

Middle Schools DYK Lunch Menu

February 1, 2019

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily

Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
(All Sandwiches are served on Whole Wheat Bread ,Roll, or Tortilla)

THIS WEEK'S DAILY SPECIALS

- Monday –
- Tuesday –
- Wednesday –
- Thursday-
- Friday- American Sandwich



Daily Special

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Chicken Philly Sub Sandwich



FIESTA CREATIONS STATION: Choice Of Nachos or Daily Entrée Special



- Monday –
- Tuesday –
- Wednesday –
- Thursday –
- Friday – Southern Style Crispy Chicken Salad WW Roll

Available Daily: Chef Salad



THIS WEEK'S DAILY SPECIAL'S Available Daily: Cheese Pizza or Pepperoni Pizza

- Monday –
- Tuesday –
- Wednesday –
- Thursday –
- Friday –Pepperoni & Sausage Pizza

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S (All Sandwiches are served on Whole Wheat Buns)

- Monday –
- Tuesday –
- Wednesday –
- Thursday –
- Friday- Fish Sandwich

Hamburger, Cheeseburger, Spicy Chicken Patty Sandwich & WG Chicken Patty Sandwich , Spicy Chicken Patty Offered Daily