



Triad School District

MAY 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Assorted Muffins
Cini Mini's
Assorted Cereal
Fruit
Juice
Milk

4

Blueberry Waffles
Nutri Grain Bars
Assorted Cereal
Fruit
Juice
Milk

5

Strawberry Bagelful
Cinnamon French Toast Bites
Assorted Cereal
Fruit
Juice
Milk

6

Cinnamon Bun
Assorted Pop-Tarts
Assorted Cereal
Fruit
Juice
Milk

7

Flavored Breads
Yogurt Parfait
Assorted Cereal
Fruit
Juice
Milk

10

Assorted Muffins
Blueberry Waffles
Assorted Cereal
Fruit
Juice
Milk

11

Apple or Cherry Frudel
Yogurt Parfait
Assorted Cereal
Fruit
Juice
Milk

12

Strawberry Bagelful
Assorted Pop-Tarts
Assorted Cereal
Fruit
Juice
Milk

13

Flavored Breads
Nutri-Grain Bars
Assorted Cereal
Fruit
Juice
Milk

14

Cinnamon Bun
Cini Mini's
Assorted Cereal
Fruit
Juice
Milk

17

Assorted Muffins
Yogurt Parfait
Assorted Cereals
Fruit
Juice
Milk

18

Cinnamon French Toast Bites
Nutri-Grain Bars
Assorted Cereals
Fruit
Juice
Milk

19

Flavored Breads
Cinnamon Bun
Assorted Cereal
Fruit
Juice
Milk

20

Assorted Muffins
Pop-Tarts
Assorted Cereals
Fruit
Juice
Milk

21

Flavored Breads
Apple or Cherry Frudel
Assorted Cereals
Fruit
Juice
Milk

24

Assorted Muffins
Nutri-Grain Bars
Assorted Cereal
Fruit
Juice
Milk

25

Flavored Breads
Strawberry Bagelful
Assorted Cereal
Fruit
Juice
Milk

26

Blueberry Waffles
Cini Mini's
Assorted Cereal
Fruit
Juice
Milk

27

Apple or Cherry Frudel
Assorted Pop-Tarts
Assorted Cereal
Fruit
Juice
Milk

28

31