

December 2018 Middle School



EVERYDAY CHOICES
Specialty Sandwiches
Variety Protein or Vegetarian
Wraps & Sandwiches

Daily Featured Salad Bar
With Fresh Fruit and Vegetables



Everyday Choices
PEPPERONI, CHEESE
Check out our daily specials
For Specialty Pizzas



Specialty Sandwiches

Monday- Chicken Parm
Tuesday- Buffalo Chicken **Thursday- Pulled Pork**
Wednesday- Steak & Cheese **Friday- Mex Burger**



EVERYDAY CHOICES
Flame Broiled Beef Patty,
Chicken & Vegetarian Choices

A MINIMUM OF 5 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables; Locally Grown Items are offered when seasonally available and Low Fat or Fat Free Flavored Milk is included with every meal

Fish & Chips 12/3 Three Bean Salad	Chicken Drumstick 12/4 Sweet Potatoes	No School 12/5 ½ day	Chili w/ Breadstick 12/6 Broccoli	Cheesy Bread Sticks 12/7 Served with Marinara Sauce Roasted Green Beans
Macaroni & Cheese 12/10 Glazed Carrots	Chicken Nachos 12/11 Refried Beans & Corn & Black bean Salad	Meatloaf Sandwich 12/12 Baked Beans & Carrots	Chicken Pot Pie 12/13 Cucumber Salad	Chicken Tenders 12/14 Rice Pilaf
Popcorn Chicken 12/17 French Fries	Beef Nachos 12/18 Brown Rice & Beans	Chicken Parmesan 12/19 Green Beans	French Toast with Sausage 12/20 Sweet Potato Bites	American Chop Suey 12/21 Tossed Salad