

Middle Schools DYK Lunch Menu

November 1-2, 2018

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily
 Sun butter & Jelly Sandwich
 Turkey & Cheese Sandwich
 (All Sandwiches are served on Whole Wheat Bread, Roll or Whole Wheat Tortilla)

THIS WEEK'S DAILY SPECIALS

- Monday** –
- Tuesday** –
- Wednesday** –
- Thursday**- Garden Sub Sandwich
- Friday** –Turkey & Cheese Wrap



Daily Special

Monday	
Tuesday	
Wednesday	
Thursday	Beefy Macaroni
Friday	Meatball Sub



**FIESTA CREATIONS STATION:
 Choice of Nachos or Daily Entrée Special**



- Monday** –
- Tuesday** –
- Wednesday** –
- Thursday** –Beef Fiesta Salad Tortilla Chips
- Friday** – Crispy Chicken Salad WW Roll

Available Daily: Chef Salad



THIS WEEK'S DAILY SPECIAL'S Available Daily:
 Pepperoni Pizza or Cheese Pizza

- Monday** –
- Tuesday** –
- Wednesday**-
- Thursday** –Ham & Pineapple Pizza
- Friday** –Supreme Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S
 (All Sandwiches are served on Whole Wheat Buns)

- Monday** –
 - Tuesday** –
 - Wednesday**-
 - Thursday** –BBQ Bacon Burger
 - Friday**- Buffalo Chicken Sandwich
- Hamburger, Cheeseburger, W G Chicken Patty Sandwich Offered Daily**