

# Menu Cycle Week Nutrient Analysis

Menu Cycle: BASD MS Pizza

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Na (mg)	Carb (g)	Pro (g)
<b>MS Upper Crust/Pizza Monday - Day: 1</b>	100							
<b>Category: Entrée/Combo; Choose: 1</b>								
Cheese Pizza, 8-cut, Big Daddy's Bold - NJR1459 (1 slice)	0	400.01	16.00	7.00	0.00	620.01	43.00	19.00
Pepperoni Pizza, 8-cut, Big Daddy's Bold - NJR1502 (1 slice)	0	424.61	18.19	7.82	0.00	702.94	43.09	20.00
Sausage Pizza, Big Daddy's Bold - NJR1538 (1 slice)	0	469.01	21.25	8.50	0.75	808.26	43.75	22.00
<b>Category: Fruit; Choose: 2</b>								
Fruit, Canned, Assorted (peaches, pears, fruit cocktail) - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Fruit, Fresh, Assorted (apples, oranges, bananas) - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Juice, Assorted (apple, orange, grape) - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	5.00	15.67	0.00
<b>Category: Vegetable; Choose: 2</b>								
Baby Carrots, fresh, 2.6oz individual bag - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
<b>Category: Milk; Choose: 1</b>								
New Jersey Milk, Chocolate, Fat Free - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
New Jersey Milk, White, Fat Free - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
New Jersey Milk, White, Lowfat 1% - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>MS Upper Crust/Pizza Tuesday - Day: 2</b>	100							
<b>Category: Entrée/Combo; Choose: 1</b>								
Cheese Pizza, 8-cut, Big	0	400.01	16.00	7.00	0.00	620.01	43.00	19.00

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Daddy's Bold - NJR1459 (1 slice)								
Pepperoni Pizza, 8-cut, Big Daddy's Bold - NJR1502 (1 slice)	0	424.61	18.19	7.82	0.00	702.94	43.09	20.00
<b>Category: Fruit; Choose: 2</b>								
Fruit, Canned, Assorted (peaches, pears, fruit cocktail) - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Fruit, Fresh, Assorted (apples, oranges, bananas) - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Juice, Assorted (apple, orange, grape) - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	5.00	15.67	0.00
<b>Category: Vegetable; Choose: 2</b>								
Baby Carrots, fresh, 2.6oz individual bag - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
<b>Category: Milk; Choose: 1</b>								
New Jersey Milk, Chocolate, Fat Free - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
New Jersey Milk, White, Fat Free - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
New Jersey Milk, White, Lowfat 1% - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>MS Upper Crust/Pizza Wednesday - Day: 3</b>	100							
<b>Category: Entrée/Combo; Choose: 1</b>								
Cheese Pizza, 8-cut, Big Daddy's Bold - NJR1459 (1 slice)	0	400.01	16.00	7.00	0.00	620.01	43.00	19.00
Meatlovers Pizza, Big Daddy's Bold, sausage, pepperoni, ham, beef - NJR1479 (1 slice)	0	490.91	22.40	9.23	0.38	883.17	43.81	25.54
Pepperoni Pizza, 8-cut, Big Daddy's Bold - NJR1502 (1 slice)	0	424.61	18.19	7.82	0.00	702.94	43.09	20.00
<b>Category: Fruit; Choose: 2</b>								
Fruit, Canned, Assorted (peaches, pears, fruit cocktail) - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Fruit, Fresh, Assorted (apples, oranges,	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93

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bananas) - NJR1069 (1 ea.)								
Juice, Assorted (apple, orange, grape) - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	5.00	15.67	0.00
<b>Category: Vegetable; Choose: 2</b>								
Baby Carrots, fresh, 2.6oz individual bag - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
<b>Category: Milk; Choose: 1</b>								
New Jersey Milk, Chocolate, Fat Free - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
New Jersey Milk, White, Fat Free - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
New Jersey Milk, White, Lowfat 1% - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>MS Upper Crust/Pizza Thursday - Day: 4</b>	100							
<b>Category: Entrée/Combo; Choose: 1</b>								
Buffalo Chicken Pizza, 16in Rich's dough, popcorn chicken, buffalo sauce, ranch, mozzarella, cheddar - NJR1227 (1 slice)	0	473.47	21.95	7.70	0.00(M)	1631.39	47.91	22.87
Cheese Pizza, 8-cut, Big Daddy's Bold - NJR1459 (1 slice)	0	400.01	16.00	7.00	0.00	620.01	43.00	19.00
Pepperoni Pizza, 8-cut, Big Daddy's Bold - NJR1502 (1 slice)	0	424.61	18.19	7.82	0.00	702.94	43.09	20.00
<b>Category: Fruit; Choose: 2</b>								
Fruit, Canned, Assorted (peaches, pears, fruit cocktail) - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Fruit, Fresh, Assorted (apples, oranges, bananas) - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Juice, Assorted (apple, orange, grape) - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	5.00	15.67	0.00
<b>Category: Vegetable; Choose: 2</b>								
Baby Carrots, fresh, 2.6oz individual bag - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad -	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86

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NJR1011 (1 c.)								
<b>Category: Milk; Choose: 1</b>								
New Jersey Milk, Chocolate, Fat Free - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
New Jersey Milk, White, Fat Free - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
New Jersey Milk, White, Lowfat 1% - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00
<b>MS Upper Crust/Pizza Friday - Day: 5</b>	100							
<b>Category: Entrée/Combo; Choose: 1</b>								
Cheese Pizza, 8-cut, Big Daddy's Bold - NJR1459 (1 slice)	0	400.01	16.00	7.00	0.00	620.01	43.00	19.00
Chicken Bacon Ranch Pizza, Big Daddy's Bold, Govt diced, bacon, ranch, onions, peppers - NJR1476 (1 slice)	0	452.77	18.70	7.69	0.00	744.99	44.09	24.07
Pepperoni Pizza, 8-cut, Big Daddy's Bold - NJR1502 (1 slice)	0	424.61	18.19	7.82	0.00	702.94	43.09	20.00
<b>Category: Fruit; Choose: 2</b>								
Fruit, Canned, Assorted (peaches, pears, fruit cocktail) - NJR1160 (1/2 c.)	0	53.94	0.04	0.00	0.00	4.62	14.01	0.55
Fruit, Fresh, Assorted (apples, oranges, bananas) - NJR1069 (1 ea.)	0	73.04	0.24	0.06	0.00	0.73	18.76	0.93
Juice, Assorted (apple, orange, grape) - NJR1071 (4 fl oz cup)	0	66.67	0.00	0.00	0.00	5.00	15.67	0.00
<b>Category: Vegetable; Choose: 2</b>								
Baby Carrots, fresh, 2.6oz individual bag - NJR1350 (1 Bag)	0	25.80	0.10	0.02	0.00	57.49	6.07	0.47
Romaine Side Salad - NJR1011 (1 c.)	0	13.07	0.20	0.03	0.00	5.29	2.09	0.86
<b>Category: Milk; Choose: 1</b>								
New Jersey Milk, Chocolate, Fat Free - NJR1312 (1 Half Pint)	0	130.00	0.00	0.00	0.00	220.00	23.00	8.00
New Jersey Milk, White, Fat Free - NJR1314 (1 Half Pint)	0	90.00	0.00	0.00	0.00	150.00	13.00	8.00
New Jersey Milk, White, Lowfat 1% - NJR1313 (1 Half Pint)	0	110.00	2.50	1.50	0.00	130.00	13.00	8.00

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