

MINDFUL

Meal Exchange 2019-2020

Muffin or Cookie or Fruit Cup Includes Choice of 16 oz.
Coffee, 1/2 Pint of Milk, or Bottled Water

Scrambled Egg Bowl with 3 Toppings Includes Choice of
16 oz. Coffee, 1/2 Pint of Milk, or Bottled Water

Mindful Sandwich, Salad, Soup, or Chili
Includes Choice of 1/2 Pint of Milk or Bottled Water

Gyro with a Bottled Water

Hours of Operation

MON — FRI 8 a.m. to 7 p.m.

Breakfast Ends at 10:30 a.m. & Lunch Starts at 11:00 a.m.

SAT — SUN 10 a.m. to 3 p.m.

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