

## Middle Schools DYK Lunch Menu

September 3-7, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



**Available Daily**  
**Sunbutter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
*(All Sandwiches are served on Whole Wheat Bread, Roll or Whole Wheat Tortilla)*

### THIS WEEK'S DAILY SPECIALS

**Monday** –

**Tuesday** –Crispy Chicken Wrap

**Wednesday** –Club Sandwich

**Thursday**-Sriracha Chicken Wrap

**Friday** –Turkey Apple Wrap



## Daily Special

**Monday**

Labor No School

**Tuesday**

Taco Tuesday

**Wednesday**

Creamy Sriracha Chicken w/ Brown Rice

**Thursday**

Chicken Nugget Mashed Potato Bowl  
 WW Roll

**Friday**

Meatball Sub



**FIESTA CREATIONS STATION:**  
**Choice of Nachos or Daily Entrée Special**



**Monday** –

**Tuesday** – Antipasto Salad WW Roll

**Wednesday** –Taco Salad Tortilla Chips

**Thursday** –Asian Chicken Salad WW Roll

**Friday** – Crispy Chicken Salad WW Roll

Available Daily: Chef Salad



**THIS WEEK'S DAILY SPECIAL'S** Available Daily:  
 Pepperoni Pizza or Cheese Pizza

**Monday** –

**Tuesday** – Sausage Pizza

**Wednesday**- Buffalo Chicken Pizza

**Thursday** –Ham & Pineapple Pizza

**Friday** –Supreme Pizza

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



**THIS WEEK'S DAILY SPECIAL'S**  
*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** –

**Tuesday** – Corn Dog

**Wednesday**- Buffalo Chicken Sandwich

**Thursday** –BBQ Bacon Burger

**Friday**- Parmesan Chicken Sandwich

**Hamburger, Cheeseburger, W G Chicken Patty Sandwich Offered Daily**