

## Middle Schools DYK Lunch Menu

February 4-8

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



### Available Daily

**Sunbutter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
*(All Sandwiches are served on Whole Wheat Bread ,Roll, or Tortilla)*

### THIS WEEK'S DAILY SPECIALS

**Monday** – Buffalo Chicken Wrap

**Tuesday** –Club Wrap

**Wednesday** –Crispy Chicken Wrap

**Thursday**- Veggie Wrap

**Friday**- Turkey & Cheese Wrap



### Daily Special

Monday

Taco Pie

Tuesday

Rotini & Meat Sauce

Wednesday

Buffalo Chicken Drumstick Cheesy Potatoes WW Roll

Thursday

Grilled Cheese  
Tomato Soup

Friday

Kung Pao Chicken Rice Bowl



### **FIESTA CREATIONS STATION: Choice Of Nachos or Daily Entrée Special**



**Monday** – Chicken BLT Salad WW Roll

**Tuesday** –Crispy Chicken Salad WW Roll

**Wednesday** – Taco Salad Tortilla Chips

**Thursday** – Buffalo Chicken WW Roll

**Friday** – Asian Chicken Salad WW Roll

Available Daily: Chef Salad



### THIS WEEK'S DAILY

**SPECIAL'S** Available Daily: Cheese Pizza or Pepperoni Pizza

**Monday** – Pepperoni & Sausage Pizza

**Tuesday** –Sausage Pizza

**Wednesday** – Supreme Pizza

**Thursday** –Veggie Pizza

**Friday** –Buffalo Chicken Pizza

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



### THIS WEEK'S DAILY SPECIAL'S

*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** – BBQ Beef Riblet on Bun

**Tuesday** – BBQ Bacon Burger

**Wednesday** – BBQ Chicken Sandwich

**Thursday** – Corn Dog

**Friday**- Veggie Burger on WW Bun

**Hamburger, Cheeseburger, Spicy Chicken Patty Sandwich & WG Chicken Patty Sandwich , Spicy Chicken Patty Offered Daily**