

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 1 Popcorn Chicken Bowl w/ Dinner Roll - ServingDate: 11/02/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Chef Salad, Large - PVR1075 (1 salad)	0	155.97	8.57	3.74	0.00	281.34	6.93	12.93
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Popcorn Chicken Bowl - PVR1025 (1 ea.)	0	771.17	24.67	8.28	0.00	1198.91	110.32	26.89
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 3 French Toast w/ Turkey Sausage & Syrup - ServingDate: 11/04/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Chef Salad, Large - PVR1075 (1 salad)	0	155.97	8.57	3.74	0.00	281.34	6.93	12.93
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Turkey Bacon Club Sub Sandwich - SR1092 (1 sandwich)	0	363.33	17.00	6.67	0.00	773.33	32.00	23.67
Turkey Sausage Link - SR2539 (2 link)	0	120.00	8.00	2.00	0.00	180.00	0.00	12.00
French Toast Sticks - SR2164 (4 stick.)	0	285.28	13.31	2.38	0.00	370.86	36.13	4.75
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Home Fries - PVR1189 (1/2 c.)	0	112.41	9.21	1.05	0.00	454.54	18.31	4.97
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Breakfast Syrup Cup - SR2498 (1 Container)	0	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 3 French Toast w/ Turkey Sausage & Syrup - ServingDate: 11/04/2020								
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.04	0.01	0.00	1.12	0.87	0.20
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 4 Sazon Roasted Pork w/ Rice & Beans - ServingDate: 11/05/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Buffalo Chicken Sub - PVR1309 (1 roll.)	0	431.17	18.50	4.85	0.00	997.37	43.04	23.14
Chef Salad, Large - PVR1075 (1 salad)	0	155.97	8.57	3.74	0.00	281.34	6.93	12.93
Chicke Patty Sandwich - PVR1092 (1 sandwich)	0	400.00	16.00	2.50	0.00	720.00	44.00	21.00
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Spanish Pork - PVR1051 (3 oz.)	0	171.34	4.56	0.10	0.00	77.50	1.02	26.88
Steam Rice and Beans - PVR1124 (1/2 c.)	0	387.98	3.00	0.00	0.00	59.44	81.16	10.62
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Baby Carrots - SR1016 (1/2 c.)	0	25.40	0.09	0.02	0.00	56.61	5.98	0.46
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 4 Sazon Roasted Pork w/ Rice & Beans - ServingDate: 11/05/2020								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Barbecue Sauce - SR2541 (1 packet)	0	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 5 Chicken Alfredo Pasta w/ Breadstick - ServingDate: 11/06/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Chef Salad, Large - PVR1075 (1 salad)	0	155.97	8.57	3.74	0.00	281.34	6.93	12.93
Classic Chicken Alfredo Macaroni - SR2522 (1 c.)	0	312.36	10.30	4.86	0.00	784.89	37.06	18.75
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 5 Chicken Alfredo Pasta w/ Breadstick - ServingDate: 11/06/2020								
Roasted Broccoli - SR1852 (1/2 c.)	0	65.49	4.49	0.33	0.00	72.06	5.40	3.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 1 Chicken Nuggets w/ Dinner Roll - ServingDate: 11/09/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Golden Chicken Nuggets - SR1031 (5 nugget)	0	213.17	10.03	1.88	0.00	426.33	12.54	17.55
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 1 Chicken Nuggets w/ Dinner Roll - ServingDate: 11/09/2020								
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Oven Fired Flatbread - SR1534 (1 piece)	0	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Pineapple Tidbits - SR1495 (1/2 c.)	0	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Sweet Potato Fries - SR2043 (1/2 c.)	0	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 2 Shepperd's Pie w/ dinner roll - ServingDate: 11/10/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 2 Shepperd's Pie w/ dinner roll - ServingDate: 11/10/2020								
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Chicke Patty Sandwich - PVR1092 (1 sandwich)	0	400.00	16.00	2.50	0.00	720.00	44.00	21.00
Italian Sub - PVR1068 (1 sandwich)	0	365.28	17.64	6.88	0.00	1129.53	30.51	20.27
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Shepherd's Pie - PVR1036 (8 oz.)	0	179.96	9.74	3.23	1.49	335.24	10.35	11.96
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Oven Fired Flatbread - SR1534 (1 piece)	0	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Whipped Potatoes - SR1112 (1/2 c.)	0	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Barbecue Sauce - SR2541 (1 packet)	0	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 4 Roast Turkey w/ gravy and Dinner Roll - ServingDate: 11/12/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 4 Roast Turkey w/ gravy and Dinner Roll - ServingDate: 11/12/2020								
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Chicke Patty Sandwich - PVR1092 (1 sandwich)	0	400.00	16.00	2.50	0.00	720.00	44.00	21.00
Crispy Chicken Sub - PVR1312 (1 roll.)	0	378.69	13.54	4.03	0.00	708.15	38.13	24.25
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Oven Fired Flatbread - SR1534 (1 piece)	0	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Mashed Butternut Squash - PVR1170 (1/2 c.)	0	100.80	7.52	1.87	0.00	433.29	17.76	5.10
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Barbecue Sauce - SR2541 (1 packet)	0	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Brown Gravy - SR1113 (1 fl. oz.)	0	14.77	0.29	0.00	0.00	77.67	2.36	0.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 5 General Tso's Chicken w/ Fried Rice - ServingDate: 11/13/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
BLT Chicken Salad - PVR1303 (1 salad)	0	433.97	26.21	8.74	0.00	847.16	20.97	27.68
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
General Tso Chicken and Rice - PVR1024 (12 piece)	0	413.52	17.14	3.30	0.00	997.00	43.66	18.46
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Fried Rice, oven, white rice, scrambled eggs, soy sauce, onions, carrots, peas - SR2174 (2/3 c.)	0	171.41	1.44	0.23	0.00	314.31	35.15	5.54
Oven Fired Flatbread - SR1534 (1 piece)	0	180.00	5.00	1.00	0.00	330.00	28.00	6.00
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Fresh Broccoli Florets - SR1027 (1/2 c.)	0	10.84	0.12	0.01	0.00	10.53	2.12	0.90
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00

