

build your own bowl

1 begin with rice or noodles

brown rice **VG**
340 cal

fried rice **VG**
330 cal

white rice **VG**
350 cal

vegetable lo mein **VG**
440 cal

2 add your favorite protein

5 spice teriyaki chicken \$7.29
oven roasted
120 cal

lemongrass beef \$7.69
grilled skirt steak
210 cal

flash fried Thai tofu **VG** \$7.29
120 cal

byo bowl veggies and sauces

3 add a veggie **VG**

seasonal vegetable 60-100 cal

4 your choice of sauce

chili lime sauce
(served chilled)
40 cal

spicy garlic sauce **VG**
20 cal

5 spice teriyaki sauce **VG**
30 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request

byo bowl toppings

as many as you like

5 top it

pickled carrots
and cucumbers **VG**
10 cal

edamame salad with
spicy garlic sauce **VG**
50 cal

fried shallots **VG**
5 cal

jalapeño slices **VG**
5 cal

Asian slaw **VG**
35 cal

lime wedge **VG**
1 cal

steamed broccoli **VG**
10 cal

spicy chili oil **VG**
190 cal

vegetable salad with
chili lime sauce
15 cal

VG = vegan

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spotlight bowls featured

Malaysian Chicken Laksa \$7.19
coconut milk, lemongrass, zucchini
240 cal

General Tso's Chicken \$7.69
255 cal

Szechuan Beef with Red Chili Pepper \$7.69
170 cal

comes with your choice of white rice, brown rice,
vegetable lo mein or fried rice

extras

egg roll \$1.99 **V**
290 cal
added protein \$3.49

chicken pot stickers \$1.99
(2) 260
4 oz. 130-320 cal