

## Middle Schools DYK Lunch Menu

November 26-30, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



**Available Daily**  
**Sun butter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
 (All Sandwiches are served on Whole Wheat Bread, Roll or Tortilla)

### THIS WEEK'S DAILY SPECIALS

**Monday** – Garden Salad Wrap

**Tuesday** – Tuna Salad Sub

**Wednesday** – Crispy Chicken Wrap

**Thursday** – Turkey Club Sandwich

**Friday** – Buffalo Chicken Wrap



### Daily Special

**Monday**

Popcorn Chicken Mashed Potato  
Bowl WW Roll

**Tuesday**

Chicken Alfredo Pasta

**Wednesday**

Chicken Jambalaya w/ Brown Rice

**Thursday**

BBQ Pulled Pork On Bun

**Friday**

Hot Ham & Cheese w/ Soup



**FIESTA CREATIONS STATION:**  
**Choice of :Nachos or Daily**  
**Entrée Special**



**Monday** – Crispy Chicken Salad w/ WW Roll

**Tuesday** – Antipasto Salad WW Roll

**Wednesday** – Hummus Box Salad

**Thursday** – Cobb Salad WW Roll

**Friday** – Buffalo Chicken Salad WW Roll

Available Daily: Chef Salad



### THIS WEEK'S DAILY SPECIAL'S

Available Daily: Pepperoni Pizza or Cheese Pizza

**Monday** – Pepperoni & Sausage Pizza

**Tuesday** – Sausage Pizza

**Wednesday** – Supreme Pizza

**Thursday** – Sausage Pizza

**Friday** – Buffalo Chicken Pizza

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



### THIS WEEK'S DAILY SPECIAL'S

*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** – Buffalo Chicken Patty Sandwich

**Tuesday** – Chicken Parmesan Sandwich

**Wednesday** – BBQ Bacon Burger

**Thursday** – Corn Dog

**Friday** – Buffalo Chicken Patty Sandwich

**Hamburger, Cheeseburger, WG Chicken Patty Sandwich Offered Daily**