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Providence 6- 12 Café November 4 Week Lunch Cycle Week 2 Day 5 General Tso's Chicken w/ Fried Rice - ServingDate: 11/13/2020								
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 1 Popcorn Chicken Bowl - ServingDate: 11/16/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Antipasto Salad , USDA Turkey Ham , Mozzarella , Black Olives - PVR1302 (1 salad)	0	156.61	7.88	4.25	0.00	656.95	7.72	16.73
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Popcorn Chicken Bowl - PVR1025 (1 ea.)	0	771.17	24.67	8.28	0.00	1198.91	110.32	26.89
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Whipped Potatoes - SR1112 (1/2 c.)	0	79.98	1.50	1.00	0.00	102.63	15.00	2.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 1 Popcorn Chicken Bowl - ServingDate: 11/16/2020								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 2 Beef Nachos w/ Cheese & Salsa - ServingDate: 11/17/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Antipasto Salad , USDA Turkey Ham , Mozzarella , Black Olives - PVR1302 (1 salad)	0	156.61	7.88	4.25	0.00	656.95	7.72	16.73
Asian Chicken Sub, Sandwich - PVR1311 (1 roll.)	0	357.51	6.86	2.42	0.00	1019.84	49.56	21.71
Chicke Patty Sandwich - PVR1092 (1 sandwich)	0	400.00	16.00	2.50	0.00	720.00	44.00	21.00
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Beef & Cheese Nachos - SR2680 (1 nacho)	0	367.27	19.14	7.14	0.00	774.27	32.71	16.51
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 2 Beef Nachos w/ Cheese & Salsa - ServingDate: 11/17/2020								
Unsweetened Applesauce - SR1195 (1/2 c.)	0	53.58	0.13	0.01	0.00	2.55	14.38	0.22
Chilled Peas - SR2483 (1/2 c.)	0	66.34	0.23	0.04	0.00	61.23	12.13	4.38
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Barbecue Sauce - SR2541 (1 packet)	0	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Salsa Verde - SR1282 (2 tbsp.)	0	15.95	0.97	0.12	0.00	265.77	1.99	0.35
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 3 Macaroni & Cheese w/ Breadstick - ServingDate: 11/18/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Antipasto Salad , USDA Turkey Ham , Mozzarella , Black Olives - PVR1302 (1 salad)	0	156.61	7.88	4.25	0.00	656.95	7.72	16.73
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Macaroni & Cheese - SR2911 (1 pkg.)	0	423.00	21.00	11.90	0.00	1039.00	37.00	20.00
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 3 Macaroni & Cheese w/ Breadstick - ServingDate: 11/18/2020								
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey Bacon Club Sub Sandwich - SR1092 (1 sandwich)	0	363.33	17.00	6.67	0.00	773.33	32.00	23.67
Whole Wheat Breadstick, 2 WG, - PVR1150 (1 breadstick)	0	139.07	0.00	0.00	0.00	278.15	25.68	5.35
Diced Bartlett Pears - SR1194 (1/2 c.)	0	49.27	0.07	0.00	0.00	3.94	12.75	0.34
Sweet Potato Fries - SR2043 (1/2 c.)	0	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Sliced Red Tomatoes - SR1536 (2 tbsp.)	0	4.03	0.04	0.01	0.00	1.12	0.87	0.20

