

DANBURY MIDDLE SCHOOL

MARCH

2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheesy French Bread Pizza Carrots with Dip	3 Chicken & Whole Grain Waffle With Syrup Oven Baked Tater Tots	4 BBQ Rodeo Burger On a Whole Grain Roll Onion Rings	5 Homemade Chicken Nachos With Lettuce, Tomato & Shredded Cheese Southwest Black Beans	6 Homemade American Chop Suey, Parmesan Cheese and Whole Grain Dinner Roll Steamed Broccoli

All reimbursable meals are served with a choice of entrée, vegetable, fruit & low fat or fat free milk variety.

9 Mozzarella Stuffed Whole Grain Bread Sticks with Marinara Sauce Baby Carrots with Dip	10 4" Round Galaxy Pizza Fresh Celery Sticks with Dip	11 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun Baked Beans	12 Baked Potato with Choice of Chili, Cheese and Broccoli & Whole Grain Pretzel	13 Italian Meatball Sub on a Whole Wheat Roll Roasted Broccoli
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Create a healthy plate with fruits and veggies - you can take up to 2 each with your meal!

16 Popcorn Chicken Bowl with Mashed Potatoes with Gravy and Corn	17 One Hour Early Dismissal Oven Baked Mozzarella Sticks with Marinara Sauce & Whole Wheat Dinner Roll Baked Sweet Potato Fries	18 Ham, Egg & Cheese Sandwich on English Muffin Garden Salad	19 Homemade Sloppy Joe on a Whole Wheat Bun Homemade Baked Beans	20 Buffalo Mac & Cheese & Whole Grain Dinner Roll Steamed Green Beans
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Calories: 600-700, Saturated Fat: <10%, Sodium <1035mg, Trans Fat: 0g

23 Oven Baked Chicken Nuggets with a Whole Wheat Dinner Roll Oven Baked Sweet Potato Fries	24 Chicken Parmesan Sandwich on Whole Grain Kaiser Roll Celery Sticks with Dip	25 Beef Nachos With Lettuce, Tomatoes & Shredded Cheese Steamed Corn	26 Chicken Alfredo with Broccoli over Penne Pasta & Whole Grain Dinner Roll Fresh Garden Salad	27 Chili Cheese Turkey Hot Dog on a Whole Wheat Bun Baked Beans
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Daily Sides: Assorted Chilled Fruit, Assorted Fresh Fruit & Assorted Fresh Veggies

30 Oven Roasted Rib-B-Q Sandwich on a Whole Wheat Bun Baked Beans	31 One Hour Early Dismissal Homemade American Chop Suey, Parmesan Cheese and Whole Grain Dinner Roll Steamed Broccoli		Daily Alternative Selections: Sandwich Selection Chicken Patty Hamburger Cheeseburger Cheese Sandwich Pizza Meal	Free and Reduced Meal Applications are available online at our website. Call us at (203) 797-4746 or visit our website https://sites.google.com/a/danbury.k12.ct.us/danbury-school-lunch-program/
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This initiation is an equal opportunity provider.



Breakfast is Offered Every day!

Lunch Price: \$3.10 Paid \$0.40 Reduced
Breakfast Price: \$1.35 Paid/\$0.30 Reduced