



Salem-Keizer Public Schools
Middle School Lunch Menu

Lunch Prices:

Reduced \$0

Adult \$4.10

Student \$3.00

A la cart milk \$0.40

SEPTEMBER 2019

Vegetables, fruit and milk choices available with every lunch at every station.

| HONOR ROLL | STACKS | FIESTA | UPPER CRUST | FAST TAKES |
|---|--|---|---|--|
| DAILY BURGER STATION | DAILY SANDWICH STATION | DAILY MEXICAN STATION | DAILY PIZZA STATION | DAILY GRAB 'N GO |
| Choose a cheeseburger, hamburger, or chicken burger (spicy or regular). Try the special burger sauce and pick-up a side of oven fries, too. | Design your deli sandwich! Choose a fresh-baked hoagie roll or flatbread, and fill with deli meats, cheeses, veggies, and your choice of condiments. | Build your own nachos, burrito or soft taco. Choose chips, tortilla or rice, and add meat, nacho cheese, and beans! Finish with fresh veggies and house-made salsa. | Fresh baked pies! Choices include pepperoni, cheese, veggie, and pizza specials. Look for the occasional Italian calzone! | Need a quick lunch? Choose from a variety of pre-wrapped subs, entrée salads, and protein boxes. |

DAILY SPECIALS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|-------------------------------------|---|------------------------------------|---|
| 2 | 3 | 4 | 5 | 6 |
| NO SCHOOL Labor Day | Golden Corn Dog with Oven Fries | Hot Ham & Cheese Melt on Texas Toast | Hot BBQ Meatball Sub | Spaghetti & Meat Sauce with Roll |
| 9 | 10 | 11 | 12 | 13 |
| Brunch for Lunch! | Korean Meatballs over Rice | Totchos: Tots smothered in Nacho Toppings | Chicken & Mashed Potato Bowl | Macaroni & Cheese: Flamin' Hot Cheeto |
| 16 | 17 | 18 | 19 | 20 |
| Crispy Chicken & Waffles | Spicy Taco Burger with Oven Fries | Sloppy Joes on a Bun | Orange Chicken over Rice | Cheesy Breadsticks with Dipping Sauce & Fries |
| 23 | 24 | 25 | 26 | 27 |
| Corn Dog with Tator Tots | Loaded Cheesy Bacon Fries with Roll | Chicken Nuggets & Oven Fries | Chicken or Veggie Ramen Noodle Bar | Chicken Burger: Nuclear! |
| 30 | | | | |
| Cheese Raviolis with Roll | | | | |