

**Providence Schools  
K-12 SFSP Breakfast Menu  
November 2020**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Frosted Flakes Cereal Craisins 100% Fruit Juice 1% Milk	<b>2</b> Apple Muffin or Frosted Mini Wheats  Applesauce Cup 100% Fruit Juice 1% Milk	<b>3</b> Guava Flip Bar or Cheerios Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>4</b> Banana Bread or Rice Krispies Cereal  Fresh Orange 100% Fruit Juice 1% Milk	<b>5</b> Maple Mini Waffles or Raisin Bran Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>6</b> Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	<b>7</b> Corn Muffin Raisins 100% Fruit Juice 1% Milk
<b>8</b> Cinnamon Roll Craisins 100% Fruit Juice 1% Milk	<b>9</b> Strawberry NutriGrain Bar or Frosted Mini Wheats  Applesauce Cup 100% Fruit Juice % Milk	<b>10</b> Confetti Muffin or Cheerios Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>11</b> Strawberry Cheerios Cereal Bar or Rice Krispies Cereal  Fresh Apple 100% Fruit Juice 1% Milk	<b>12</b> Chocolate Chip French Toast or Raisin Bran Cereal String Cheese 100% Fruit Juice 1% Milk	<b>13</b> Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	<b>14</b> Blueberry Muffin Raisins 100% Fruit Juice 1% Milk
<b>15</b> Frosted Flakes Cereal Craisins 100% Fruit Juice 1% Milk	<b>16</b> Apple Muffin or Frosted Mini Wheats  Applesauce Cup 100% Fruit Juice 1% Milk	<b>17</b> Bagel w/ Cream Cheese or Cheerios Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>18</b> Mini Blueberry Pancakes or Rice Krispies Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>19</b> Strawberry Cheerios Cereal Bar or Raisin Bran Cereal  Fresh Orange 100% Fruit Juice 1% Milk	<b>20</b> Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	<b>21</b> Corn Muffin Raisins 100% Fruit Juice 1% Milk
<b>22</b> Cinnamon Roll Craisins 100% Fruit Juice 1% Milk	<b>23</b> Blueberry Muffin or Frosted Mini Wheats  Applesauce Cup 100% Fruit Juice % Milk	<b>24</b> Strawberry Mini Bagel or Cheerios Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>25</b> Cinnamon Chip Muffin or Rice Krispies Cereal  Fresh Apple 100% Fruit Juice 1% Milk	<b>26</b> Pineapple Mango Breakfast Bar or Raisin Bran Cereal String Cheese 100% Fruit Juice 1% Milk	<b>27</b> Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	<b>28</b> Blueberry Muffin Raisins 100% Fruit Juice 1% Milk
<b>29</b> Frosted Flakes Cereal Craisins 100% Fruit Juice 1% Milk	<b>30</b> Apple Muffin or Frosted Mini Wheats  Applesauce Cup 100% Fruit Juice 1% Milk	<b>1</b> Guava Flip Bar or Cheerios Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>2</b> Banana Bread or Rice Krispies Cereal  Fresh Orange 100% Fruit Juice 1% Milk	<b>3</b> Maple Mini Waffles or Raisin Bran Cereal  String Cheese 100% Fruit Juice 1% Milk	<b>4</b> Vanilla Yogurt w/ Jeff's Granola or Frosted Flakes Cereal Peach Cup 100% Fruit Juice 1% Milk	<b>5</b> Corn Muffin Raisins 100% Fruit Juice 1% Milk