



Jefferson Elementary School District

Food & Nutrition Bites Newsletter

August/September 2018

Online Applications

We now have online free & reduced priced breakfast and lunch applications available for the 2018/19 school year! Go to myschoolapps.com to apply today. You can even apply on your smart phone! Remember you need to fill out a new application every year. Paper applications are still available in

our school offices. Your application will automatically be entered in our annual drawing where you could win prizes like a Nintendo Switch!



The Clubhouse

Your cafeteria might look a little different when you walk in this school year. We've updated the look and feel of the serving areas in all elementary schools. This new design was

kid approved so we hope our students will enjoy the new Clubhouse look!



Domino's Pizza Parties

We are starting a new pizza program with Domino's Pizza this year. Once a month we will feature Domino's Smart Slice pizza at every elementary school! This pizza includes:

- Reduced sodium pizza sauce
- Whole grain rich dough

- Reduced fat and sodium pepperoni
- Reduced fat and sodium mozzarella cheese
- We will have both cheese and pepperoni options available. 'Pizza parties' start the week of September 10th. *Note that pepperoni pizza contains beef and pork.



Paperless Menus

Some schools have opted to go 'paperless' for their school menus in an effort to reduce paper. Marjorie H. Tobias, Daniel Webster, Thomas Edison and Franklin D. Roosevelt will

no longer send out monthly paper menus to each student. The menu can be found on the Food Services website at jsd.sodexomyway.com Printed menus will be available in limited supply at school offices.

New Menu Items

We have a couple of new menu items we are featuring this year. The first one on the August and September menu is cheese and chile tamales. This is a tasty **gluten free** product. We anticipate positive feedback from the students. Survey feedback from last school

year indicated families would like to see more ethnic foods served.



Plastic Straws

Due to environmental reasons we are phasing out plastic straws. Paper straws will only be available for the breakfast smoothies on Thursday mornings. The environment thanks you!



Fresh Produce Tastings

We will continue to do monthly tastings of fresh, local and seasonal produce from local family farmers. August and September we will feature a variety of apples. Students will have the opportunity to vote on their preference!



Ketchup Dispensers

We are testing out new ketchup dispensers at Thomas Edison and T. R. Pollicita schools. This will eliminate the need for ketchup packets and reduce waste in our cafeterias. We hope to expand to more schools this year.

