**Breakfast Prices:** 

Reduced \$.30 Student \$1.30

Adult \$1.75 A la cart milk \$0.60

## October 2019

Fruit and milk choices available with every breakfast.

OFFERED DAILY								
· A	Hot Oatmeal	Yogurt & Granola	Banana Bread	Cold Cereal				

All of our menu items are whole grain rich

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	October 1 <sup>st</sup>	October 2 <sup>nd</sup>	October 3 <sup>rd</sup>	October 4 <sup>th</sup>
	Cheese Omelet with Toast	Build Your Own Pancake Bar	Mini Maple Waffles	Whole Grain Blueberry Muffin Square
October 7 <sup>th</sup>	October 8 <sup>th</sup>	October 9 <sup>th</sup>	October 10 <sup>th</sup>	October 11 <sup>th</sup>
French Toast Sticks	Pizza Breakfast Bagel	Scrambled Egg Breakfast Bowl with Toast	Sausage Breakfast Burrito	Whole Grain Cinnamon Roll
October 14 <sup>th</sup>	October 15 <sup>th</sup>	October 16 <sup>th</sup>	October 17 <sup>th</sup>	October 18 <sup>th</sup>
Pancake on a Stick	Warm Apple Frudel	Cinnamon Ultimate Breakfast Round	No School! PIR Day!	No School! PIR Day!
October 21 <sup>st</sup>	October 22 <sup>nd</sup>	October 23 <sup>rd</sup>	October 24 <sup>th</sup>	October 25 <sup>th</sup>
Sausage Breakfast Pizza	Pancake Bites	Biscuits with Sausage Gravy	Ham and Cheese Frittata with Toast	French Toast with Syrup
October 28 <sup>th</sup>	October 29 <sup>th</sup>	October 30 <sup>th</sup>	October 31 <sup>st</sup>	
Waffles with Strawberry Compote	Chocolate Chip Ultimate Breakfast Round	Breakfast Crunch Wrap	Build Your Own Oatmeal Bowl	