BREAKFAST

Made to Order Omelet with Seasonal Toppings \[\text{V}\]
Contains Dairy, Egg, and Soy
Cal 300-620 | $5.29

Scrambled Tofu with Vegetables \[\text{V VG}\]
Contains Soy
Cal 190 | $2.79

2 Cage Free Eggs
Sunny Side Up or Fried \[\text{V}\]
Cal 200 | $2.79

Gluten-Free Waffles Available!
Made to Order Waffle with Toppings \[\text{V}\]
Contains Dairy and Wheat
Cal 510-760 | $2.99

Potato Hash Browns \[\text{VG VG}\]
Cal 130 | $1.99

Low Fat Fruit Parfait \[\text{VG}\]
(Greek Yogurt, Granola, Blueberries)
Contains Dairy and produced in a facility exposed to gluten.
Cal 200 | $3.19

Fresh Fruit Cup \[\text{VG VG}\]
(Cantaloupe, Honeydew, Watermelon)
Cal 70 | $3.19

Fountain Beverages
(16oz) $1.79
(20oz) $2.19

Half Pint of Milk $1.49

Freshly Squeezed Orange Juice
Cal 180 | $3.79

Fresh Brewed Coffee
Cal 15 | $1.89

Pint of Milk $1.89

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
**BRAISED PORK TACOS WITH CHIPOTLE COLESLAW & BLACK BEANS**

Braising keeps this seasoned pork tender and succulent, so that you'll want to eat slowly and savor every bite. The meat is heaped into hearty tortillas and topped with fresh pico de gallo. Jonathan’s spicy chipotle coleslaw and Cuban-style black beans complete the flavor party.

**NUTRITION FACTS: 2 Tacos**

- Calories: 670
- Total Fat: 53g
- Cholesterol: 26g
- Sodium: 41g
- Carbohydrates: 6g
- Dietary Fiber: 930mg

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**GARLIC CILANTRO BRAISED CHICKEN & RICE**

G. Garvin delivers a one-two flavor punch with marinated chicken in a tangy garlic and lime yogurt dressing that slowly braises to make it extra tender and juicy. It’s served over brown rice, garnished with tortilla strips for crunch and a chipotle yogurt sauce for a final zing.

**NUTRITION FACTS: 1 Entree**

- Calories: 490
- Total Fat: 53g
- Cholesterol: 38g
- Sodium: 14g
- Carbohydrates: 2g
- Dietary Fiber: 480mg

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This product contains eggs, wheat, soy, gluten and mustard.

This nutritional information is intended to provide you with general nutrient values. Actual nutritional values are based upon manufacturers’ data and can vary due to seasonal variation in food content, rounding of fractional values and customer ordering preferences.

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This product contains milk and soy.

This nutritional information is intended to provide you with general nutrient values. Actual nutritional values are based upon manufacturers’ data and can vary due to seasonal variation in food content, rounding of fractional values and customer ordering preferences.