

Sandwiches

	price	cal
Harpur College	\$6.49	730
<i>grilled chicken, mozzarella, lettuce, tomato, pesto mayo, balsamic, focaccia.</i> <i>Contains wheat, milk, soy, eggs.</i>		
The DiMaggio	\$6.99	750
<i>prosciutto, mozzarella, arugula, pesto mayo, ciabatta.</i> <i>Contains wheat, milk, eggs, soy, mustard seed.</i>		
Turkey Cheddar Wrap	\$4.49	670
<i>shaved turkey breast, sharp cheddar cheese, lettuce, tomato, mayo, flour tortilla.</i> <i>Contains wheat, milk, egg.</i>		
Italian Cold Cut Flatbread	\$3.99	1,110
<i>pepperoni, salami, ham, provolone, sun-dried tomato basil spread.</i> <i>Contains wheat, milk, soy, egg.</i>		
PB & J	\$1.99	490
<i>creamy peanut butter and strawberry jelly on Texas Toast.</i> <i>Contains wheat, peanuts.</i>		

Sides & Snacks

Potato Salad	\$1.97	650 cal
Pasta Salad	\$1.97	390 cal
Quinoa Salad	\$1.97	280 cal
<i>quinoa, corn, tomatoes, chipotle pepper, avocado, cilantro, lime juice, green onions</i>		
Yogurt Parfait	\$3.99	260-270 cal
<i>strawberry or blueberry</i>		
Pretzels & Hummus	\$2.59	370 cal
Fruit Cup	\$3.99	60 cal
Chips	\$1.39	
<i>assorted flavors</i>		

Build-Your-Own Salad

without protein \$5.49 | 70-980 cal
with protein \$6.99 | 230-1,140 cal

Step 1 Pick Your Greens

Step 2 Choose Your Toppings

Step 3 Add Protein

Step 4 Pick Your Dressing

extra protein, add \$1.99 | 160 cal
extra toppings, add \$0.99 | 20-720 cal

Dressings:

Italian, lite Italian, Ranch, lite ranch, lite balsamic vinaigrette, Caesar.

Soups of the Day

	cup \$2.99	bowl \$3.99
Tequila Chicken	250 cal	500 cal
Red Pepper Gouda	300 cal	600 cal

Beverages

Soda	\$1.99
SmartWater	\$2.99
Vitamin Water	\$2.29
Minute Maid	\$1.99
Orange Juice	

Sandwiches

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Harpur College	\$6.49	730
<i>grilled chicken, mozzarella, lettuce, tomato, pesto mayo, balsamic, focaccia.</i>		
<i>Contains wheat, milk, soy, eggs.</i>		
The DiMaggio	\$6.99	750
<i>prosciutto, mozzarella, arugula, pesto mayo, ciabatta.</i>		
<i>Contains wheat, milk, eggs, soy, mustard seed.</i>		
Teriyaki Chicken	\$6.49	470
<i>sliced teriyaki chicken, lettuce, red onions, pineapple, ciabatta.</i>		
<i>Contains wheat.</i>		
<i>May contain milk, soy, sesame, tree nuts.</i>		
Prosciutto Mozzarella	\$6.99	570
<i>thinly sliced prosciutto, mozzarella, roasted red peppers, sundried tomatoes, balsamic vinaigrette, ciabatta.</i>		
<i>Contains wheat, milk.</i>		
<i>May contain soy, sesame, tree nuts.</i>		
Balsamic Portobello	\$5.99	690
<i>sautéed Portobello, sliced tomatoes, basil, balsamic vinegar, French baguette.</i>		
<i>Contains wheat. May contain sesame, soy, tree nuts</i>		
Sides & Snacks		
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<i>quinoa, corn, tomatoes, chipotle pepper, avocado, cilantro, lime juice, green onions</i>		
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Dressings:

Italian, lite Italian, Ranch, lite ranch, lite balsamic vinaigrette, Caesar.

Soups of the Day

	cup \$2.99	bowl \$3.99
Loaded Potato	350 cal	700 cal
Vegetable Chili	150 cal	300 cal

Beverages

Soda	\$1.99
SmartWater	\$2.99
Vitamin Water	\$2.29
Minute Maid	\$1.99
Orange Juice	

Sandwiches

- | | <i>price</i> | <i>cal</i> |
|--|---------------|---------------|
| Harpur College | \$6.49 | 730 |
| <i>grilled chicken, mozzarella, lettuce, tomato, pesto mayo, balsamic, focaccia.</i> | | |
| <i>Contains wheat, milk, soy, eggs.</i> | | |
| The DiMaggio | \$6.99 | 750 |
| <i>prosciutto, mozzarella, arugula, pesto mayo, ciabatta.</i> | | |
| <i>Contains wheat, milk, eggs, soy, mustard seed.</i> | | |
| Twisted Turkey Wrap | \$6.49 | 7570 |
| <i>roast turkey, cranberry sauce, zesty Dijon herb aioli, spinach, tomato, flax seed and herb blend,</i> | | |
| <i>whole grain tortilla. Contains wheat, eggs.</i> | | |
| Pastrami Sandwich | \$6.99 | 750 |
| <i>sliced pastrami, swiss cheese, pickle chips, mustard, mayonnaise, pretzel roll.</i> | | |
| <i>Contains wheat, milk, eggs, soy.</i> | | |
| Avocado Caprese | \$5.99 | 650 |
| <i>fresh mozzarella, tomato, avocado pesto, balsamic vinaigrette, ciabatta.</i> | | |
| <i>Contains wheat, milk. May contain soy, sesame, tree nuts.</i> | | |

