

Middle Schools DYK Lunch Menu

February 25-28, 2019

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



Available Daily
Sunbutter & Jelly Sandwich
Turkey & Cheese Sandwich
(All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)

THIS WEEK'S DAILY SPECIALS

Monday – Turkey & Cheese Wrap

Tuesday – Buffalo Chicken Wrap

Wednesday – Crispy Chicken Wrap

Thursday – American Sub Sandwich

Friday –



Daily Special

Monday

Cuban Style Sandwich

Tuesday

Swedish Meatballs w/ Pasta

Wednesday

Chicken Fried Steak Fingers Mashed Potatoes Gravy WW Roll

Thursday

Jalapeno Turkey Meatloaf Rice Pilaf

Friday

Meatball Sub



FIESTA CREATIONS STATION:
Choice Of Nachos or Daily Entrée Special



Monday – Taco Salad Tortilla Chips
Tuesday – Crispy Chicken Salad WW Roll
Wednesday – Cobb Salad WW Roll
Thursday – Buffalo Chicken Salad
Friday –

Available Daily : Chef Salad



THIS WEEK'S DAILY SPECIAL'S Available Daily: Cheese Pizza or Pepperoni Pizza

Monday – Supreme Pizza

Tuesday – Sausage Pizza

Wednesday – Buffalo Chicken Pizza

Thursday – Ham & Pineapple

Friday –

(All Pizza's are prepared on Whole Grain Pizza Crust)



THIS WEEK'S DAILY SPECIAL'S
(All Sandwiches are served on Whole Wheat Buns)

Monday – Chicken Parmesan Sandwich

Tuesday – Fish Sandwich

Wednesday – Chicken Club Sandwich

Thursday – Corn Dog

Friday –

Hamburger, Cheeseburger, Spicy Chicken Patty Sandwich, & WG Chicken Patty Sandwich Offered Daily