



FWISD Middle & High Traditional

MAR 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

French Toast
OR
Tropical Escape Smoothie
w/Graham Crackers

3

Breakfast Pizza
OR
Banana Parfait
w/Graham Crackers

4

Chicken on a Bun
OR
Apple Pie Smoothie
w/Graham Crackers

5

Breakfast Plate
OR
Double Berry Parfait
w/Graham Crackers

6

Breakfast Empanada
OR
Strawberry Lemonade Smoothie
w/Graham Crackers

Offered Daily: Fresh Fruit, Canned Fruit, Assorted Cereal, Juice & Milk

9

SPRING BREAK

10

SPRING BREAK

11

SPRING BREAK

12

SPRING BREAK

13

SPRING BREAK

16

Pancake on a Stick
OR
Cinnamon Roll Smoothie
w/Graham Crackers

17

Biscuit w/Sausage Gravy
OR
Banana Parfait
w/Graham Crackers

18

Breakfast Casserole w/Toast
OR
Berry Banana Smoothie
w/Graham Crackers

19

Sunrise Stick
OR
Peaches & Cream Parfait
w/Graham Crackers

20

Breakfast Kolache
OR
Apple Pie Smoothie
w/Graham Crackers

23

NO SCHOOL

24

Breakfast Pizza
OR
Banana Parfait
w/Graham Crackers

25

Chicken on a Bun
OR
Apple Pie Smoothie
w/Graham Crackers

26

Breakfast Plate
OR
Double Berry Parfait
w/Graham Crackers

27

Breakfast Empanada
OR
Strawberry Lemonade Smoothie
w/Graham Crackers

30

Cinnamon Roll
OR
Apple Pie Smoothie
w/Graham Crackers

31

Maple Beef Sausage
Pancake Sandwich
OR
Tropical Escape Smoothie
w/Graham Crackers



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