Sides & Snacks

- | | | |
|---|---------------|----------------------|
| Potato Salad | \$1.97 | 650 cal |
| Pasta Salad | \$1.97 | 390 cal |
| Quinoa Salad | \$1.97 | 280 cal |
| <i>quinoa, corn, tomatoes, chipotle pepper, avocado, cilantro, lime juice, green onions</i> | | |
| Yogurt Parfait | \$3.99 | 260-270 cal |
| <i>strawberry or blueberry</i> | | |
| Pretzels & Hummus | \$2.59 | 370 cal |
| Fruit Cup | \$3.99 | 60 cal |
| Chips | \$1.39 | |
| <i>assorted flavors</i> | | |

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Soups of the Day

	<i>cup</i>	<i>bowl</i>
	\$2.99	 \$3.99
Italian Wedding	120 cal	240 cal
Butternut Squash	160 cal	320 cal

Beverages

- | | |
|----------------------|---------------|
| Soda | \$1.99 |
| SmartWater | \$2.99 |
| Vitamin Water | \$2.29 |
| Minute Maid | \$1.99 |
| Orange Juice | |

Sandwiches

Harpur College *price cal* **\$6.49 | 730**

grilled chicken, mozzarella, lettuce, tomato, pesto mayo, balsamic, focaccia.
Contains wheat, milk, soy, eggs.

The DiMaggio **\$6.99 | 750**

prosciutto, mozzarella, arugula, pesto mayo, ciabatta.
Contains wheat, milk, eggs, soy, mustard seed.

Classic Italian **\$6.99 | 570**

sliced capicola ham, genoa salami, pepperoni, provolone cheese, lettuce, tomatoes, red onions, ciabatta.
Contains wheat, milk.
May contain soy, sesame, tree nuts.

Turkey Cobb Wrap **\$6.99 | 810**

sliced turkey, muenster cheese, bacon, hardboiled egg, spinach, tomatoes, blue cheese, tortilla.
Contains wheat, milk, egg.

Portobello Philly **\$5.99 | 690**

grilled marinated portobello mushrooms, sautéed onions, provolone cheese, garlic-rosemary spread, ciabatta.
Contains wheat, milk, eggs, soy.
May contain sesame, tree nuts.

Sides & Snacks

Potato Salad **\$1.97 | 650 cal**

Pasta Salad **\$1.97 | 390 cal**

Quinoa Salad **\$1.97 | 280 cal**

quinoa, corn, tomatoes, chipotle pepper, avocado, cilantro, lime juice, green onions

Yogurt Parfait **\$3.99 | 260-270 cal**

strawberry or blueberry

Pretzels & Hummus **\$2.59 | 370 cal**

Fruit Cup **\$3.99 | 60 cal**

Chips **\$1.39**

assorted flavors

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Soups of the Day

	<i>cup</i> \$2.99	<i>bowl</i> \$3.99
Beef Chili	190 cal	380 cal
Broccoli Cheese	260 cal	520 cal

Beverages

Soda **\$1.99**

SmartWater **\$2.99**

Vitamin Water **\$2.29**

Minute Maid **\$1.99**

Orange Juice

Sandwiches

Harpur College **\$6.49 | 730**

grilled chicken, mozzarella, lettuce, tomato, pesto mayo, balsamic, focaccia.
Contains wheat, milk, soy, eggs.

The DiMaggio **\$6.99 | 750**

prosciutto, mozzarella, arugula, pesto mayo, ciabatta.
Contains wheat, milk, eggs, soy, mustard seed.

Roast Beef Pita **\$6.99 | 370**

seasoned roast beef, arugula, tomatoes, red onions, mustard, whole wheat pita.
Contains wheat.

Chimichurri Chicken Salad **\$5.99 | 350**

chicken salad blended with Greek yogurt, tarragon, parsley, lemon & lime juice, herb mayonnaise, focaccia.
Contains wheat, milk, egg. May contain soy, tree nuts.

Grilled Veggie **\$5.99 | 550**

roasted eggplant, zucchini, romaine, plum tomato, vegan mayonnaise, pretzel roll.
Contains wheat, soy. May contain sesame, tree nuts.

Sides & Snacks

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Pasta Salad **\$1.97 | 390 cal**

Quinoa Salad **\$1.97 | 280 cal**

quinoa, corn, tomatoes, chipotle pepper, avocado, cilantro, lime juice, green onions

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Soups of the Day

	cup \$2.99	bowl \$3.99
Chicken Enchilada	280 cal	560 cal
Potato Cheese	200 cal	400 cal

Beverages

Soda **\$1.99**

SmartWater **\$2.99**

Vitamin Water **\$2.29**

Minute Maid **\$1.99**

Orange Juice