

Middle Schools DYK Lunch Menu

October 8-12, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily
Sun butter & Jelly Sandwich
Turkey & Cheese Sandwich
(All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)

THIS WEEK'S DAILY SPECIALS

Monday – Crispy Chicken Wrap

Tuesday –

Wednesday –

Thursday –

Friday –



Daily Special

Monday

Chicken & Waffle

Tuesday

Parent Teacher Conferences
½ Day No Lunch Served

Wednesday

Parent Teacher Conferences
½ Day No Lunch Served

Thursday

Fall Break

Friday

Fall Break



FIESTA CREATIONS STATION:
Choice OF Nachos or Daily Entrée Special



Monday – Buffalo Chicken Salad WW Roll

Available Daily: Chef Salad

Tuesday –

Wednesday –

Thursday –

Friday –



THIS WEEK'S DAILY SPECIAL'S Available Daily: Cheese Pizza or Pepperoni Pizza

Monday – Supreme Pizza

Tuesday –

Wednesday –

Thursday –

Friday –

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S
(All Sandwiches are served on Whole Wheat Buns)

Monday – Buffalo Chicken Sandwich

Tuesday –

Wednesday –

Thursday –

Friday –

Hamburger, Cheeseburger, & WG Chicken Patty Sandwich Offered Daily