

SANDWICHES

CLUBS

THE MCALISTER'S CLUB

Smoked turkey, Black Forest ham, bacon, sharp cheddar, Swiss, spring mix, tomato, mayo and McAlister's Honey Mustard™ on wheat

\$7.49 (820 Cal/410 Cal)

McALISTER'S CLUB WRAP

In a wheat wrap

\$7.59 (780 Cal/390 Cal)

GRILLED CHICKEN CLUB

McAlister's Club with grilled chicken in place of ham and turkey

\$7.99 (830 Cal/420 Cal)

ORANGE CRANBERRY CLUB

The McAlister's Club with Orange Cranberry sauce in place of honey mustard

\$7.59 (770 Cal/380 Cal)

CRAVEABLE CLASSICS

HAM & CHEESE MELT

Black Forest ham, Swiss, mayo, spicy brown mustard and tomato on toasted ciabatta

\$6.99 (710 Cal/360 Cal)

FOUR CHEESE MELT

Provolone, Swiss, cheddar, Parmesan and tomato on toasted ciabatta

\$6.99 (670 Cal/340 Cal)

HARVEST CHICKEN SALAD*

Chicken salad with cranberries and pecans, spring mix and tomato on croissant

\$7.29 (680 Cal/340 Cal)

*This product contains pecans

GRILLED CHICKEN

Grilled chicken with spring mix, tomato, Swiss and McAlister's Honey Mustard™ on croissant

\$7.99 (560 Cal/280 Cal)

FRESH FAVORITES

THE VEGGIE

Spinach, tomato, cucumber, red onion, house-roasted multicolored peppers, avocado and herb mayo on 9-Grain

\$5.79 (680 Cal/340 Cal)

GARDEN FRESH TURKEY

Smoked turkey, avocado, spinach, tomato, Swiss and Olive Oil & Balsamic Vinaigrette on 9-Grain

\$7.29 (670 Cal/340 Cal)

BLT+A

Applewood smoked bacon, spring mix, tomato, avocado and herb mayo on country white

\$7.99 (860 Cal/430 Cal)

GRILLED CHICKEN CAESAR WRAP

Grilled chicken, Romaine, Parmesan and Caesar dressing

\$7.79 (850 Cal/430 Cal)

Served with choice of side (adds 60–250 calories).

Add **BACON** (50/25 calories) or **AVOCADO** (80/40 calories) to any sandwich • **\$1.00**

SAVORY & SPICY

SPICY SOUTHWEST CHICKEN

Grilled chicken, roasted corn, poblano and black bean relish, pepper jack, avocado and chipotle ranch on toasted jalapeño roll

\$7.99 (900 Cal/450 Cal)

SWEET CHIPOTLE CHICKEN

Grilled chicken, sharp cheddar and spicy sweet chipotle peach sauce, on toasted ciabatta

\$7.49 (630 Cal/310 Cal)

HORSERADISH

ROAST BEEF & CHEDDAR

Black Angus roast beef, sharp cheddar, red onion and horseradish sauce on toasted ciabatta

\$8.29 (660 Cal/330 Cal)

SPICY TURKEY MELT

Smoked turkey, bacon, pepper jack, avocado, chipotle ranch, spring mix and tomato on toasted baguette

\$7.49 (730 Cal/400 Cal)

SMOKY PEPPER JACK TURKEY

Smoked turkey, bacon, pepper jack and McAlister's Honey Mustard™ on toasted ciabatta

\$7.29 (780 Cal/390 Cal)

BIG & BOLD

FRENCH DIP

Black Angus roast beef and melted Swiss on toasted baguette, served au jus
\$8.79 (530 Cal/340 Cal)

MEMPHIAN®

Smoked turkey, Black Forest ham and Black Angus roast beef, provolone, spring mix, tomato, mayo and spicy brown mustard on baguette
\$7.79 (650 Cal/360 Cal)

REUBEN

Corned beef, sauerkraut, Swiss and Thousand Island dressing on marbled rye
\$9.49 (900 Cal/450 Cal)



BEVERAGES

McALISTER'S
FAMOUS TEA
(SWEET OR UNSWEET)
\$2.29 (150 Cal/0 Cal)

PURE CANE SUGAR
LEMONADE
\$2.29 (250 Cal)

LEMONADE TEA
\$2.29 (220 Cal/120 Cal)

GALLONS TO-GO
\$5.75 (0-250 Cal)
WITH "THE WORKS"

Add cups, sweeteners, lemons and straws • **\$7.75**

Add a Flavor

REAL FRUIT PURÉE
60¢ (adds 40 Cal)

PEACH
STRAWBERRY
BLACK CHERRY

FOUNTAIN DRINKS
\$2.29 (0-190 Cal)



SPUDS

JUSTASPUD®

With sour cream on the side
\$5.49 (710 Cal/360 Cal)

ADD BACON
\$1.50 (50 Cal/25 Cal)

ADD CHEDDAR-JACK
50¢ (220 Cal/110 Cal)

CHIPOTLE CHICKEN & BACON SPUD

Grilled chicken, bacon, cheddar-jack, chipotle ranch and green onion
\$7.99 (1,200 Cal/600 Cal)

SPUD MAX™

Ham, turkey, bacon, cheddar-jack, green onion, black olives and sour cream
\$7.69 (1,070 Cal/530 Cal)

