	0	11.09	0.21	0.05	0.00	5.22	2.03	0.79
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 5 Cheese & Pepperoni Pizza - ServingDate: 11/20/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Roasted Broccoli - SR1852 (1/2 c.)	0	65.49	4.49	0.33	0.00	72.06	5.40	3.00

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Providence November K-12 Cold Lunch 4 week cycle Week 3 Day 5 Cheese & Pepperoni Pizza - ServingDate: 11/20/2020								
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Providence November K-12 Cold Lunch 4 week cycle Week 4 Day 1 Turkey & Cheese Sandwich w/ lettuce - ServingDate: 11/23/2020								
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Celery Sticks - SR1014 (6 stick.)	0	10.34	0.11	0.03	0.00	51.71	1.92	0.45
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	0	65.00	7.00	1.25	0.00	105.00	0.50	0.50

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALAN SHAWN FEINSTEIN BROAD

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence November K-12 Cold Lunch 4 week cycle Week 4 Day 1 Turkey & Cheese Sandwich w/ lettuce - ServingDate: 11/23/2020								
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence November K-12 Cold Lunch 4 week cycle Week 4 Day 2 Italian Sub - ServingDate: 11/24/2020								
Chicken Caesar Salad, Small - PVR1073 (1 salad)	0	140.41	5.31	1.44	0.00	274.19	7.82	15.13
Italian Sub - PVR1068 (1 sandwich)	0	365.28	17.64	6.88	0.00	1129.53	30.51	20.27
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Mixed Fruit Cocktail - SR1037 (1/2 c.)	0	49.99	0.01	0.00	0.00	4.35	12.89	0.50
Cherry Tomatoes - PVR1077 (1/2 c.)	0	13.41	0.15	0.02	0.00	3.73	2.90	0.66
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	0	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00

Legend

(M) - Missing Nutrient Values

Menu Calendar Nutrient Analysis Report - November, 2020

Generated on: 10/27/2020 1:49:50 PM by Stephanie Gamboa

Site: ALAN SHAWN FEINSTEIN BROAD

Date: 11/01/2020 - 11/30/2020

Report Selections

Meal Type: Lunch

Site Group: The Clubhouse

Menu Line: CH-Main Event (II-Play)

Serving Group: All Ages

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.