

## Middle Schools DYK Lunch Menu

September 17-21, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



**Available Daily**  
**Sunbutter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
*(All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)*

### THIS WEEK'S DAILY SPECIALS

**Monday** –Crispy Chicken Wrap

**Tuesday** –Tuna Salad Sandwich

**Wednesday** –Buffalo Chicken Wrap

**Thursday**- American Sub Sandwich

**Friday**- Tuna Salad Wrap



## Daily Special

**Monday**

French Toast Sticks w/ Sausage Patty

**Tuesday**

Taco Tuesday

**Wednesday**

Lemon Chicken Rice Pilaf

**Thursday**

Macaroni & Cheese

**Friday**

Sloppy Joe on WW Bun



**FIESTA CREATIONS STATION:**  
**Choice Of Nachos or Daily Entrée Special**



**Monday** – Crispy Chicken Salad WW Roll  
**Tuesday** –Southwest Chicken Salad WW Roll  
**Wednesday** – Hawaiian Chicken Salad WW Roll  
**Thursday** – Buffalo Chicken Salad WW Roll  
**Friday** – Chicken Caesar Salad WW Roll

Available Daily: Chef Salad



**THIS WEEK'S DAILY SPECIAL'S** Available Daily: Cheese Pizza or Pepperoni Pizza

**Monday** –Supreme Pizza

**Tuesday** –Sausage Pizza

**Wednesday** – Buffalo Chicken Pizza

**Thursday** –Ham & Pineapple Pizza

**Friday** –Pepperoni & Sausage

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



**THIS WEEK'S DAILY SPECIAL'S**  
*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** –Grilled Cheese Sandwich

**Tuesday** – Buffalo Chicken Sandwich

**Wednesday** – BBQ Bacon Cheeseburger

**Thursday** –Hot Dog on Bun

**Friday**- BBQ Chicken Patty Sandwich

**Hamburger, Cheeseburger, & WG Chicken Patty Sandwich Offered Daily**