VEGGIE SPUD

Spinach, broccoli, red onion, house-roasted multicolored peppers and RO*TEL® cheese sauce
\$6.89 (910 Cal/460 Cal)

Spud Extras

RO*TEL® CHEESE SAUCE (210 Cal/110 Cal)
OR CHILI (180 Cal/90 Cal)
\$1.00

SHAREABLES

NACHO BASKET

RO*TEL® cheese dip, jalapeños and tortilla chips
\$6.99 (1,000 Cal/510 Cal)

ULTIMATE NACHOS

Chili, RO*TEL® cheese sauce, cheddar-jack, tomato, black olives, jalapeños, green onion, avocado and sour cream on tortilla chips
\$7.79 (1,180 Cal/590 Cal)



choose 2

HALF SANDWICH

CUP OF SOUP

HALF SALAD

HALF SPUD

\$7.99

DESSERTS

BROWNIE

\$2.00 (420 Cal)

BROOKIE

\$2.00 (470 Cal)

HOUSE-BAKED COOKIE

\$1.50 (370-410 Cal)

SOUPS

CUP • \$3.99 (60-360 Cal) **BOWL • \$5.29** (90-540 Cal)

ADD BREAD BOWL • \$1.19 (adds 500 Cal)

 **PREMIUM ENTRÉE**  **VEGETARIAN**  **GLUTEN-SENSITIVE**

For Choose 2, add \$1.00 per entrée.

Calories for Salads, Dressings, Sandwiches and Spuds are displayed as Whole Size/Choose 2 Size. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information available upon request.

SALADS

SAVANNAH CHOPPED SALAD

Grilled chicken, dried cranberries, Gorgonzola, honey roasted almonds, tomato and cucumber on mixed greens

\$8.99 (480 Cal/240 Cal)

Try it with **SHERRY SHALLOT** dressing.

SOUTHWEST CHICKEN & AVOCADO SALAD

Grilled chicken, roasted corn, poblano and black bean relish, red onion, tomato, cheddar-jack, blue corn tortilla strips and avocado on mixed greens

\$9.59 (630 Cal/310 Cal)

Try it with **CHILI LIME VINAIGRETTE** dressing.

GRILLED CHICKEN SALAD

Grilled chicken, bacon, cheddar-jack, tomato, cucumber and croutons on mixed greens

\$8.29 (500 Cal/250 Cal)

CAESAR SALAD

Parmesan, croutons and **CAESAR** dressing on romaine lettuce

\$5.99 (730 Cal/460 Cal)

WITH GRILLED CHICKEN

\$8.29 (880 Cal/530 Cal)

Add **AVOCADO** (80/40 calories) to any salad • **\$1.00**

Try any salad with **SPINACH!** (subtracts 5 calories)

GARDEN SALAD

Cheddar-jack, tomato, cucumber and croutons on mixed greens

\$5.99 (310 Cal/150 Cal)

WITH A SCOOP OF HARVEST CHICKEN SALAD*

\$7.79 (820 Cal/400 Cal)

*This product contains pecans

CHEF SALAD

Diced turkey and ham, bacon, cheddar-jack, tomato, cucumber and croutons on mixed greens

\$7.79 (480 Cal/240 Cal)

Dressings

McALISTER'S HONEY MUSTARD™
(390 Cal/260 Cal)

SHERRY SHALLOT (450 Cal/300 Cal)

BUTTERMILK RANCH (300 Cal/200 Cal)

CHIPOTLE RANCH (420 Cal/280 Cal)

CAESAR (570 Cal/380 Cal)

THOUSAND ISLAND (330 Cal/220 Cal)

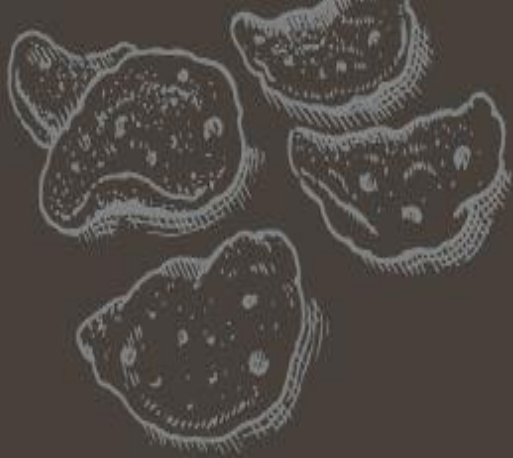
OLIVE OIL & BALSAMIC VINAIGRETTE
(210 Cal/140 Cal)

FAT-FREE CHIPOTLE PEACH (180 Cal/120 Cal)

CHILI LIME VINAIGRETTE (240 Cal/160 Cal)

FAT-FREE RASPBERRY PECAN VINAIGRETTE
(130 Cal/90 Cal)

Dressings served on the side except Caesar.



SIDES

Included with whole sandwich.

SPUD CHIPS   (220 Cal)

STEAMED BROCCOLI   (80 Cal)

MAC & CHEESE  (220 Cal)

TOMATO & CUCUMBER SALAD   (70 Cal)

POTATO SALAD   (250 Cal)

FRESH FRUIT   (60 Cal) • Add 50¢

CUP OF SOUP (60–360 Cal) or SIDE SALAD (150–460 Cal) • Add \$2.79