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 4 Sazon Roasted Pork w/ rice & Bean - ServingDate: 11/19/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Antipasto Salad , USDA Turkey Ham , Mozzarella , Black Olives - PVR1302 (1 salad)	0	156.61	7.88	4.25	0.00	656.95	7.72	16.73
Buffalo Chicken Sub - PVR1309 (1 roll.)	0	431.17	18.50	4.85	0.00	997.37	43.04	23.14
Chicke Patty Sandwich - PVR1092 (1 sandwich)	0	400.00	16.00	2.50	0.00	720.00	44.00	21.00
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Spanish Pork - PVR1051 (3 oz.)	0	171.34	4.56	0.10	0.00	77.50	1.02	26.88
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Spanish Rice - PVR1125 (2/3 c.)	0	139.33	2.71	0.01	0.00	244.00	30.88	5.54
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Crispy Whole Apple - SR1161 (1 extra smal)	0	47.79	0.16	0.03	0.00	0.92	12.69	0.24
Roasted Green Beans - SR1021 (1/2 c.)	0	22.18	0.13	0.04	0.00	43.09	5.11	1.18
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Barbecue Sauce - SR2541 (1 packet)	0	15.00	0.00	0.00	0.00	85.00	4.00	0.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 3 Day 5 Chicken Fajita w/ salsa - ServingDate: 11/20/2020								
Antipasto Salad , USDA Turkey Ham , Mozzarella , Black Olives - PVR1302 (1 salad)	0	156.61	7.88	4.25	0.00	656.95	7.72	16.73
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Chicken Fajita - PVR1019 (1 fajita)	0	306.21	11.15	2.69	0.00	789.39	29.10	20.80
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Fresh Oranges - SR1171 (1 small (2-3))	0	45.12	0.12	0.01	0.00	0.00	11.28	0.90
Roasted Broccoli - SR1852 (1/2 c.)	0	65.49	4.49	0.33	0.00	72.06	5.40	3.00
Salsa - SR3045 (1/2 c.)	0	43.33	0.00	0.00	0.00	151.67	8.67	0.00
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 4 Day 1 Chicken Nuggets w/ Dinner Roll - ServingDate: 11/23/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Chicken Caeasr Salad, Large - PVR1074 (1 salad)	0	150.09	5.48	1.46	0.00	278.75	9.15	15.83
Golden Chicken Nuggets - SR1031 (5 nugget)	0	213.17	10.03	1.88	0.00	426.33	12.54	17.55
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1069 (1 sandwich)	0	326.10	13.00	6.00	0.00	819.46	31.00	21.02
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Pineapple Tidbits - SR1495 (1/2 c.)	0	63.20	0.00	0.00	0.00	0.00	16.43	0.00
Sweet Potato Fries - SR2043 (1/2 c.)	0	162.34	7.61	1.01	0.00	213.08	23.34	3.04
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Caesar Salad Dressing, reduced calorie - SR2446 (2 tbsp.)	0	70.00	7.00	1.50	0.00	320.00	2.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Mayonnaise - SR2543 (1 packet)	0	60.00	6.00	1.00	0.00	60.00	1.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 4 Day 1 Chicken Nuggets w/ Dinner Roll - ServingDate: 11/23/2020								
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16
