

## Middle Schools DYK Lunch Menu

November 5-9, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



### Available Daily

**Sun butter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
 (All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)

### THIS WEEK'S DAILY SPECIALS

- Monday** – Crispy Chicken Wrap
- Tuesday** – American Sub Sandwich
- Wednesday** – Buffalo Chicken Wrap
- Thursday** – Sriracha Chicken Wrap
- Friday** – Turkey & Cheese Sub Sandwich



### Daily Special

Monday

Chicken & Waffle

Tuesday

Taco Tuesday

Wednesday

Creamy Chicken Enchiladas

Thursday

Hungarian Goulash

Friday

Beef & Broccoli w/ Brown Rice



### **FIESTA CREATIONS STATION:** **Choice OF Nachos or Daily** **Entrée Special**



- Monday** – Cobb Salad WW Roll
- Tuesday** – Crispy Chicken Salad WW Roll
- Wednesday** – Fiesta Salad Corn Chips
- Thursday** – Buffalo Chicken Salad WW Roll
- Friday** – Crispy Chicken Salad WW Roll

Available Daily: Chef Salad



### THIS WEEK'S DAILY SPECIAL'S Available Daily: Cheese Pizza or Pepperoni Pizza

- Monday** – Supreme Pizza
- Tuesday** – Sausage Pizza
- Wednesday** – Buffalo Chicken Pizza
- Thursday** – Ham & Pineapple
- Friday** – Sausage & Pepperoni

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



### THIS WEEK'S DAILY SPECIAL'S (All Sandwiches are served on Whole Wheat Buns)

- Monday** – Buffalo Chicken Sandwich
  - Tuesday** – Corn Dog
  - Wednesday** – Chicken Club Sandwich
  - Thursday** – Corn Dog
  - Friday** – BBQ Chicken Sandwich
- Hamburger, Cheeseburger, & WG Chicken Patty Sandwich Offered Daily**