



FRESH FORWARD

Salad of the Week

Sandwich of the Week

Daily Soup Special \$3.75

Make it a Combo!

Add Chips for 1.00 or Soup for 3.00

Daily Menu

Boar's Head Turkey Sandwich		6.00	320cal
Boar's Head Chicken Club Sandwich		6.50	400cal
Asian Salad		3.75	318cal
Caesar Salad		3.75	200cal
Add Protein:	 		
Chicken Cup		2.00	90cal
Tofu Cup		1.50	53cal
Edamame Cup		1.00	38cal
Boiled Egg (1 each)		1.00	70cal

Snacks

Yogurt Parfait	3.75	280cal
Fruit Cup	3.50	100cal
Chips	1.25	140-240cal

Drinks

Naked Juice	3.00	160-180cal
Pure Leaf Tea	2.75	0-160cal
Bottled Tea	2.25	110cal
Water	1.50	0cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request

