

Middle Schools DYK Lunch Menu

October 29-31, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily
Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
 (All Sandwiches are served on Whole
 Wheat Bread, Roll or Tortilla)

THIS WEEK'S DAILY SPECIALS

Monday – Garden Salad Wrap

Tuesday – Ham & Cheese Sub

Wednesday – Buffalo Chicken Wrap

Thursday –

Friday –



Daily Special

Monday

Popcorn Chicken Mashed Potato
 Bowl WW Roll

Tuesday

Pasta Bar

Wednesday

Oven Baked BBQ Chicken
 Cheesy Potatoes WW Roll

Thursday

Friday



FIESTA CREATIONS STATION:
 Choice of :Nachos or Daily
 Entrée Special



Monday – Buffalo Chicken Salad w/ WW Roll

Tuesday – Antipasto Salad WW Roll

Wednesday – Crispy Chicken Salad WW Roll

Thursday –

Friday –



THIS WEEK'S DAILY SPECIAL'S

Available Daily: Pepperoni Pizza or Cheese Pizza

Monday – Supreme Pizza

Tuesday – Sausage Pizza

Wednesday – Buffalo Chicken Pizza

Thursday –

Friday -

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S

(All Sandwiches are served on Whole Wheat Buns)

Monday – Corn Dog

Tuesday – Buffalo Chicken Sandwich

Wednesday – BBQ Bacon Burger

Thursday –

Friday -

Hamburger, Cheeseburger, WG Chicken Patty Sandwich
 Offered Daily