

## Middle Schools DYK Lunch Menu

November 12-16,2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



**Available Daily**  
**Sunbutter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
*(All Sandwiches are served on Whole Wheat Bread ,Roll, or Tortilla)*

### THIS WEEK'S DAILY SPECIALS

**Monday** –

**Tuesday** –Tuna Salad Sandwich

**Wednesday** –Buffalo Chicken Wrap

**Thursday**-

**Friday**- Tuna Salad Wrap



## Daily Special

**Monday**

No School

**Tuesday**

Spaghetti Lasagna

**Wednesday**

Bean & Cheese Burrito Enchilada Style

**Thursday**

**Gratitude Lunch:** Roasted Turkey  
 Mashed Potatoes Sweet Potatoes  
 Dressing WW Roll

**Friday**

Chicken Tikka Masala w/ Brown Rice



**FIESTA CREATIONS STATION:**  
**Choice Of Nachos or Daily Entrée Special**



**Monday** –

**Tuesday** –Buffalo Chicken Salad WW Roll

**Wednesday** – Cobb Salad WW Roll

**Thursday** - Buffalo Chicken Salad WW Roll

**Friday** – Chicken Caesar Salad WW Roll

Available Daily: Chef Salad



**THIS WEEK'S DAILY SPECIAL'S** Available Daily: Cheese Pizza or Pepperoni Pizza

**Monday** –

**Tuesday** –Sausage Pizza

**Wednesday** – Buffalo Chicken Pizza

**Thursday** –Ham & Pineapple Pizza

**Friday** –Pepperoni & Sausage

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



**THIS WEEK'S DAILY SPECIAL'S**  
*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** –

**Tuesday** – Buffalo Chicken Sandwich

**Wednesday** – BBQ Bacon Cheeseburger

**Thursday** –

**Friday**- BBQ Chicken Patty Sandwich

**Hamburger, Cheeseburger, & WG Chicken Patty Sandwich Offered Daily**