

Northeast Middle School January 2019



Secondary Lunch Prices:
Full: \$2.85
Reduced: \$0.40

V Indicates Vegetarian Option



Deli & Salad Bar Available Daily **V**

Our Made-to-Order Deli & Salad Bar includes a variety of meats, cheeses, and fresh vegetable choices to build your custom salad or sandwich
****Dinner Roll Offered With All Entrée Salads**

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| | 1 NO SCHOOL | 2 NO SCHOOL | 3 Chicken & Cheese Taqitos w/ Salsa Red Pepper Strips | 4 Grilled Ham & Cheese Pretzel Melt Sandwich Sweet Potato Wedges |
| 7 Quesadilla Bar V (Cheese or Chicken & Cheese) w/ Salsa Steamed Carrots | 8 Buffalo Chicken Bites w/ Pretzel Bites Steamed Corn | 9 Pasta w/ Meat Sauce Served w/ Warm Garlic Breadstick Steamed Green Beans | 10 Nachos Supreme Refried Beans | 11 Cheese Steak Sandwich Carrot Snack Pack |
| 14 Cheesy Stuffed V Breadsticks w/ Marinara Celery Sticks | 15 Breaded Chicken Drumstick w/ Biscuit & Side of Buffalo Dipping Sauce Steamed Corn | 16 Macaroni & Cheese V with Dinner Roll Sweet Red Pepper Strips | 17 Twin Tacos Southwest Black Beans | 18 Sweet & Sour Chicken served over Brown Rice Steamed Carrots |
| 21 NO SCHOOL | 22 Meatball Parm Sub Baked Beans | 23 Baked Ziti with V Warm Garlic Breadstick Steamed Green Beans | 24 Turkey Carnita Bowl w/ Cilantro Lime Rice Citrus Glazed Carrots | 25 Crispy Chicken Bowl with Mashed Potatoes, Corn, Gravy and Dinner Roll |
| 28 V Grilled Cheese Sandwich served w/ Tomato Soup Sweet Red Pepper Strips | 29 Cheesy BBQ Chicken Loaded Tots served w/ Biscuit Southwest Black Beans | 30 Chicken Broccoli Alfredo Mac served w/ Dinner Roll Steamed Green Beans | 31 Chicken Tenders & Mini Maple Waffles w/ Syrup Cherry Tomatoes | |



OFFERED DAILY:

Fresh Garden Side Salad plus Fresh Fruit and Fruit Cup in an inviting variety; Baked French Fries offered Tuesdays & Thursdays; 100% Juice offered daily. LIMIT ONE JUICE. 1% White Milk or Fat Free White, Fat Free Chocolate or Fat Free Strawberry Milk

Locally Grown items are offered whenever seasonally available



Offered Daily:

- *PB & Jelly **V**
Sandwich
- *Fruit & Yogurt
Parfait **V**

Offering a variety of
Premade Sandwiches &
Entrée Salads Daily

All Salads Come w/ WG Roll



EVERYDAY CHOICES

Cheeseburger, Hamburger, Chicken
Patty & Spicy Chicken Patty

Monday: Chicken Tenders w/ Roll

Tuesday: Bacon Cheeseburger

Wednesday: Mozzarella sticks w/ Marinara **V**

Thursday: Chicken Bacon Ranch Sandwich

Friday: Beef Hot Dog



Cheese Pizza **V**
offered Daily

Monday- Sausage Pizza Tuesday- Pepperoni Pizza
Wednesday- Meat Lover's Pizza Thursday- Buffalo Chicken Pizza
Friday- Chicken Bacon Ranch Pizza

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.

A variety of Vegetarian options available daily.

We are proud to offer chicken products that are 100% natural, contain NO artificial ingredients and contain NO antibiotics ever!

USDA is an equal opportunity provider and employer.