

**Clovis,
Sterling, and
Eastmont Junior High**

November 2019



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EVERYDAY CHOICES

Chicken Caesar Salad, Chef Salad,
Sunbutter and Jelly Sandwich
Rotating Special Salad and Sandwich

Built to Order Subs on a Variety of Freshly Baked Rolls. Featuring Deli Sliced Turkey, Turkey Ham, Cheeses, and fresh vegetable toppings. Includes a trip through the Thrive Garden Bar.

	All meals include a trip through our Thrive Garden Bar & Low Fat or Fat Free Milk				11/1 Parent Conferences No School
11/4 Veggie Chili Cheese Tots & Rolls	11/5 General Tso's Chicken w/ Rice, Broccoli, And Carrots	11/6 Chicken & Waffles	11/7 Herb Roasted Chicken, Cheesy Mashed Potatoes & Biscuit	11/8 Spaghetti & Meat Sauce Side Caesar Salad	
11/11 Veteran's Day Holiday No School	11/12 Orange Chicken w/ Rice	11/13 Spicy Chicken Sandwich & Tater Tots	11/14 Popcorn Chicken Potato Bowl, Corn, Gravy, Roll	11/15 Meatball Sub Sandwich & Crinkle Cut Fries	
11/18 Toasted Cheese Sandwich Tomato Soup	11/19 Teriyaki Chicken w/ Rice & Sesame Carrots	11/20 Chicken Posole w/ Chef's Toppings & Tortilla Chips	11/21 Carnitas Tacos Refried Beans	11/22 Turkey Gravy, Mashed Potato, Rolls Cranberry Apple Crisp	
11/25 Macaroni & Cheese w/ Buffalo Chicken	11/26 Sweet & Sour Chicken w/ Rice	11/27 No School Thanksgiving Holiday	11/28 No School Thanksgiving Holiday	11/29 No School Thanksgiving Holiday	



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A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety
Locally Grown items are offered whenever seasonally available
Low Fat or Fat Free Milk included with all meals



Built the way you like it - South of the Border Bar

Featuring taco meat, refried beans, shredded Cheddar cheese, & nacho cheese.

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All meals include a trip through the Thrive Garden Bar



EVERYDAY CHOICES

Hamburger, Cheeseburger,
or Chicken Burger

All sandwiches served on WW buns, with oven baked fries or tater tots, & a trip through the Thrive Garden Bar.



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EVERYDAY CHOICES

Pepperoni Pizza, Cheese Pizza, Daily Special

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.
All meals include a trip through the Thrive Garden Bar.

Meal Prices - Student Full Price K-7: Breakfast \$1.50, Lunch \$2.75
Student Full Price Grades 8-12: Breakfast \$1.75, Lunch \$3.00
Student Reduced Price: Breakfast – No Charge; K-3: Lunch No Charge; Grades 4-12 Lunch \$0.40
Milk Only \$.35 Adult: Breakfast \$2.25, Lunch \$4.00

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Vegetarian

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

