

## Middle Schools DYK Lunch Menu

February 18-22, 2019

*Students must select 3 out of 5 meal components. One of the 3 components selected **"MUST"** be a fruit or Vegetable*



**Available Daily**  
**Sunbutter & Jelly Sandwich**  
**Turkey & Cheese Sandwich**  
*(All Sandwiches are served on Whole Wheat Bread, Roll, or Tortilla)*

### **THIS WEEK'S DAILY SPECIALS**

**Monday** – Veggie Wrap

**Tuesday** –Chicken Bacon & Ranch Wrap

**Wednesday** –Buffalo Chicken Wrap

**Thursday**-

**Friday**-



## **Daily Special**

**Monday**

Turkey Tetrazzini

**Tuesday**

Taco Tuesday

**Wednesday**

BBQ Pulled Pork on WW Bun

**Thursday**

RODEO BREAK

**Friday**

RODEO BREAK



**FIESTA CREATIONS STATION:**  
**Choice Of Nachos or Daily**  
**Entrée Special**



**Monday** – Hawaiian Chicken Salad WW Roll  
**Tuesday** –Antipasto Salad WW Roll  
**Wednesday** – Buffalo Chicken Salad WW Roll  
**Thursday** –  
**Friday** –

Available Daily: Chef Salad



**THIS WEEK'S DAILY**  
**SPECIAL'S** Available Daily: Cheese Pizza or  
 Pepperoni Pizza

**Monday** – Supreme Pizza

**Tuesday** –Sausage Pizza

**Wednesday** – Buffalo Chicken Pizza

**Thursday** –

**Friday** –

*(All Pizza's are prepared on Whole Grain Pizza Crust)*



**THIS WEEK'S DAILY**  
**SPECIAL'S**  
*(All Sandwiches are served on Whole Wheat Buns)*

**Monday** – Veggie Burger

**Tuesday** – Chicken Parmesan Sandwich

**Wednesday** – Corn Dog

**Thursday** –

**Friday**-

**Hamburger, Cheeseburger, Spicy Chicken Patty Sandwich, & WG Chicken Patty Sandwich Offered Daily**