Providence 6- 12 Café November 4 Week Lunch Cycle Week 4 Day 2 Roast Turkey w/ gravy and Dinner Roll - ServingDate: 11/24/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Chicken Caeasr Salad, Large - PVR1074 (1 salad)	0	150.09	5.48	1.46	0.00	278.75	9.15	15.83
Chicke Patty Sandwich - PVR1092 (1 sandwich)	0	400.00	16.00	2.50	0.00	720.00	44.00	21.00
Italian Sub - PVR1068 (1 sandwich)	0	365.28	17.64	6.88	0.00	1129.53	30.51	20.27
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Roasted Butternut Squash - SR1408 (1/2 c.)	0	73.29	0.33	0.01	0.00	31.71	18.56	1.19
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Barbecue Sauce - SR2541 (1 packet)	0	15.00	0.00	0.00	0.00	85.00	4.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 4 Day 2 Roast Turkey w/ gravy and Dinner Roll - ServingDate: 11/24/2020								
Brown Gravy - SR1113 (1 fl. oz.)	0	14.77	0.29	0.00	0.00	77.67	2.36	0.00
Caesar Salad Dressing - SR1551 (1 tbsp.)	0	65.00	7.00	1.25	0.00	105.00	0.50	0.50
Golden Italian Dressing - SR2578 (1 packet)	0	30.00	3.00	0.00	0.00	130.00	0.00	0.00
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 1 Popcorn Chicken Bowl w/ Dinner Roll - ServingDate: 11/30/2020								
Cheese Pizza - SR2081 (1 slice)	0	400.00	16.00	7.00	0.00	440.00	43.00	19.00
Cheeseburger - PVR1137 (1 ea.)	0	395.00	18.50	7.50	0.00	460.00	32.00	21.50
Chef Salad, Large - PVR1075 (1 salad)	0	155.97	8.57	3.74	0.00	281.34	6.93	12.93
Pepperoni Pizza, - SR2076 (1 slice)	0	345.27	15.13	6.47	0.00	435.59	34.40	16.37
Popcorn Chicken Bowl - PVR1025 (1 ea.)	0	771.17	24.67	8.28	0.00	1198.91	110.32	26.89
Sunbutter & Jelly Sandwich - PVR1055 (1 sandwich)	0	570.35	32.43	3.58	0.00	563.61	57.27	18.60
Turkey and Cheese Sandwich - PVR1058 (1 sandwich)	0	340.56	13.52	6.26	0.00	888.94	31.26	23.34
Whole Wheat Dinner Roll - PVR1155 (1 roll.)	0	88.59	0.98	0.00	0.00	167.34	15.75	3.94
Steamed Corn - SR1034 (1/2 c.)	0	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Guida's 1% Lowfat Milk - 8 fl. oz. - PVR1203 (1 Carton)	0	110.00	2.50	1.50	0.00	130.00	13.00	9.00

Menu Calendar Nutrient Analysis Report - November, 2020

Site: ALL

Date: 11/01/2020 - 11/30/2020

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
Providence 6- 12 Café November 4 Week Lunch Cycle Week 1 Day 1 Popcorn Chicken Bowl w/ Dinner Roll - ServingDate: 11/30/2020								
Guida's Fat Free Chocolate Milk - 8 fl. oz. - PVR1204 (1 Carton)	0	140.00	0.00	0.00	0.00	220.00	24.00	9.00
Ranch Dressing - SR2540 (1 packet)	0	50.00	5.00	1.00	0.00	100.00	1.00	0.00
Ketchup - SR2542 (1 packet)	0	10.00	0.00	0.00	0.00	85.00	3.00	0.00
Yellow Mustard PC - SR2517 (1 packet)	0	4.58	0.00	0.00	0.00	77.92	0.92	0.00
Shredded Lettuce - SR1015 (1/4 cup shredd)	0	2.52	0.03	0.00	0.00	1.80	0.54	0.16

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch

Site Group: CrossRoads Café

Menu Line: CRC-Favorites

Serving Group: All Ages

Nutrients Option: Expanded

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.