

## Middle Schools DYK Lunch Menu

October 22-26, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



**Available Daily**  
**Sunbutter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
(All Sandwiches are served on Whole Wheat Bread, Roll or Tortilla)

### THIS WEEK'S DAILY SPECIALS

**Monday** – Buffalo Chicken Wrap

**Tuesday** – Ham & Cheese Sub

**Wednesday** – Turkey & Cheese Wrap

**Thursday** – American Sandwich

**Friday** – Crispy Chicken Wrap



### Daily Special

**Monday**

Chili Frito Pie

**Tuesday**

Taco Tuesday

**Wednesday**

Orange Chicken w/ Vegetable Lo-Mein

**Thursday**

Pizza Pasta

**Friday**

Chicken Fried Steak Fingers Mashed Potatoes & Gravy WW Roll



**FIESTA CREATIONS STATION:**  
**Choice of :Nachos or Daily Entrée Special**



**Monday** – Spinach Salad WW Roll

**Tuesday** – Chicken BLT Salad WW Roll

**Wednesday** – Taco Salad Tortilla Chips

**Thursday** – Hummus Box Salad

**Friday** – Buffalo Chicken Salad WW Roll



### THIS WEEK'S DAILY SPECIAL'S

Available Daily: Pepperoni Pizza or Cheese Pizza

**Monday** – Pepperoni & Sausage Pizza

**Tuesday** – Sausage Pizza

**Wednesday** – Supreme Pizza

**Thursday** – Sausage Pizza

**Friday** – Buffalo Chicken Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



### THIS WEEK'S DAILY SPECIAL'S

(All Sandwiches are served on Whole Wheat Buns)

**Monday** – BBQ Beef Riblet on Bun

**Tuesday** – Hot Dog on Bun

**Wednesday** – BBQ Bacon Burger

**Thursday** – Corn Dog

**Friday** – Buffalo Chicken Patty Sandwich

Hamburger, Cheeseburger, WG Chicken Patty Sandwich Offered Daily