

## Middle Schools DYK Lunch Menu

September 10-14,2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



### Available Daily

**Sun butter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
(All Sandwiches are served on Whole Wheat Bread ,Roll, or Tortilla)

### THIS WEEK'S DAILY SPECIALS

**Monday** – Crispy Chicken Wrap

**Tuesday** – Club Wrap

**Wednesday** –Buffalo Chicken Wrap

**Thursday**- Club Sandwich

**Friday**- Italian Sub



### Daily Special

**Monday**

Chicken & Waffle

**Tuesday**

Pasta Bar

**Wednesday**

Chipotle BBQ Turkey Meatloaf  
Broccoli Rice Casserole

**Thursday**

Teriyaki Chicken w/ Fried Rice

**Friday**

BBQ Pulled Turkey on WW Bun



**FIESTA CREATIONS STATION:**  
**Choice OF Nachos or Daily**  
**Entrée Special**



**Monday** – Buffalo Chicken Salad WW Roll

**Tuesday** –Crispy Chicken Salad WW Roll

**Wednesday** – Taco Salad Tortilla Chips

**Thursday** –Asian Chicken Salad WW Roll

**Friday** – Buffalo Chicken Salad WW Roll

Available Daily: Chef Salad



### THIS WEEK'S DAILY

**SPECIAL'S** Available Daily: Cheese Pizza or  
Pepperoni Pizza

**Monday** –Supreme Pizza

**Tuesday** –Sausage Pizza

**Wednesday** – Buffalo Chicken Pizza

**Thursday** –Ham & Pineapple Pizza

**Friday** –Pepperoni & Sausage Pizza

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



### THIS WEEK'S DAILY SPECIAL'S

*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** – Buffalo Chicken Sandwich

**Tuesday** – Chicken Parmesan Sandwich

**Wednesday** – Buffalo Chicken Sandwich

**Thursday** – Corn Dog

**Friday**- Buffalo Chicken Sandwich

**Hamburger, Cheeseburger, & WG Chicken Patty Sandwich**  
**Offered Daily**