ALLERGEN AWARENESS

HOW TO HANDLE A FOOD ALLERGY ORDER

• Immediately wash your hands and change your gloves.
• Wash, rinse, and sanitize all food contact surfaces that are used while making the order.
• One person should build the entire item down the line.
• Ensure no cross-contamination of ingredients. Use new gloves and utensils for each ingredient.

HOW TO PREVENT FOOD ALLERGEN CROSS CONTACT

• Thoroughly wash hands - all employees should be properly washing hands throughout the shift and when gloves are changed.
• Change gloves to reduce the risk of indirect cross contact.
• Wash, rinse, and sanitize equipment and cutting boards between allergic and non-allergic food products.
• Cutting boards should be washed, rinsed, and sanitized between use. Replace cutting boards as needed to prevent cross-contact.
• Use separate scoops and serving utensils for each product.

**ALWAYS CHECK LTO ITEMS TO SEE IF THEY CONTAIN ALLERGENS.**
ALLERGEN AWARENESS

ALWAYS DIRECT A GUEST WITH ANY CONCERN REGARDING A FOOD ALLERGY TO THE MOE'S ALLERGEN CHART FOR DETAILED ALLERGEN INFORMATION!

WHAT IS A FOOD ALLERGY?

- A food allergy is an abnormal response to a food triggered by the body's immune system.
- A food allergic reaction is a true immune response in which the body identifies certain foods as harmful. The response is an allergic reaction that can range from mild to life threatening.
- Food allergies is the leading cause of anaphylaxis, a severe allergic reaction that is rapid onset and can be fatal if not treated immediately.
- Any amount of food allergen can produce a reaction, and reactions are unpredictable.
- Reactions can be mild or severe, and a person's past experience cannot predict future reactions.

KNOW THE SYMPTOMS

- Hives
- Flushed skin or rash
- Tingling or itchy sensation in mouth
- Swelling of the face, tongue, or lips
- Vomiting and/or diarrhea
- Abdominal cramps
- Coughing or wheezing
- Dizziness and/or lightheadedness
- Swelling of the throat and vocal cords
- Difficulty breathing
- Loss of consciousness

MILD SYMPTOMS CAN BECOME MORE SEVERE.

Symptoms may appear in a few minutes or a few hours. Initial symptoms are not a measure of the severity of the allergic reaction. If not treated promptly, some symptoms can become serious or life threatening in a very short time.

IF SYMPTOMS OCCUR, IMMEDIATELY CONTACT THE MANAGER.

IF THE SITUATION IS SEVERE, CONTACT 911 AND HAVE A CO-WORKER SIMULTANEOUSLY CONTACT THE MANAGER.