

Breakfast & Lunch
7 Days
Week of May 3rd

Breakfast Grains

- WG Cereal
- WG Bagel
- Instant Oatmeal
- WG Mini Waffles
- WG Grape Crescent
- WG Cereal Bar
- WG Nutrigrain Bar

Lunch Entrees

- *Chicken Sandwich
- *Teriyaki Dipper W/Cracker
- *Pepperoni Pizza
- *French Toast W/Sausage
- * Beef Walking Taco W/Chips & Cheese
- *Bosco Sticks W/Marinara
- *Turkey Dog

Veggies

Bell Pepper	1Ea	1 Cup Dark Green
Tomato	2Ea	1 ½ Cup Red
Cucumber	1Ea	3 Cups Dark Green

Fruit

MI Apple Whole	3LB	5 Cups
Oranges	3LB	4 Cups
Grapes	1Bg	2 ½ Cups
Fruit Juice	28oz	3 ½ Cups

Milk

1 Gallon 1%

Each Meal Package provides minimum:

- 7 cups servings of fruit
- 1.75 cups servings of vegetables
- 21oz eq. Whole Grains
- 14oz eq. Meat/Meat Alternates
- 112 oz Milk

*Pre-cooked item requires heating



Menu Subject to Change